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ANDOVER TOWNSMAN

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Talking about solutions for crowded schools

By Neil Fater

After looking at numerous possibilities for addressing the town's growing school population problem, a school group has come up with what it believes are four viable construction solutions.

The four building options range in estimated cost from $24.3 million to $36.2 million.



Graphic by Lisa Adelsberger

The Space Needs Advisory Committee, the school group created to study the issue of continued elementary- and middle-school student overcrowding, presented these four options at its first public forum Monday, as part of an extensive presenta-

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Susan Dalton to step down from School Committee

By Neil Fater

For the first time since before *Star Wars* was released for the first time, Andover will be without one of its most well-known public servants. Susan T. Dalton, School Committee member, announced Friday, Jan. 24, that she will not seek re-election.

Ms. Dalton, who was a School Committee member for five terms, began her elected career in 1976 when she was elected to the Board of Selectmen.

She announced her decision to step down in a faxed message to the *Townsman*.

"To my fellow residents in Andover: I wish to express my thanks to those who have supported me during the past 21 years as an

(Continued on page 5)

INSIDE:

- Officials answer the public's questions about the Andover High School building project: See page 13.
- School bus crash at Chestnut and Whittier streets: page 27.
- Town manager proposes a $77.6M budget: page 4.

NEXT WEEK:

- Healthwise, all about your health

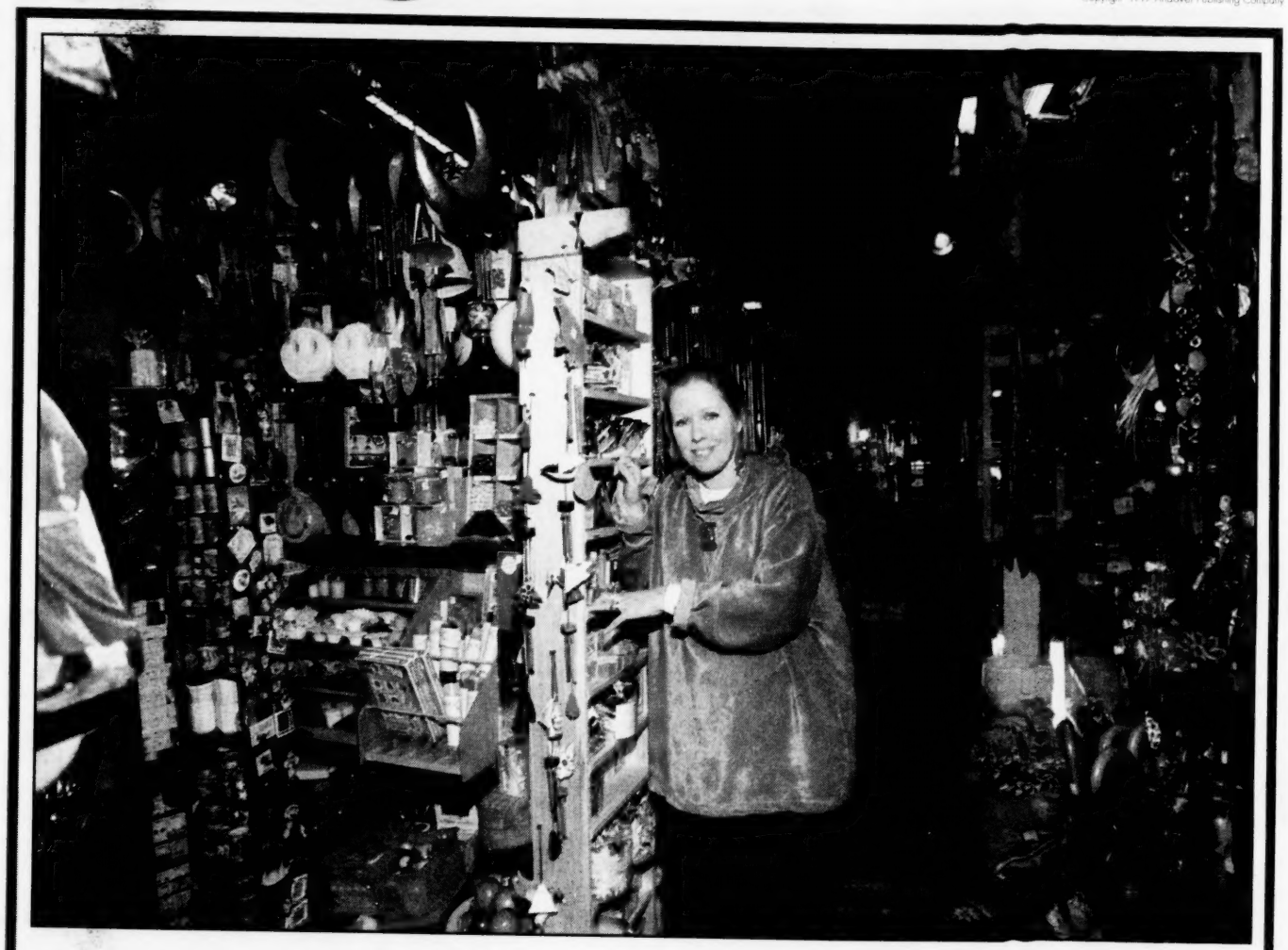


Photo by Lisa Adelsberger

Deborah Lane shows off some of her hundreds of items at The Andovers Gift Shop at 4 Main St., where shoflifters are a frequent problem.

Despite shoplifters, Deborah Lane loves her Main Street gift shop job

By Don Staruk

It started slowly. First the man allegedly stuck an item in his pocket, then removed it and put it back on the shelf. Then he stuffed something else in his pocket. This time he left it there.

Deborah Lane called the police from the phone behind the counter, then confronted the shoplifter. She asked what he had in his pocket and he said "nothing." She tapped on his jacket pocket, striking the object. He pulled out a bottle of perfumed cream, said he planned to pay for it and offered the money. She said no, that it was too late for that. He then said he would leave and she told him no, he would wait for the police.

Things started moving more quickly.

"He shoved me," Ms. Lane said this week, recounting the events in her store, The Andovers Gift Shop at 4 Main St., which occurred last Thursday afternoon.

She grabbed onto his jacket and he tried to wrestle away. The harder he pulled, the tighter she held on. She is 5 foot 4, he was about 5 foot 11, according to police. He began swinging her "back and forth, back and forth," trying to shake her off while dragging her toward the door.

"He wanted to leave and I just wanted him to wait for police," Ms. Lane said. "I just didn't want another foot chase around town. I've done enough foot chases around town."

The man had been swinging his elbows at her, but missing. Now the blows began to strike home. She tried to reason with him, telling him not to add assault charges to the problems he already had.

Kelly Blanchette, Ms. Lane's sister, who was also working in the store, said the man was yelling that Ms. Lane was hurting him. The suspect finally broke loose and headed for the door, but Ms. Blanchette reached it first and held the door closed from outside. Ms. Lane ran back to the phone and called police again. The phone is programmed to dial police at the touch of a button.

The suspect was ramming the door with his head. He managed to get it open far enough to wedge his head between it and the door lock. Afraid she was going to hurt him, and unsure of the line between self-defense and assault, Ms. Blanchette let go of the door. She wrestled

(Continued on page 26)

News In Brief

Calling H. W. Deveaux

Among the many contributions the Townsman received for use in its 350th Anniversary sections last year were three photos that have gone unreturned because we've lost the address of the owner. They are circa 1949 and show the Punchard High School basketball team, faculty and football team. We believe they were sent in by Herbert W. Deveaux, but the newspaper has no address for him. If you know where we can contact Mr. Deveaux, please contact Don Staruk at the *Townsman*. If they go unclaimed, the photos will be donated to the Andover Historical Society.

From wasteland to thriving business center

Nearly 100 developers, bankers and municipal officials interested in learning how to transform industrial wastelands into thriving centers of business will meet Friday, Jan. 31, at the Boot Cotton Mills Museum, 400 Foot of John St., Lowell, from 1:30-4:15 p.m.

"Cleaning and reusing Industrial Properties: A Public Forum on Brownfield Redevelopment" will be sponsored by U.S. Rep. Marty Meehan and the Northeast-Midwest Institute. A bus and walking tour of Lowell's proposed "brownfield" projects will take place at noon.

Brownfields are unused industrial properties whose owners have had difficulty securing bank financing for redevelopment because of low levels of environmental contamination. Some communities – including Lowell, Lawrence, Boston and Worcester – have received $200,000 U.S. Environmental Protection Agency planning grants to examine brownfield reuse.

"Brownfields are like scars on the American landscape; once bustling factories and mills are now abandoned eyesores," Rep. Meehan said. "We must provide the appropriate mix of incentives and the right climate to encourage cleanup and invite private investment."



Several members of the Andover Republican Town Committee recently met and had lunch with James Rappaport, chairman of the Republican State Committee, and with Congressman John Kasich, R-Ohio, who is also chairman of the US House Budget Committee. Pictured, from left, are James Rappaport; Maria Marasco, first vice chairwoman of the Andover committee; Susan Dalton, member of the Andover committee; John Kasich; Christine Holmes, second vice chairwoman of the local committee and a State Committee member; William Hickey of the local committee; and Charles F. Dalton Jr., chairman of the Andover Republican Town Committee.

Correction

Due to incorrect information given to the *Townsman*, there was incorrect information in last week's page 1 cutline under the color photo of the townwide kindergarten event. The event was arranged by Anne Wein, a member of the Shawsheen School PTO's Cultural Events Committee.

Quote, unquote . . .

'It seems to me and also to my fellow students that the construction is a very big distraction. This whole process is taking a toll on our learning.'

Zakk Traynor, AHS '98, in a letter, page 29

'It was all over before we could realize it was that bad. It really was fast. The whole thing was bizarre. I've had other people go after me, but never actually hit me.'

Deb Lane, talking about a shoplifting at her Main Street store, page 26

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Joan Saunders and ▶ her daughter, 9-year-old Amanda, show some of the vests Ms. Saunders makes of recycled fabrics. They're in Vena Coco Collection in Olde Andover Village.



Vests from reclaimed materials

By Eszter Vajda

How do you raise three kids, take care of the house, feed the dog and run a business? Joan Saunders has figured a way to be a full-time mom, market her creativity and be environmentally friendly.

"They amaze me," Ms. Saunders says of her hand-made vests.

She designs wool vests made from old vintage material, thoughtfully selected, cut and stitched back together. The vests are made of wool patches from sweaters, pants, skirts and jackets. Each individually styled garment is filled with memories that are brought back to life and good use. That's why Ms. Saunders prefers to call them "reclaimed" instead of "recycled."

Ms. Saunders is an artist /business woman/mom/wife who went to Sweet Briar College in Virginia. She received her BA in European history and spent the year after college in France. She learned the language. She also soaked in the French haute couture (highest-design fashion).

Ms. Saunders worked as a flight attendant for a while, traveling and meeting people from all over the world until she decided to settle down. She married Robert Saunders and started a family. They now have three kids, Nicholas, 11, Amanda, 9, and Peter, 6. All of them contribute to her success or learn from her skills.

"This is fun. I get to model Mom's vests," says Amanda. She also wears them to school. "My teachers love them."

Peter and Amanda model for pictures, which are sent to stores all over New England.

"Nicholas is very encouraging," says Ms. Saunders. He contributes outgrown clothes.

Lately, Ms. Saunders says, her kids have to hide their favorite sweaters in case Mom gets inspired by a unique sequence of colors or design. The next time they see that sweater, it may be on a vest!

Why vests?

According to Ms. Saunders, vests are the most practical pieces of clothing. They keep you warm but also allow your arms to move freely. Mr. Saunders wears his wife's vests for fall or winter casual wear.

"It's a great way for Joan to express her artistic creativity," he says.

Vests are making trendy news, but Ms. Saunders says these things never faze her. She always loved making clothes and began sewing at age 7.

Ms. Saunders started by turning white T-shirts into colorful casual wear. She cut scenes and themes from material and sewed them on white T-shirts. Next, she turned to fall/winter wear and made mittens from patches of old sweaters.

While visiting Stowe, Vt., three years ago, she found her new inspiration at a local store: new vests made of old material.

She took the idea and ran with it all the way to Vena Coco. Well sort of. She underestimated the time and work that went into making each vest.

Ms. Saunders searches through clothes in thrift shops, second-hand stores and Goodwill locations. Friends give her fabric. Each vest is individually hand-cut and pieced together using four to six sweaters. She shrinks the wool from the old sweaters so it becomes felt and doesn't unravel. She then binds the wool together by one or two different strips of shirt fabric. For an added touch, some of the vests may have a whimsical pocket or two. As a final feature

(Continued on page 6)

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Susan Dalton to step down

(Continued from page 1)

elected official of our town," the fax stated.

"I have made the decision not to seek re-election to the School Committee.

"As a life-long resident of Andover, I intend to continue my interest in and support of matters pertaining to both municipal and educational affairs."



Susan Dalton ▶

Asked at Monday's space needs forum if she has any specific plans, Ms. Dalton said, "Not at the moment. I have some ideas, but nothing I'm ready to talk about."

After she was asked if leaving the School Committee was a difficult decision for her, Ms. Dalton thought about the question for a few moments before answering.

"Maybe. After 21 years... I've been involved a long time," she said.

Ms. Dalton's decision means both of this year's incumbents will leave office with the March 24 election. Lloyd Willey, School Committee incumbent, has also decided not to seek re-election.

Only two candidates have taken out papers to run for the two seats Ms. Dalton and Mr. Willey will vacate. They are Timothy McCarron, 37, of Marland Street, and Frank "Skip" Eccles, 71, of Brookfield Road.

Ms. Dalton was asked what made her decide to leave office.

"You have to make a decision sooner or later" about whether you will run, she said.

Ms. Dalton said she might have announced her decision earlier but she had been out of the country recently, on a trip to Costa Rica.

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by Detlef Schoeppler
American Express Financial Advisors

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Not necessarily. Just because your deposits are protected from a calamity such as a bank failure, it doesn't mean that your money is immune from every threat to its worth. Actually, when you put your funds in a bank, you've got two things working against you: *high bank fees and low interest rates.* When you combine these two factors, it becomes quite clear that "money in the bank" just isn't what it used to be.

High bank fees. Your bank won't go around trumpeting the fees it charges you for a variety of routine services. Of course, banks are bound by law to disclose these fees — but you might have to look in the fine print to find them.

And they are a *big* source of revenue — in 1995, banks raked in a cool $16 billion from more than 250 different types of fees.

Fortunately, you can fight back. Here's how:

Shop around — For instance, if you bank doesn't give your genuinely free checking, look around for one that will. Or, see if you can join a credit union, which often offers better deals on checking accounts. And don't automatically reorder checks from your bank. You can get new checks far cheaper from a commercial check printer.

Explore "package accounts" — Some banks offer "package accounts" that offer discounts and reduced fees on a variety of products and services. You might be able to get a package account that includes a no-fee checking account, a no-fee, low-rate credit card, free traveler's checks and more. To qualify for this type of package account, you will probably have to maintain a designated minimum balance with the bank, but it might be worth it in the long run. Even if your bank doesn't offer a formal package account, you may be able to avoid fees by combining your checking and savings accounts.

Low interest rates. If you've been keeping your cash in bank passbook savings accounts, then your money might not be as safe as you thought. With FDIC protection, your principal is safe, but you are facing another risk — *the loss of purchasing power.* Why? Because a typical passbook account pays less than 3 percent interest, which means that this money is not even keeping up with the inflation rate, even in these times of relatively mild inflation. So, by keeping your money in a passbook, account, you're losing ground.

However, by moving your passbook funds into a non-bank money-market account, you can significantly improve your return; over the past few years, the average yield of these accounts has been around 5%. And, although these accounts are not insured by the FDIC, they are usually quite safe. Money-market funds are made up of short-term securities issued by the government and by the strongest U.S. companies.

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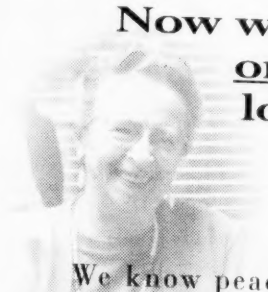
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AT/1/30/MA

Manager recommends $77.6M budget for FY '98

By Don Staruk

Town Manager Buzz Stapczynski this week recommended selectmen adopt a budget of $77.6 million for fiscal 1998, a 3.8 percent increase from this year.

Fiscal 1998 begins July 1, 1997, and runs through June 30, 1998. Mr. Stapczynski presented his budget proposal to selectmen at their meeting Monday night.

The proposal would leave the town with an excess levy capacity of $1 million. The levy capacity is the maximum the town could raise in property taxes under Proposition 2½. Not taxing to the levy capacity provides the town a level of flexibility to handle unexpected expenses, such as last year's snow removal costs, and is looked on favorably by financial analysts who set the town's credit rating. It also held down and limited the increases proposed in his budget recommendation, Mr. Stapczynski said. Many worthwhile projects and innovative changes requested by department heads were reduced in scale or eliminated, he said.

Seventy percent of the revenues for the budget would come from property taxes. Another 20 percent would come from local revenues and 10 percent from state aid.

Selectmen, the Finance Committee and the School Committee will be going over the budget, department by department, between now and the April Town Meeting.

Highlights

The proposed budget would give town departments $27.7 million, up 6.1 percent from this year. Highlights include:

- **$10,000 for a Youth Services intern** to assist Bill Fahey, youth coordinator, with programs and activities;
- **$12,500 for a half-time intake worker** to help administer services for the elderly;
- **$75,000 to provide special counsel for litigation** pertaining to a lawsuit filed against the town by the Andover High School construction contractor. (This is in addition to the $250,000 budgeted for other town legal services.);
- **$30,000 for a new position, a purchasing/inventory coordinator**, for Municipal Maintenance;
- **$15,000 to restore a part-time custodian position** at Old Town Hall;
- **$1,274,000 for Municipal Maintenance capital improvements:** $607,500 in the schools, $276,000 on the town side and $390,500 for vehicle replacements;
- **$32,000 to replace the fire prevention lieutenant's sedan** with a four-wheel drive utility vehicle;
- **$54,000 for water rescue equipment**, including a hovercraft;
- **A $313,000 increase in solid waste costs**, mostly due to higher tipping fees;
- **An 8.9 percent increase for Memorial Hall Library** partly due to a forecast loss in revenue when the Merrimack Valley Library Consortium moves part of its operations network out of the library in October 1997. (This move may also result in job losses and more available parking spaces for the public at the library.)

Schools

The manager recommended $30.7 million for the schools, up 6.1 percent from this year. But the school superintendent's budget request is $31.4 million, an 8.58 percent increase from this year.

Highlights of the superintendent's projected budget include:

- **Contingency dollars for implementation of the Time & Learning requirements** at Andover High, as mandated by the state;
- **Possible wage increases** and retroactive wage settlements that may be made;
- **Costs related to a projected additional 168 students** in the system.

Planners question Shawsheen Road subdivision plans

By Don Staruk

Planners closed discussion on a proposed subdivision across from the High School on Shawsheen Road, Tuesday night.

About a dozen residents took part in the public hearing for a preliminary plan for the proposed seven-lot Southwick Estates cluster subdivision across the street from Andover High School, at the corner of Lincoln Street.

Most residents and the members of the Planning Board were concerned with preserving an esker that runs through the site. An esker is a ridge made of glacial deposits. Several of the residents said a lot of people use that area for walking and recreation.

The plans call for cutting into a portion of the esker for the cul de sac, but leaving it mostly intact, according to an attorney for Yvon Cormier, the builder. The town's subdivision rules and regulations do provide protection for natural features, and specifically mentions eskers.

The board will likely vote on the preliminary plan at its next meeting, Feb. 11. But the preliminary plan is a non-binding vote, and a developer doesn't really even have to submit one. It is done to give the developer and the planners an idea of the issues that will need to be addressed, such as those brought up by residents, when the developer comes back to the board with a definitive plan later on.

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Water damage sent hotel guests packing

By Neil Fater

What Andover firefighters described as a broken sprinkler main forced the Courtyard By Marriott, on Campanelli Drive, to send some of its guests to other area hotels Tuesday night.

"We had a problem here at the hotel," said Mary Ellen Halsted, sales manager, Wednesday. "It displaced some people here because of water damage.

"The hotel was running full last evening so we had no other choice but to send some people" to other near-by hotels, she said.

Firefighters arrived at the hotel around 8:30 p.m. to deal with the problem. Lt. Stephen Stabile said a sprinkler pipe froze and caused flooding that damaged the upper floors of the hotel.

Ms. Halsted said the damage to the building meant the hotel had a few less rooms available Wednesday than it usually does.

The hotel's engineer was not available at press time to comment on the severity of the damage.

State of the School and school building are evening's topics

Andover High School Principal Ellen Parker will deliver her annual State of the School address Monday, Feb. 3, at 7:30 p.m. at West Middle School auditorium.

At the same meeting, Town Manager Buzz Stapczynski, James Marsh of the School Building Committee, plus other members of the building committee will answer the public's questions.

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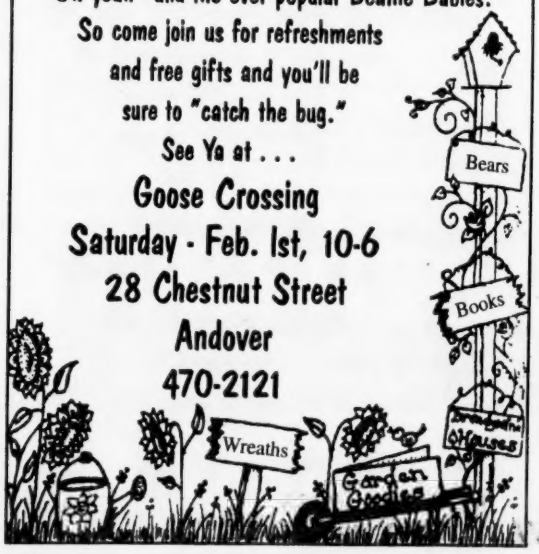
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**Loan Center

Local woman makes vests from reclaimed materials

(Continued from page 2)

Ms. Saunders adds antique buttons from second-hand stores.

The final product, she says, is "an absolute alchemy – the way all the pieces come together..." The entire project takes Ms. Saunders about eight hours.

She works in her basement and bedroom, and wherever andwhenever she can. She's been known to sew by the pools in Andover or knit at swim meets. Her children are swimmers. Ms. Saunders does what she can while the kids are at school. But when it comes to cheering the kids at swim meets, Mom and Dad Saunders can't miss a beat, or in this case a stroke.

The final product, she says, is 'an absolute alchemy – the way all the pieces come together...'

It takes courage

Vena Coco, owner and manager of Vena Coco Collection at Olde Andover Village, says, "It takes courage to do so something like this. Many people are artistic but few are able to market their products."

Ms. Coco carries Ms. Saunders' vests. She says her store seeks out talented women in the community.

Other stores that carry the vests are The Elephant Trunk in Newburyport, The Aunties Green Stove in Weston and The Cambridge Artists Coop in Cambridge. Vena Coco adds that a customer can bring special fabrics into the store and request that Ms. Saunders use it for a vest

Ms. Saunders' success in the retail business has even inspired some college professors. Her vests are the project for a marketing class at Boston College. The spring semester class will focus on pricing, marketing and distributing the items to stores around the country.

But this isn't the first time a teacher used Ms. Saunders' projects as teaching tools. This reporter showed high school students in Hungary how to reuse/reduce/recycle with Ms. Saunders' scenic T-shirts and patched mittens as examples. Students in Hungary were intrigued by the artistic appeal of the project, and the way it re-uses material.

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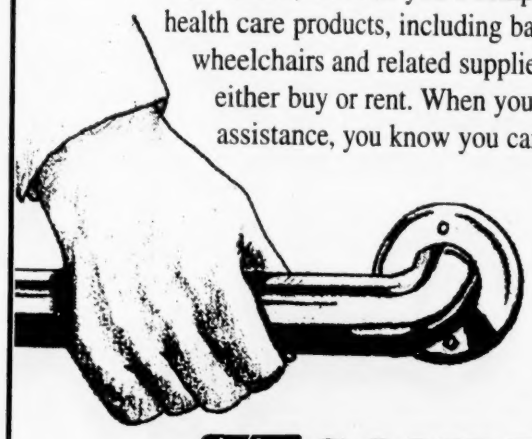
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John R. Heerwagen

(Continued from page 8)

presented to an individual who demonstrates leadership and provides a significant contribution to the MMBA and the residential mortgage industry. Mr. Heerwagen is the eighth recipient of the award in the 20 year history of the organization. MMBA is a statewide trade association representing banks, mortgage companies, and other organizations active in the residential mortgage business in Massachusetts.

The recent annual meeting was also an occasion for celebration of the organization's 20th anniversary. Mr. Heerwagen, a former chairman of the board of MMBA, received a special anniversary award "in recognition of and appreciation for his invaluable contribution to the association's history."

Mr. Heerwagen served as MMBA chairman in 1994. He had been a board member since 1986 and served as chairman and member of a number of MMBA committees, including the executive, legislative, ethics, and bylaws committees. Mr. Heerwagen heads the Retail Banking Group at Andover Bank.

Joanna Lau

Joanna Lau of Andover, president and founder of Lau Technologies in Acton, was the keynote speaker for more than 2,000 graduates of Old Dominion University in Norfolk, Va. on Dec.15.

The Old Dominion alumna and business executive who earned *Inc.* magazine's Turnaround Entrepreneur of the Year Award told the December graduating class to "have confidence in what you know and be bold."

Ms. Lau, who emigrated from Hong Kong to the United States with her family when she was 17, has won national recognition for her success with Lau Technologies, which generated $56 million in revenue last year.

"Always take on the toughest assignments," advised Ms. Lau, who earned a master's degree in computer engineering from Old Dominion while working fulltime at General Electric. "When the moment arises, don't walk away – take on the tough assignment – and treat it like gold."

Cathy McCarthy

Cathy McCarthy, manager of the Andover office of Hunneman Victor-Coldwell Banker, recently attended a three-day Hunneman management retreat at the Chatham Bars Inn on Cape Cod. The working session was held for all managers of the 64 residential offices of Hunneman & Company-Coldwell Banker in appreciation for their outstanding performance over the past year.

Roberta L. McCollum

The certified public accounting firm, Toscano & Ardito, has announced that Roberta L. McCollum of Bradford has become a senior vice president and shareholder with the firm. Ms. McCollum has been a senior manager with the firm, which specializes in business, financial and tax planning. She manages client accounts providing accounting, audit, tax and management advisory services. Ms. McCollum has been involved with all aspects of business and tax planning for closely held businesses, and has extensive experience with companies in the manufacturing, retail and recycling industries. She also serves on the firm's management committee.



Roberta L. McCollum

Ms. McCollum is a member of the Merrimack Valley Women's Business Network, Quota International of Lawrence, American Institute of Certified Public Accountants, and New England Women's Business Owners organization. She is currently an MBA candidate at The University of Massachusetts at Lowell.

Lena A. Robinson

Lena A. Robinson of Winthrop was admitted to the Massachusetts Bar in a swearing-in ceremony at Faneuil Hall on Dec. 20.

Ms. Robinson is a graduate of Andover High School, University of Massachusetts and The New England School of Law, where she was production managing editor of the Law Review and received the West's Scholastic Excellence Award.

She is the daughter of Leora Robinson of Andover and Dr. Charles E. Robinson of Charlestown.

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BUSINESS

Two local women buy Silverado health club

Two long-time members of Silverado Athletic Club, Elise Caffery of Andover and Louise Borke of North Andover, have purchased the women's health club.

The two financial services professionals work out at Silverado every day.

"Every morning I take one of the more than 50 aerobic classes Silverado offers," said Ms. Caffery. "Louise works out in the fitness area every morning. So, between the two of us we share the typical members' experience."

"We really enjoy working with Elise and Louise," said Mary Ann Zazzali, general manager, "not only because they are both professional business women, but because they help us keep in even closer touch with the members' needs."

Silverado is located in the Barnard Building on Main Street. The club offers more than 50 aerobic classes from early morning until late evening at all levels, including beginner and intermediate. Classes in step, high and low impact, muscle conditioning, yoga and stretching are taught by certified professional aerobics instructors.

The fitness area features the latest model Stairmasters, crossrobics, treadmills, stationary bicycles, rowing machines, a Nordic Track and Vorsa Climbers, Nautilus, Cybex machines and a Gravitron as well as free weights.

A complimentary selection of shower gel, body lotions, shampoo and conditioners are provided in changing and shower facilities.

A supervised babysitting service is provided in a large, toy-filled playroom. "Elise and I are both working moms ourselves," said Ms. Borke, "so we really appreciate the convenience and quality of care in the playroom."

"Since Elise and Louise have become the owners, we've been able to offer a number of new services in response to members' requests," said Gina Muccio, deputy manager and director of member services. "We now offer a towel service, and we've added massage therapy in our special comfort zone facility with licensed professional massage therapists. This new service has already proved to be very popular. Silverado's newsletter is another means through which we collect and share ideas with the membership."

Silverado has also been involved in community activities, such as supporting Lazarus House and Women's Resource Center. "This is an area we plan to continue and expand," said Ms. Borke. "In fact, our new member promotion for February gives a free month's membership to new members who make a donation to the Women's Resource Center when they sign up at Silverado."

"Now that we're involved in Silverado's ownership, we're going to see to it that Silverado continues to be an important resource for women," said Ms. Caffery. "I guess we're like that guy in the electric razor commercial. We liked Silverado so much, we bought the club."

Arlene E. Santangelo

Arlene E. Santangelo of Andover, a sales associate with the Hunneman Victor-Coldwell Banker office at 168 North Main St., was recently certified by the Real Estate Training Institute as a CBR, Certified Buyer Representative. Ms. Santangelo is now trained in the representation of home purchasers. Buyer representation is an emerging trend in real estate.



Arlene E. Santangelo

In addition, Ms. Santangelo has been awarded the Certified Residential Specialist (CRS) Designation after completing the required courses offered by the Residential Sales Council and demonstrating expertise in applied residential real estate marketing. Less than 4 percent of all realtors hold this designation.

George Desko, Geraldine Abrahamian, Terry Dunn-Sievers and Lisa Yasi

Partners HealthCare System recently presented its first annual "Partners in Excellence Award" to more than 400 employees of Partners' member institutions. Four Andover residents were honored with this award: George Desko and Geraldine Abrahamian, Massachusetts General Hospital; Terry Dunn-Sievers, Dana Farber Cancer Institute; and Lisa Yasi, Brigham and Women's Hospital.

The award recognizes individuals and teams throughout Partners health care delivery system for exemplary effort in quality treatment and service, leadership and innovation, teamwork, operational efficiency and outstanding community contributions.

Partners HealthCare System Inc., formed in 1994, oversees the affiliation of Brigham and Women's Hospital, Massachusetts General Hospital and North Shore Medical Center in Salem. The system includes primary care physicians and specialists, community hospitals, the three academic medical centers, community health centers, specialty facilities and other health-related entities.

Gregory J. Christie

Harvard Pilgrim Health Care of Brookline recently announced the appointment of Gregory J. Christie of Old South Lane to the Somerville Center's board of directors.

Mr. Christie, a senior physician associate with Harvard Pilgrim Health Care for 12 years, will continue his practice in ambulatory/sports medicine and occupational health care at the Somerville Center.

Caroline Ford

The Greater Lawrence Unit of the American Cancer Society's board of directors elected Caroline Ford of Haverhill as its newest member.

Ms. Ford is a director of the Merrimack Valley Nutrition Project at the Greater Lawrence Regional School in Andover. The Northeast Regional office of the Greater Lawrence Unit of the American Cancer Society is located at 66Y Concord St., Wilmington, Mass. 01887. Anyone interested in volunteering should call Kerry Ellen Enright at (508) 988-3600, Ext. 223.

John R. Heerwagen

At its recent annual meeting, the Massachusetts Mortgage Bankers Association (MMBA) presented John R. Heerwagen, senior vice president of Andover Bank, with its Distinguished Service Award.

The Distinguished Service Award is

(Continued on page 9)

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Valentine's Day is Friday, February 14.

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SENIOR CITIZENS

Flower show

Spaces are filling up quickly for the flower show trip which is limited to 25 people. The $22 cost covers transportation and admission, and payment may be made at the time of sign-up.

Creative cooking

The monthly cooking group will meet Wednesday, Feb. 12, at 9:30 a.m. Mexican fare (not hot) will be prepared and enjoyed for lunch at the end of class.

Valentine party

The Senior Center will hold a valentine party Monday, Feb. 10. Lunch at 11:30 a.m. will be followed by the sounds of the "Over 60 Four" barbershop quartet. Tickets, at the center, are $4.

Bake sale

Donations of baked goods are needed for a bake sale to be held Friday, Feb.14, 9-2. Call the center if you can bring something.

Massage therapy

Steve Collins, the massage therapist, is at the center on Monday and Tuesday mornings by appointment and is currently accepting new clients. Call the center to make an appointment. It is open to non-seniors.

Valentine special

Treat yourself or someone else to a morning of beauty on Valentine's Day. For the cost of $10 you can have your "colors" done by Beauty for all Seasons, receive a mini-facial, have make-up applied and a manicure. The morning is by appointment only.

(Continued on page 12)

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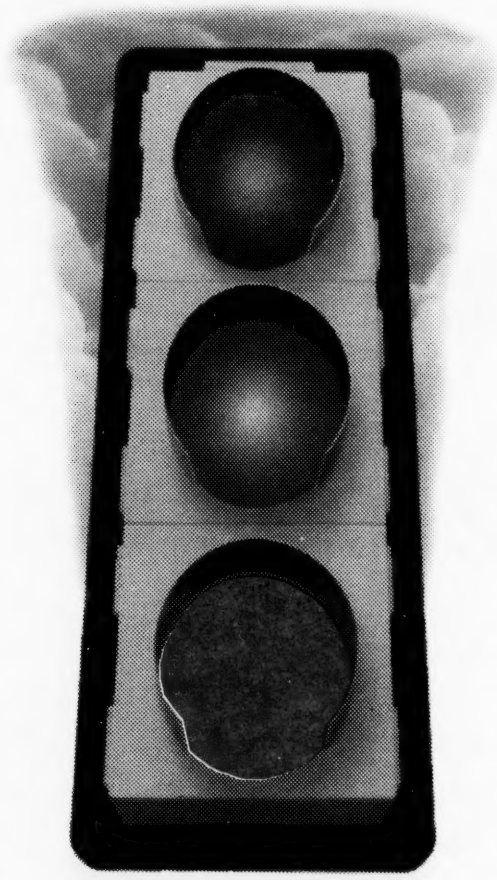
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EQUAL OPPORTUNITY LENDER

Kids creating their own scripts and making videos

By Catherine Cannon

Lights out. You freeze. Your heart's pounding. You don't move. Heavy breathing is the only sound you hear. You try to scream but nothing comes out. He's coming closer and closer.

This could be a script for an amateur thriller film. Today, Andover kids and teens let their imagination run wild by creating their own scripts and filming their work on video.

The TCI Video Club at Andover High School creates its own films. Members have met since 1988 on Tuesdays and Thursdays under the supervision and guidance of film adviser, Karen Hayden.

"Many of our club participants have serious aspirations to get into the communications field," said Ms. Hayden. "They learn a lot about team work and organizational skills. These days accessibility to technical equipment has made students more competent."

Some previous video club members are now working professionally in areas of film production. Chris Moore, who graduated in 1988 from AHS, works for The Fox Network Sports Division. Ann Marie Charland, also AHS '88, will be the associate producer for Holiday at Pops on Channel 5.

"Every scrap of experience gives you a leg up," said Ms. Hayden.

Assignments are divided up for club members and the final product is presented on the local cable access Channel 12.

Andover High instructor Joe Spanos teaches *Introduction to TV Production*, which familiarizes students with producing and editing films. In the near future he will offer a multi-media course that will allow students to digitize videotapes through the computer. Currently, the school and club use JVS and Panasonic editing. However, with this new course, editing will be advanced and facilitated by using computers. Mr. Spanos said the Internet will be an excellent source for teaching students to download information.

Andover High senior Laura Selima has been involved in the school's club since her sophomore year. She is the producer and host of her own high school show, *Moniter*. Her production reports recent stories and high school current events. Student opinions and interviews with faculty members are included in some shows.

Last October, Ms. Selima had the opportunity to interview Jay Leno for one of her episodes, "Conversation with Jay Leno." Right now, Ms. Selima is keeping her career options open.

"I might minor in media or communications, and major in public relations, maybe as a telecommunications ambassador," she said.

Scott Blumstack, 19, of Arrowood Drive, currently is a sophomore at New York University's film school. He creates short films that are mostly visual. Two years ago, he and some friends produced an eight- to 10-minute presentation that portrayed a narrative storyline. At NYU, Mr. Blumstack has the opportunity to edit, shoot, project and produce his own films. The class requires him to direct five films out of 20.

Andover is filled with people involved in film. Some create their own home video productions. Since fourth grade, Aimee Dollard, 18, and this reporter have created, filmed and produced their own films. Neither of the two have had a course in film making. However, they attempt to produce the most professional productions as possible.

"We've created fashion shoots, murder mysteries, to simple comedy skits," said Ms. Dollard. "You have the best time and learn more on your own as you go along."

Christopher Dollard, 20, Stas Cannon, 14, Matthew Cannon, 8, and Erika Galinski, 17, have also appeared in their home productions.

The Homegrown Film Festival for the youth of the area is in the works for June 21 along with the Sidewalk Bazaar and the bicycle race. Young film makers from the Merrimack Valley are encouraged to write, produce, direct and edit their own video and film projects. The best productions will be awarded prizes. Carole Chanler, a member of Friends of Andover Youth, and Bill Fahey, director of Andover Youth Services, have a grant from the Andover Arts Council to make this event possible. Donations have been made by the Andover Arts Council, Andover Video Store, First Essex Bank and Andover Bank. An entry form will be circulated in schools and a guide will be made available. There will be an attempt to supply cameras to film makers who do not have access. A video training program is available through TCI local cable TV and video cameras may be borrowed after the course is completed.

"We are planning on selling T-shirts, having a panel of judges, prizes and showing the films at the Old Town Hall." Ms. Chanler said.

There will be live music, dancing, poetry, performance art, conceptual art and street art as well. Any adults who are interested to act as a judge or an adviser, please contact Carole Chanler or the *Townsman's* intern, Catherine Cannon. Be sure to look for more information on The Homegrown Film Festival in the *Townsman's* "What's Up" column.

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Town manager answers AHS building project questions

Sue Jenkins and Marjorie Dennis, members of the School Building Committee, wanted more information about the Andover High School building project available to the public. With School Committee Chairwoman Tina Girdwood, Town Manager Buzz Stapczynski and Town Counsel Tom Urbelis they put together and answered the following questions:

1. What has been accomplished at the High School and what is left to be done?

Andover High School is approximately 85 to 90 percent complete. Phase 1 (87,000 sq. ft. of new construction) and Phase 2 (renovation), which include the science wing, new field house, renovated locker rooms, new lobby, renovated cafeteria and new art facilities, are in use by the students. In total there are 35 new or newly-renovated classrooms in use today. Currently, the contractor is performing renovations to the front of the school, which housed the old science department. This is referred to as Phase 3. The lower floor will house the new administration, guidance and health areas, and the floor above will have a new state-of- the art language lab and classrooms. When this work is complete and occupied, the contractor will move to Phase 4, 5 and 6 and renovate the remaining classrooms, library and minor work in the Collins Center. Landscaping the new courtyard/plaza outside the cafeteria will be finished this spring.

On the average in the last three months, there have been 26 (8-10 trades per day) construction workers on the site per day.

2. Who are the School Building Committee members, who appointed them and how can we reach them with questions?

The members of the School Building Committee were appointed by the town manager and confirmed by the Board of Selectmen. Currently the members are (which haven't changed for more than two years) James Marsh, Marjorie Dennis, Michael Parsons, Susan Jenkins, Steven Bouley (on the recommendation of the School Committee), Edward Kelley and Gil Martin. They are all listed in the telephone book and welcome questions.

3. When will the Collins Center be operational and will there be enough parking? Will the Collins Center be available as a public facility?

The renovation of the Collins Center is scheduled for the summer and it is our hope and intention that it will be finished prior to the opening of school next September.

There will be ample parking for events at the Collins Center, just in a different location. In fact, approximately 180 spaces have been added to the site. The availability of the Collins Center for use by the public is under the jurisdiction of the Andover School Committee.

4. Will the community be able to use the High School facility after school hours: i.e. computer labs, classrooms, field house, TV studio, Collins Center, etc.?

Public use of the High School facility is under the jurisdiction of the Andover School Committee.

5. Why is the lobby so big?

The design of the lobby took into account the need for the passing of 1,700 students plus faculty and staff as well as the need to tie in the Dunn Gymnasium and new field house with the classroom structure of the High School. There are classrooms under the lobby as well as the locker rooms for the students. Also, the space was designed to fill in the open loading area that existed between the classroom structure and the Dunn Gymnasium. In addition, there is an elevator in the lobby convenient to public access.

6. Is the TV studio done and ready to be used?

The studio is substantially complete and we are awaiting a legal document from the architect stating this.

7. Who hired the architect?

The School Building Committee, in a very lengthy process, interviewed several firms for this project. The process included interviews, on-site visits of their work as well as face-to-face discussions with private and public owners who had used the architects. The

(Continued on page 25)

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NEWS

(Continued from page 11)

Special events

Remember reservations for next week's two special events – the retelling of the Pemberton Mill disaster on Wednesday, and the Chinese New Year's program on Friday.

Movie matinee

The Net, starring Sandra Bullock, will be shown Monday, Feb. 3, at 12:30 p.m.

MENUS

Monday: Veal, rice pilaf, fruit cup.
Tuesday: Turkey, potatoes, peas, lemon square.
Wednesday: Salisbury steak, onions, potatoes, carrots, orange.
Thursday: Chicken breast, peach crisp.
Friday: Chowder, tuna salad in a pocket, macaroni salad, pears.

For reservations, call 623-8321 before 2 p.m. on business day before lunch you plan to attend. The Senior Center will serve stuffed chicken breast **Monday, Feb. 10**, and fried chicken **Tuesday, Feb. 11.**

NOTICE!

The spring will be very busy, so it would be wise to take care of your tree work this winter. Remember, we work year round.

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EQUAL OPPORTUNITY LENDER

West Parish will host talk for parents on media, violence and related topics

Parents have concerns about the impact on children of television, music, magazines, movies, video games and the Internet.

West Parish Church of Andover will feature William L. Paterson, M.Ed., of New Media Associates Inc. speaking about children and the media.

How much TV is appropriate? What are the lyrics in the music my child is listening to? Are my children exposed to too much violence from TV and movies? If you ever thought about these questions or have questions of your own, come and listen to Mr. Paterson talk on the media and children this Sunday, Feb. 2, at 6 p.m.

The original date of the session was Jan. 12, before it was postponed due to a scheduling conflict.

Diane Serley will follow Mr. Paterson with specific information on how movies get rated and what constitutes a PG, PG-13 or R rating, and the new V-chip and proposed TV ratings.

Mr. Paterson has provided leadership in the health care and public safety fields for 21 years. The former deputy director of the Massachusetts Governor's Alliance Against Drugs is currently chief executive officer of New Media Associates Inc., a company working to raise awareness about media education as a strategy for the prevention of negative behaviors.

Known for his knowledge in the field of substance abuse and violence prevention, Mr. Paterson teaches a course in addictive behaviors at Merrimack College. He recently was presented with the "Drug Fighter of the Century" Award by the Drug Enforcement Administration's New England Field Division and received the 1990 "Outstanding Teacher" award at Merrimack College.

For more information, call Chris Johnson at 470-4649.

Local students named to honor rolls

Three Andover students have been named to the honor roll at Governor Dummer Academy in Byfield for the 1996-'97 academic year. They are sophomores **Sarah C. Marden**, daughter of Joanne F. Marden of Orchard Street, and **Patricia G. Waters**, daughter of Mr. and Mrs. Horace H. Waters of Morton Street, high honors; and junior **Caitlin D. Marino**, daughter of Mr. and Mrs. Richard T. Marino of Central Street, honors.

The high honor roll requires a cumulative grade-point average of 3.3 or above, while the honor roll requires an average between 3.0 and 3.29 on a scale of 4.0.

* * *

The following students from Andover have been named to the honor roll at Our Lady of Nazareth Academy in Wakefield for the first quarter.

Grade 9, first honors: **Rachel DeMella** and **Tirzah Heller**.

(Continued on page 17)

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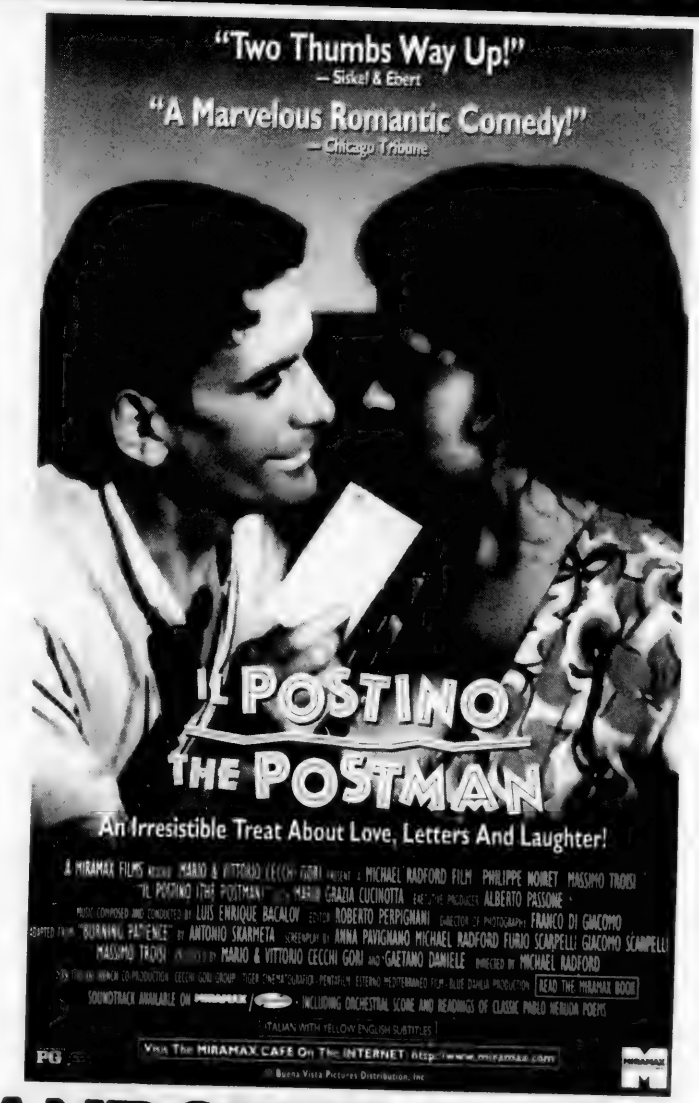
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SCHOOLTALK

Students at **Shawsheen School** were visited by **"Kids on the Block"** Thursday, Jan. 16, a program created to increase awareness, sensitivity and acceptance of peers with special needs. Life-size puppets are used to depict a blind child and a child with Down syndrome and one with cerebral palsy. Middle school students from the **Phoenix School** in Salem, Mass., utilize the puppets in presenting demonstrations focusing on how children with these disabilities differ from their peers in some ways, yet are very much like them in others. **Bruce Sargent**, cofounder of the Phoenix School, led a question-and-answer period. Shows will be scheduled for all other elementary schools.

* * *

Hiro Toyoda, an eighth-grade student at **Doherty Middle School**, won the school-level competition of the **National Geography Bee** Jan. 8, and a chance at a $25,000 college scholarship. The school-level Bee, at which students answered oral questions on geography, was the first round in the ninth annual National Geography Bee, sponsored by the National Geographic Society and Sylvan Learning Centers.

The kick-off for this year's bee was the week of Dec. 2, with thousands of schools in the U.S. participating. The school winners, including Hiro Toyoda, recently took a written test. Up to 100 of the top scorers in each state and territory will be eligible to compete April 4 in their state bee.

* * *



◀ ***Hiro Toyoda wins Doherty Middle School Geography Bee*** – **From left are Doherty teacher and adviser Robert Mirisola; second-place winner Taylor Hender; and first-place winner Hiro Toyoda.**





Students were challenged to think creatively and dress their wackiest during a recent Wacky Wednesday at Sanborn School. Above left are Sanborn first-graders (from left) Laura Renfro, Kimberly Crawford and Natalie Gaimari. Above right, school custodian Charlie Croteau is "semi-formal."

The Student Council at **Sanborn School**, besides working on civic projects and solving school problems, also arranges school-spirit activities. Wednesday, Jan. 8, was declared Wacky Wednesday. "Students were challenged to think creatively and dress their wackiest," said **Principal Jade Reitman**, "while still observing the school's expectations of not wearing hats or being out of control."

* * *

Academy of Notre Dame junior **Pallabi Sanyal** of Andover has instituted a Big Sister Reading Program with the school's first-grade students. The program, sponsored by the National Honor Society, takes place each Friday morning before school.

Ms. Sanyal got the idea while using the Internet, where she learned that children's literacy programs at such places as Boston City Hospital were meeting with great success, and she decided to discuss her plans with the high school principal. Her plans called for a half-hour session each Friday morning, when a volunteer NHS student would read to groups of first-graders.

The sessions include question-and-answer periods and comprehension exercises.

* * *

One hundred **Doherty Middle School** eighth-graders participated in the second annual Thanksgiving Fare in November, combining a festive celebration with an academic fair showcasing more than 400 projects.

Eighth-graders put in countless hours, according to their teachers, preparing for this special event. Every student on Team B created four individual projects covering the core subject areas of mathematics, science, English and social studies/history.



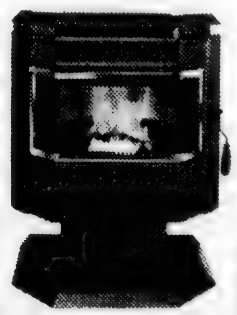
Academy of Notre Dame junior Pallabi Sanyal of Andover hands out rewards to first-grade reading "pupils." Ms. Sanyal and fellow NHS volunteers read stories before school for the Big Sister reading program.

Fall field trips to **Boston-By-Foot**, the **DeCordova Museum** in Lincoln and **Phillips Academy's Addison Gallery** provided background knowledge and inspiration in selecting and designing projects.

Science projects on display covered topics such as dieting and metabolism, the digestive system, and the role of color in leaves. Several projects dealt with critical environmental issues such as acid rain and the

(Continued on page 18)

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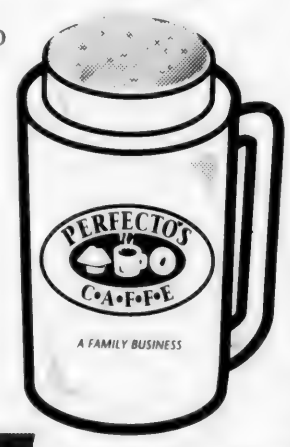
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SCHOOL LUNCH MENUS

Here's what for lunch in the Andover public schools next week, Feb. 3-7:

Elementary schools

Monday: Hot dog on roll, mustard, relish, ketchup, carrot and celery sticks, fruit cup, milk or juice.

Tuesday: Baked chicken nuggets with honey dip, french fries, ketchup, green beans, wheat bread and butter, school-baked cookie, milk or juice.

Wednesday: Hamburger or cheeseburger on roll, french fries, ketchup, carrot and celery sticks, chilled peaches, milk or juice.

Thursday: French toast with hot maple syrup, sausage patty, applesauce, peach crisp with crumb topping, milk or juice.

Friday: Taco boat with ground beef, lettuce, tomato and cheese, corn, orange, milk or juice.

A pizza or peanut butter and jelly lunch is available daily.

Middle schools

Monday: Hot dog on roll, mustard, relish, ketchup, wax beans, fruit cup, milk; or baked beef ravioli with tomato sauce, bread and butter, fruit cup, milk.

Tuesday: Chicken cutlet on roll, potato puffs, ketchup, green beans, cookie, milk; or grilled cheese, potato puffs, ketchup, green beans, cookie, milk.

Wednesday: Meatball sub with tomato sauce, corn, potato sticks, fruited Jell-O with whip topping, milk; or bacon, lettuce and tomato sub, mayonnaise, corn, potato sticks, fruited Jell-O with whip topping, milk.

Thursday: Nachos with cheese sauce, baked beans, sliced carrots, frosted cake, milk; or roast turkey, gravy, whipped potatoes, sliced carrots, homemade cornbread, frosted cake, milk.

Friday: Tuna salad in syrian bread, peas, potato chips, chilled peaches, milk; or chopped sirloin steak, mashed potatoes, peas, bread and butter, chilled peaches, milk.

A pizza or sub lunch is available daily.

All menus are subject to change.

Local students on honor rolls

(Continued from page 15)

Grade 10, second honors: **Tiffany Gentile**.

* * *

Based on his first-term grades, **Vincent Montalbano** of Andover was named to the dean's list at Avon Old Farms School in Avon, Conn.

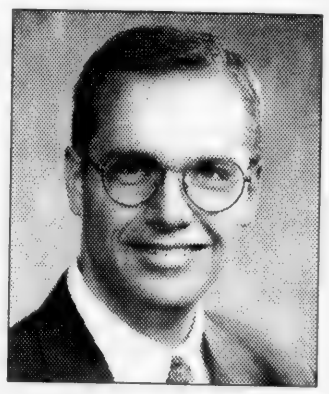
* * *

Brian Karfunkel of Andover, a sixth-grade student at Shore Country Day School in Beverly, was named to the honor roll for the first trimester.

* * *

Three Andover students earned academic honors for the fall term at Lawrence Acade-

(Continued on page 18)



Chris Foster

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William Galvin, MD
Kathryn Olson, MD
Jacqueline Halladay, MD
Robert Shannon, MD

Who has the clearest crystal ball?

Committee on Andover at 400 announces essay contest winners

Last fall, the Committee on Andover at 400 held a series of five seminars dealing with Andover at 400, presented at Memorial Hall Library. The topics – Education; Business and Finance; Medicine, Science and Technology; Environment and Buildings; and the Soul of Andover – took a look at what life in Andover in 2046 might be like, 400 years after its founding. By looking to the future, the organizers reasoned, townspeople could benefit by making improvements in the present. According to Selectman Larry Larsen, the committee extended an invitation to young people by sponsoring an essay contest on any of the five themes concerning Andover at 400. The two best essays submitted to the Andover 400th Committee – *Education in 2046* by Catherine Maffione, age 10, and *What Will Our Surroundings in Andover be Like Fifty Years From Now?* by Sailakshmi Ramgopal, age 12 – were awarded a prize of $100 each. The winning essays will be included in a book about the 350th celebration, Dr. Larsen said. The book is scheduled to be published in several months. Both essays will be published in the *Townsman*; Catherine Maffione's is printed below.

Essay submitted to the Committee on Andover at 400

Education in 2046

Catherine Maffione, age 10
Bancroft School

Imagine a junkyard filled with old yellow buses. Dads and moms are working at home a lot now, maybe in 50 years school will be at home too.

High tech things are just getting hot. In fifty years they'll be sizzling! Computers will be the hottest thing around. Every kid will have his/her own laptop – no books! Everyone will be on the net surfing while doing school work at the same time. We will be able to do everything we do now in school on the computer. But, hold it. What's the cost? It's really cheap! $20 per computer a year, plus $10 for a learning disk. Grades 1-12 will be on the disk. Everybody will want good posture while they sit at the computer all day. So each student can buy a kneeling posture chair, three for the price of two, a special school discount.

Say a first-grader is trying to find out what b-o-o-k spells. Well, guess what, the computer could help sound it out. The first-grader would sound it out and the computer would help. The computer would also say if it is right or wrong. "Wow!" you say. "That's cool."

You would like to be able to see your teachers sometimes, so you could hold a video conference. You are in Andover, while your teacher is in Madagascar. You could talk to one another and see each other. You're now back to your same surroundings, your same room, and you want a change. For 15 minutes every day you could use virtual reality. It would let you walk on Mars, be in the Olympics, or even find the cure to a disease.

A big part of growing up is being able to talk – "socialize," so for an hour a day, two days a week, you could just talk with your friends on the computer.

You still need to stay fit, sing, and draw. You can sing with the music teacher on the computer and draw with the art teacher on the computer, but you can't stay fit on the computer. There would be five fields, you would pick the closest to your house and go there two days a week for 45 minutes. The gym teacher would put you in different categories. During the winter you would go to the indoor gym which is right next to your field. You're just about to say what about the library? Well, there are over 500 million books on the 'Net for all ages. You can order your book, and in 10 minutes it will be on your computer. It's too long to print out, but if you're not finished reading yet, you can go to "save" and it will save your book and remember your page for you. So when you can read it again, the computer will tell you your page.

Every kid needs to practice penmanship, so you can write papers off the computer. When you put the paper up to the screen, the computer will read and correct it. Time is very important. Over the school year we go to school for about 1,080 hours. The computer will time you doing educational things for 1,080 hours. After that, no more school till next fall. There is only one problem. If you're lazy, you'll be on one grade forever.

What happens if typing is too small for first-graders, too big for seventh-graders, and just not right for fourth-graders either? Well, grades 1-3 can have big type, 4-7 can have medium type, and 8-12 can have smaller type. Will you have homework? Yes, you will, and you will do it off the computer. The computer will assign you your homework.

Study skills are very important. You will need to learn them at an early age. Parents can sign up their children for only $5. You will not be able to do very well on tests unless you learn study skills. Every time you finish a chapter on any subject, the computer will give you three days to study, then give you a test. You will not be able to refer back to anything on screen while taking your test.

There are some things you need to get creative on, like designing your own room. You can design your own room on the computer. All you need to do is sign up and the design-it program will go directly to your computer. It would be like an enrichment course.

Education in 50 years will be much different than it is right now.

Andover High PAC has big meeting set for Feb. 3

The Andover High School Parent Advisory Council (PAC) will meet Monday, Feb. 3, at 7:30 p.m. in the West Middle School auditorium. AHS Principal Ellen Parker will deliver her "State of the School" address, followed by Town Manager Buzz Stapczynski and Building Committee Chairman Jim Marsh, who will answer questions and concerns about the High School construction project.

Parents and other concerned citizens are encouraged to attend this informative meeting, organizers said.

Film series to address homophobia

It's Elementary, the first of a five-part video film series addressing homophobia, takes place Tuesday, Feb. 4, at 7:30 p.m.

This film offers an approach to stop the cycle of intolerance that takes root in elementary schoolchildren, organizers said.

The film shows how parents, teachers and school administrators can help children discuss and address anti-gay prejudice in age-appropriate ways.

The screenings take place at the Unitarian Universalist Congregation in Andover, 6 Locke St.

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EVENTS CALENDAR

THURSDAY, JAN. 30

Comedy Palace, featuring Ed Regine, The Comedy Palace at the Grill 93, River Road, 8 and 10:30 p.m., cover charge $10; 1-888-TO-LAUGH.

FRIDAY, JAN. 31

Joey and Maria's Wedding, comedy dinner theater, enjoy the food and fun of a traditional Italian wedding, Grill 93, River Road, $35, call for reservations; 687-2442.

Schubert's *Winterreise,* the second in a series of concerts celebrating the 200th anniversary of the birth of Franz Schubert, Timken Recital Room, Graves Hall, Phillips Academy, 7:30 p.m.; 749-4263.

SATURDAY, FEB. 1

"2nd Annual Dessert Tasting," enjoy the chef's creations at a dessert buffet, Heritage at North Andover, 700 Chickering Road, 1-3 p.m., seating is limited; 683-1300.

Casino night, fundraiser sponsored by Andover School of Montessori, with blackjack and roulette tables, money wheel and more, the Beau Paris band will entertain, refreshments, $5 per person, 7:30-11:30 p.m., Old Town Hall, 20 Main St.; Eileen Doherty 470-8168.

Artist's reception, featuring classical guitarist John Tavares, Vertu Fine Art Gallery, The Tannery, Mill 1, 50 Water St., Newburyport, light refreshments will be served, 6-9 p.m.; 462-3735.

"How to Date a House," workshop with Barbara Thibault, Andover Historical Society, 97 Main St., 1-4 p.m., advance registration is required, bring any house-related information, photographs, deeds, $10, $5 members; 475-2236.

Seventh annual Phillips Academy Summer Opportunities Fair, more than 80 programs represented for ages 10 through college, Phillips Academy Dining Hall, 1-4 p.m., free admission and materials; 948-3815.

SUNDAY, FEB. 2

Panel discussion, featuring Nancy Achin Sullivan, Barbara Wallack, Dianna Matherly, and Joan Feinberg Berns from the recently released book, *Living With Breast Cancer*, by *Townsman* editor Perry Colmore and *Townsman* photographer Lisa Adelsberger; Ms. Colmore and Ms. Adelsberger will answer questions, Kemper Auditorium, Phillips Academy, 2 p.m.; Perry Colmore 475-1943.

Ski trip to Maudsley State Park, sponsored by the Andover Committee of the Appalachian Mountain Club, cross-country ski for 4 miles, Maudsley parking lot, Gypsy Lane and Ferry Road, Newburyport, 1:30 p.m.; Dave Doub 470-3703.

Media discussion, hosted by West Parish, "What every parent should know about media violence and other aspects of the media," featuring William L. Paterson, M.Ed., 6 p.m., original date was Jan. 12; Chris Johnson 470-4649.

Photography show opening, featuring Mary Gendler's photographs in a show entitled, "Tibet: Occupation and Exile," Boston Public Library, 2-

(Continued on page 20)

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SCHOOL TALK

(Continued from page 14)

earth's changing atmosphere.

Intriguing mathematics projects resulted in visual presentations for solving complex problems.

English projects took the form of photo essays where striking black-and-white photography was used. History projects focused on the pre-Revolutionary Boston time period.

Organizers report that this year's fair was a huge success.

Students donated surplus food items to Bread and Roses soup kitchen.



Using a video and detailed illustrations, Misty Muscatel (left) and Lynne McCumber demonstrate their project on the human digestive system.



Tom Mac Elhaney (left) and Richard Furness display their history project on Paul Revere. ▶

Local students named to private school honor rolls

(Continued from page 17)

my in Groton. They were recognized Dec. 5 at a special all-school assembly.

Jared Greer (sophomore), **Scott Shainker** (junior) and **Rachel Newman** (senior) earned honors. Students with a grade point average of 83.5 or above and no grade below B- are listed on the honor roll.

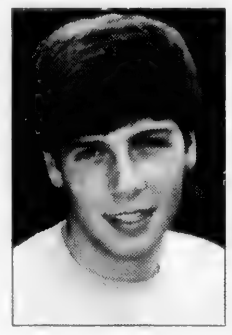
Jared is the son of Patricia and Jerry Greer of Nolett Drive, Scott is the son of Susan and Arnold Shainker of Cricket Circle, and Rachel is the daughter of Drs. Margaret and Lawrence Newman of Hampton Lane.



Rachel Newman



Jared Greer



Scott Shainker

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EVENTS CALENDAR LISTINGS

(Continued from page 20)

THURSDAY, FEB. 6

Poetry reading, poets Mary Dominick Chivers and Nancy Bailey Miller will read from their work, Andover Bookstore, 89R Main St., 7 p.m.; 491-0143.

Collecting Oriental rugs, presentation by Landry and Arcari, "Collecting: The Art of Collecting Oriental Rugs," Old Center Hall, 3 Great Pond Road, North Andover, 7:30 p.m., prices vary; 475-2236.

Love Letters, by A.R. Gurney, Brooks School Vanoff Black Box Theatre, 7:30 p.m., free to the public, limited tickets and seating; Michael L. Walczak 686-6101.

FRIDAY, FEB. 7

Ski weekend, by the Andover Committee of the Appalachian Mountain Club, enjoy a comfortable country inn by night and explore the nordic and alpine trails of Waterville Valley by day, 13th annual mountain Fare Inn ski weekend, $100, register with trip leader Larry Blood; (617) 944-0929.

Franz Schubert concert, celebrating the 200th anniversary of the birth of Franz Schubert, *Sonata in B-flat, D. 960,* Peter Warsaw, piano; *Horn Song, D. 943,* Allen Combs, tenor, and Robin Cavalear, horn; and *Fantasie in f minor for piano four hands, D. 140,* Duncan Cumming and Christopher Walter, piano, Timken Room, Graves Hall, Phillips Academy, free, 7:30 p.m., 749-4263.

SATURDAY, FEB. 8

Duo Cantabile, a Valentine program presented by the New England String Ensemble, St. Joseph's Church, 173 Albion St., Wakefield, 8 p.m., $18, $15 seniors, $10 students; (617) 224-1117.

Mardi Gras ball, celebrating Merrimack College's Golden Anniversary, dinner included, masks encouraged to be worn, Andover Country Club, 7 p.m., cocktails, 8 p.m., dinner, $50 each; 837-5448.

Ham and bean supper, served by church members, West Parish Church, 129 Reservation Road, 5-7 p.m., seniors $4, adults $6, children under 11 $2; 475-3528.



Three of Cups is at Crossroads Coffeehouse next Saturday, Feb. 8.

Crossroads Coffeehouse, featuring double bill of Laura Burns and Willi Sordillo, whose music includes a variety of multi-cultural guitar and saxophone instrumentals and songs, and Three of Cups, a female vocal trio with songs from traditional English bawdy to familiar Irish aire, North Parish Church, 190 Academy Road, 8 p.m., $8; Sandra Kynes 749-7000 Ext. 243.

Valentine's dance, the second annual Havurat Shalom Valentine's dance fundraiser, food, cash bar, door prizes, Best of Thymes, Shawsheen Plaza, 7:30-11:30 p.m., tickets $30 couple, $15 single, checks to J. Goldstein, 29 Woodhaven Drive, Andover; 475-7309.

SUNDAY, FEB. 9

Cross-country skiing, by the Andover Committee of the Appalachian Mountain Club, cross country skiing on easy slopes of a golf course, West Elementary School parking lot, Shawsheen Road, 1 p.m.; Dave Doub 470-3703.

Joey and Maria's Wedding *(see entry under Friday, Jan. 31).*

Concert performance by Richard Harshorne, sponsored by the West Parish Church's music company, West Parish Church, 129 Reservation Road, 3 p.m., free of charge, donations benefit the Community Concert fund; 475-3528.

ONGOING

Museums and Historic Homes

Andover Historical Society has the following temporary exhibits: *Main Street 1996,* a 12-foot mural by Dorothy Piercy, through March 22; *Dolls From the Collection,* through February; *Pat Keck Installation,* through March 22; and *It Had to be Ford's,* a 15-minute video by Mark Schorr and Jim Sheldon, through March; Permanent exhibit: Amos Blanchard House and Barn Museum, containing period rooms from 1820s to 1840s, with 19th-century farm and woodworking tools; library and office hours Monday-Saturday, 9 a.m.-5 p.m. by appointment; $4 adults, $2 children, members free; Andover Historical Society, 97 Main St., 475-2236.

Robert S. Peabody Museum of Archaeology, Main and Phillips Streets, includes the newly restored diorama, miniature scene of Native Americans along the banks of the Merrimack River, Tuesday through Friday noon-5 p.m., Saturday 10 a.m.-1 p.m., free; 749-4490.

Voices on Repatriation and Renewing Tradition: Modern Pueblo Pottery, continuing exhibits feature collections of Native American artifacts.

Pecos Pueblo: Crossroads of Cultures, tells story of the Pueblo at Pecos, New Mexico, inhabited from 1300 to 1838 by a sophisticated Native society.

Quiltscapes: Views and Visions, an exhibition featuring the landscape quilts of four New England art quilt makers, Jan. 17-March 16, New England Quilt Museum, 18 Shattuck St., Lowell; 10 a.m.-4 p.m., Tuesday-Saturday, $4 adults, $3 students and seniors, free for museum members; (508) 452-4207.

Lowell National Historic Park, history of the American Industrial Revolution, guided tours of cotton and texitle mills, canals; (508) 970-5000.

Wenham Museum, featuring Play & Learn III, a children's interactive exhibit, 17th-century Claflin-Richards House, 132 Main St., Wenham, Monday-Friday 10 a.m.-4 p.m., Saturday 1-4 p.m., Sunday 2-5 p.m., $3 adults, $1 children, $2.50 seniors, members free.

Andover Choral Society open to new members; new season begins

The Andover Choral Society began its new season Monday, Jan. 27. All voice parts are welcome; auditions are not required. Rehearsals are held each Monday at 7:20 p.m. at Christ Church on Central Street.

The Andover Choral Society is conducted by Allen Combs, now entering his seventh season as music director. Mr. Combs teaches voice at Phillips Academy as well as privately and is a professional tenor soloist.

The Andover Choral Society, a not-for-profit organization established more than 67 years ago, performs classical and seasonal concerts each year, including an annual community Messiah Sing. The spring agenda will include an "Opera Gala" scheduled for May featuring the works of Donizetti. For more information, call Christy Puntoni at 470-8747.

A Celebration of Hearts

The board of directors of Family Service Association of Greater Lawrence will hold "A Celebration of Hearts," an evening of casual dining and jazz, at 7:30 p.m. Friday, Feb. 14, at Old Town Hall, 20 Main St. Hot hors d'oeuvres and specialty desserts will be served while jazz music is provided by the 4 of Hearts. A raffle will feature "romantic" prizes donated by local merchants.

Tickets cost $45 per person. Any amount in excess of $25 per person is tax deductible.

For ticket information, call Family Service Association at 683-9505.

Have a story idea? Call the *Townsman*: 475-1943.

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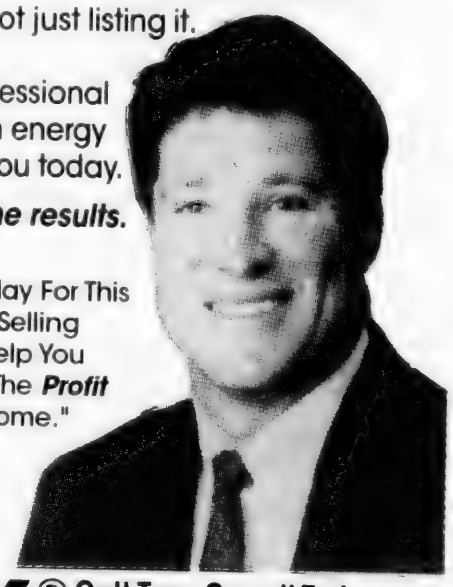
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EVENTS CALENDAR LISTINGS



◀ A young pilgrim is shown on her way to the Sakya Monastery in central Tibet. Mary Gendler's photographs from Tibet and Dharmasala, India, entitled *Tibet: Occupation and Exile*, will be on display in the main hall of Boston Public Library during February. Her landscapes and portraits show the beauty of the people, mountains and countryside and the splendor of the few remaining monasteries rebuilt by the Tibetans in recent years. The opening will be held Sunday, Feb. 2, from 2-5 p.m. Members of the Boston Tibetan community will perform songs and dances from Tibet in the Rabb lecture hall from 2:30-3:30 p.m. A reception will follow in the Boston Room. The snow date is Feb. 9; call the library at (617) 536-5400, Ext. 336, if in doubt. Some effects of the Chinese occupation and photographs of the Tibetan community in exile in Dharmasala, India, will be shown as well.

(Continued from page 19)

5 p.m., a reception will follow; (617) 536-5400 Ext. 336.

MONDAY, FEB. 3

PAC meeting, Andover High School Parent Advisory Council, featuring principal Ellen Parker giving a "State of the School," address, followed by Town Manager Buzz Stapczynski and Building Committee Chairman Jim Marsh discussing the school building project, West Middle School Auditorium, 7:30 p.m.

TUESDAY, FEB. 4

It's Elementary, part one of a five-part video film series addressing homophobia, offers an approach to stop the cycle of intolerance that takes root in elementary schoolchildren; the film also shows how parents, teachers and school adminstrators can help children discuss and address anti-gay prejudice in age-appropriate ways, 7:30 p.m., Unitarian Universalist Congregation, 6 Locke St.; 475-4454.

WEDNESDAY, FEB. 5

Storytelling performance by Andover storyteller Susan Lenoe, sponsored by the Andover Senior Center's cultural committee, relive the powerful story of the Pemberton Mill disaster in Lawrence as depicted through the eyes of Elizabeth Stuart Phelps, Andover Senior Center, 36 Bartlet St., 1 p.m., reservations $2, refreshments following the performance; 623-8321.

(Continued on page 21)



Andover storyteller Susan Lenoe

◀ Performing at the Senior Center Wednesday, Feb. 5.

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OBITUARIES

Mary D. Coco

(Continued from page 22)

Monica Church. Burial was in Bellevue Cemetery in Lawrence.

Arrangements were by Cataudella Funeral Home in Methuen.

Memorial contributions may be made to St. Monica Church Building Fund, 231 Broadway, Methuen, Mass. 01844.

Essav Essoian

Self-employed truck farmer on Bellevue Road

Essav "Ace" Essoian, 86, formerly of 30 Railroad St., died Saturday, Jan. 25, at Academy Manor Nursing Home.

Mr. Essoian was born in Harport, Armenia and educated in Marseille, France. He came to the United States in 1930 when he was 19.

Mr. Essoian was a self-employed truck farmer on Bellevue Road in West Andover for 50 years. He later worked as a contract school bus driver for the town of Andover for 20 years.

He was an avid swimmer and enjoyed music and dancing.

Members of his family include his daughters and sons-in-law, Carol and Paul Mooradian and Kathleen and Armen Kludjian, all of Andover; a grandson; a granddaughter; and cousins, nieces and nephews.

He was the widower of Rose (Khentigian) Essoian.

A funeral service was held Wednesday in St. Gregory Armenian Church in North Andover. Burial was in West Parish Cemetery.

Arrangements were by Allen Funeral Home in Lawrence.

Memorial contributions may be made to St. Gregory Armenian Church, 158 Main St., North Andover, Mass. 01845, or Merrimack Valley Long Term Nursing Care, 1 Union St., Andover, 01810.

State advises Cultural Council on arts grant programs

The Andover Cultural Council convened a public meeting on Thursday, Jan. 16, to meet with representatives of the Massachusetts Cultural Council to learn about arts grants managed at the State level and to discuss preliminary plans for a local Council originated project planned for 1998.

In addition to the traditional grants awarded through the local cultural councils, the Massachusetts Cultural Council provides support to a wide range of cultural activities beyond the normal reach of the Andover Cultural Council. Karin Trachtenberg, the MCC Coordinator for the Merrimack Valley area, and Rosalie De Quattro, MCC's field representative for the Andover area, described programs that support local artists, public school systems, local communities, and economic development.

Two community-based public school programs include the Educational Partnership Initiative and the Event and Residency Program. The Educational Partnership involves a collaboration of public schools, cultural organizations, and other community resources. The State has allocated $377,395 for 17 such programs for 1997.

In addition, the State has allocated $425,000 for 1997 to bring artists into public school classrooms for short-term events and longer-term residencies. Given the limited resources allocated to the Andover Cultural Council for local grants, there are ample opportunities for additional state funds for arts programs in the public schools by applying directly to the Massachusetts Cultural Council.

Andover Council members discussed ideas for a Council-originated Project in 1998 with the MCC representatives. According to Ms. De Quattro, there are several communities throughout Massachusetts that have developed and implemented local arts programs. She assured the Council of her continued assistance in promoting a council-developed project. The Council intends to convene public input meetings in the near future to continue the development of a local council originated project. The Council will continue to work closely with the MCC staff to benefit cultural programs in Andover, organizers said.

OBITUARIES

The *Townsman* will publish obituaries of Andover residents without charge. The paper also will publish without charge a short announcement of those people who died and did not live here, but are related to someone who lives in Andover.

This listing will include the name of the deceased, where he or she lived, when he or she died, and names of relatives in Andover.

Those who wish to have a complete obituary published about a person who did not live in Andover can pay for a death notice. The cost of a death notice depends on the length of the notice. Questions? Call Jack Grady or Perry Colmore at 475-1943.

Send the *Townsman* e-mail: Townsman@aol.com

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OBITUARIES

Katherine R. Koob

Memorial service will be held Sunday, Feb. 2, at noon in Old Town Hall

Katherine Rose Koob of Andover died Monday, Jan. 20, after a long battle with cancer.

Ms. Koob was a graduate of Interlochen Arts Academy in Traverse City, Mich., and Rhode Island School of Design in Providence, R.I., where she majored in textile design and ceramics.



Katherine Rose Koob

She was the founder of Wash 'n' Time Laundry and the builder of Union Arms Apartments in Lawrence, which provided new housing for seven homeless families in local shelters in 1989.

Ms. Koob was a former assistant curator at Merrimack Valley Textile Museum in North Andover and credit manager of Comet Products Corp.

She most recently was controller and construction manager of J.S. Dugger, AIA & Associates, Architects of Andover.

The active Girl Scout leader was chairman of the museum committee of the Spar 'n Spindle Girls Scouts Council. She was twice president of Boston Area Spinners and Dyers and a member of Boston Weavers Guild.

Members of her family include her husband, John S. Dugger Jr. of Andover; parents, Col. Robert Koob, USA (Ret.) of Hopkinsville, Ky. and Dr. Theodora Koob of Cardiff-by-the-Sea, Calif.; brothers, Dr. George Koob of La Jolla, Calif., Dr. Joseph Koob of Lawton, Okla., and Dr. Stephen Koob of Tacoma Park, Md.; nephews, Camaron, Nathan, Jeremy and Julian Koob and Brian Fredericks; niece, Elise Koob; parents-in-law, Mr. and Mrs. John S. Dugger Sr. of Centerville; and brothers- and sisters-in-law, Mr. and Mrs. Derry G. Fredericks of Yarmouthport and Mr. and Mrs. Peter A.J. Dugger of Santa Monica, Calif.

Funeral and burial services were private. A memorial service will be held Sunday, Feb. 2, at noon in Old Town Hall.

Memorial contributions may be made to American Cancer Society, 57Y Concord St., Wilmington, Mass. 01887.

Charles D. Sullivan

Supervised ship repairs and oceanliner reconstruction

Charles D. Sullivan, 90, of Andover, died Thursday, Jan. 23, at Holy Family Hospital in Methuen.

Mr. Sullivan was born in Lawrence.

He attended local schools, Phillips Academy, Purdue University and MIT. He was active in school track and field athletics and at one time held the New England Amateur high jump championship.

In earlier years Mr. Sullivan was co-owner of a surveying and construction company and later was sales manager for Maynard H. Moore Co. During World War II he worked in different departments of Bethlehem Steel and as a supervisor on ship repairs and reconstruction of some of the great oceanliners, such as the Queen Elizabeth and the Isle De France, converting them to Army transports.

He was a member of St. Augustine Church and St. Theresa's Church in North Reading and of the Andover Knights of Columbus 1078.

Members of his family include his sons, Charles D. Sullivan II and his wife, Linda Sullivan, of Nashville, Tenn.; Brian P. Sullivan of Washington, D.C., Joseph A. Sullivan and Mark D. Sullivan and his wife, JoAnne Sullivan, all of Andover; daughters, Paula Wyner of Brockton, Mary H. Visciano and her husband, Nuncio Visciano, of Waltham, and Meggin Sullivan of Cambridge; sisters, Marie U. Sullivan and Anita McGinness, both of Lawrence; two sisters; and several nieces and nephews.

He was the widower of Margaret M. (Maguire) Sullivan.

A funeral Mass was said Saturday at St. Theresa's Church. Burial was in Immaculate Conception Cemetery in Lawrence.

Arrangements were by Burke Funeral Home.

Mary D. Coco

Owned and operated Capilo's Beauty salon

Mary D. (Annaloro) Coco, 82, of Methuen died Thursday, Jan. 23, at St. Elizabeth Hospital in Brighton.

Mrs. Coco was born and educated in Lawrence and was a graduate of Lawrence High School.

She co-founded Capilo School of Hair Design in Lawrence with her family in 1981 and taught hairstyling at the school. After she retired in 1991, she continued to go to the school to do bookkeeping and help the students.

Mrs. Coco owned and operated Capilo's Beauty Salon in Andover for many years and also had beauty shops in Lawrence.

She was affiliated with the National Association of Hairdressers for many years.

Members of her family said she enjoyed seeing the family together at birthdays and holidays and will be remembered for her cooking and baking. Her specialties were cheesecake, decorated cakes and pizza.

She was a member of St. Monica Church in Methuen.

Members of her family include her husband of 63 years, Anthony P. Coco of Methuen; sons and daughters-in-law, Frank and Nancy Coco of Cape Coral, Fla., and Charles and Patricia Coco of Methuen; daughter and son-in-law, Prudence and Raymond Maczuba of Haverhill; brothers, Charles Annaloro of La Meja, Calif., and John Annaloro of San Diego, Calif.; sister, Rita Caruso of Hemet, Calif.; nine grandchildren; four great-grandchildren; and several nieces and nephews.

A funeral Mass was said Monday in St.

(Continued on page 23)

Obituaries
Pages 22-23

Nancy M. Assad, 78
Mary D. Coco, 82
E. Joyce Comeau, 52
Essav Essoian, 86
Katherine R. Koob
Lillian N. Neri, 73
Louise M. Nutton, 65
Marie A. Popoutsy, 56
Ida Rotman, 82
Andrew P. Sorbo, 84
Charles D. Sullivan, 90

Deaths Elsewhere

ASSAD – Nancy Marie (Pappalardo) Assad, 78, died Monday, Jan. 27, at her home in Methuen.

Members of her family include her sister, Mary Mason of Andover.

COMEAU – E. Joyce (Peters) Comeau, 52, of Haverhill died Saturday, Jan. 25, at her home.

Members of her family include her stepsister, Shirley McGuire of Andover.

NERI – Lillian N. (Truscello) Neri, 73, of Arlington died Tuesday, Jan. 21.

Members of her family include her son, Steven F. Neri of Andover.

NUTTON – Louise M. (Murach) Nutton, 65, of Methuen died Monday, Jan. 27, at Prescott House Nursing Home in North Andover.

Members of her family include her sister, Helen Little or Andover.

POPOUTSY – Marie Anita (Lahaye) Papoutsy, 56, of Haverhill died Wednesday, Jan. 22, at her home following a long illness.

She had been a private nursing aide for the Andover VNA and Hospice.

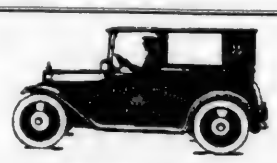
ROTMAN – Ida (Cohen) Rotman, 82, of Malden died Tuesday, Jan. 14, at Malden Hospital.

Members of her family include her son and daughter-in-law, Stephen and Nancy Rotman of Andover, and their children, Rachael and Matthew.

SORBO – Andrew P. Sorbo, 84, of Methuen died Tuesday, Jan. 28, at Prescott Nursing Home.

Before he entered real estate, he had been an executive with Tyer Rubber Co. in Andover.

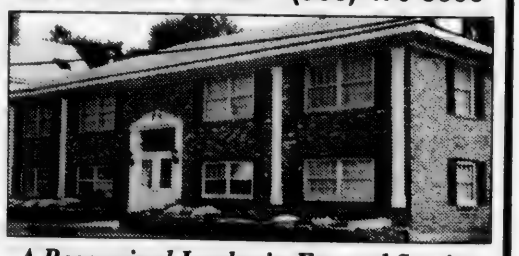
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HAPPY 1ST BIRTHDAYS



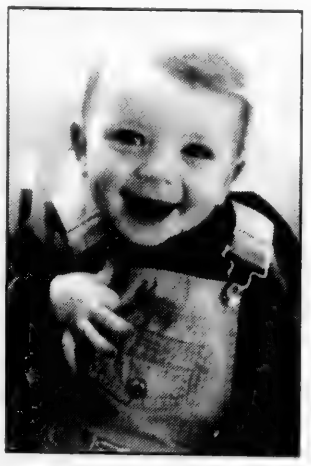
William H. Reardon IV

◀ **William H. Reardon IV turned 1 year old Jan. 21. His parents are Chip and Maura Reardon of Enmore Street. Grandparents are Tom and Christine O'Brien of Lowell (Grampy and Nana daycare providers) and Bill and Anne Reardon of Yarmouthport (Grampa and Grammy).**



Thomas Kenneth Colbert

◀ **Thomas Kenneth Colbert celebrated his first birthday Jan. 29. His parents are Mark and Debra Colbert of Andover. T.K. has a big brother, Corey Edmund, 7, and sister, Casey Anne, 3. Grandparents are Ann Scarano of Hawthorne, N.Y., and the late Kenneth Colbert.**



Timothy Robert Awiszus

◀ **Timothy Robert Awiszus will celebrate his first birthday Jan. 30 with his family and friends. His parents are Bob and Roberta Awiszus of Andover Grandparents are George and Ann Awiszus of Arlington and the late Timothy and Mary Crispo. Timmy loves playing with his big sister, Molly, his cousins and friends.**

Town manager answers AHS building project questions

(Continued from page 13)

School Building Committee made its recommendation to the town manager who entered into a contract with the selected firm.

8. Is it usual for the architect to be involved with the construction phase? Why can't we deal directly with the construction company?

The procedures for bidding and constructing a public facility are strictly regulated by the Commonwealth of Massachusetts. The architect is the owner's representative between the town and the construction company. The town hired the architect, Earl Flansburgh + Associates, to design the project and to provide construction administration. In that capacity they monitor the construction activity to ensure that the contractor, Stone/Congress, A Joint Venture, complies with the design.

9. Do we have a clerk of the works?

Yes. Our clerk of the works is Mead Consulting and they are employed by the town to be our eyes and ears on the site. As this is the 1990s, the official job titles are project manager and field representative. The field representative is assigned to the project full-time. He monitors the project on a day-to-day basis. He serves as the liaison between the school department, the town (including the town manager, Department of Public Works, Department of Municipal Maintenance and Building Inspection Division), architect and contractor. The project manager performs the administrative tasks required for the project. She issues a monthly project update which reports the status of the project budget, schedule, etc. The state inspector general's office recommends that cities and towns use the services of project managers when building or renovating facilities of this size and complexity.

10. Why are there no permanent bleachers in the new field house?

There are portable bleachers for the new field house which can be moved as needed within the facility. The facility was never designed to include permanent bleachers because the incorporation of them would have added square footage to the building.

11. Is the Andover High School project over budget?

No, the Andover High School addition and renovation project is not over budget. The project is within the total appropriation of $28,926,552. The sum of $26.5M was appropriated in April 1994 and an additional sum of $2,426,552 was appropriated in April 1995 for a total of $28,926,552. This sum is also within the maximum reimbursable expenses allowed by the State School Building Assistance Act for the Andover High School.

12. When will the whole project be completed?

Unfortunately this is not an easy question to answer. Currently the architects' date of substantial completion is the middle of May 1997. However, the contractor's date is the middle of September 1997. These dates are subject to change depending on events occurring on the project.

Rally is for selectman candidate Brian Major

Brian Major, one of three candidates for the two three-year Board of Selectmen seats, will hold a "Major Rally" at Old Town Hall, Main Street, Saturday, Feb. 1, at 9 a.m. The event will be a three-mile walk/jog/run.

According to Bill Pennington of 46 Clark Road, who is organizing the event, there is no entry fee for the event, but participants are asked to buy a $10 long sleeve T-shirt. The shirts will be available the day of the event. Refreshments will be available at Athlete's Corner at the end of the event.

Questions? Call Mr. Pennington at 475-5671.

Policy regarding candidates

The *Townsman* will publish news about town election candidates. However, the newspaper will not publish press releases from or about candidates that are only attempts to get the candidate's name before the public. In addition, the paper will publish letters about candidates, but won't publish letters that are obviously part of letter-writing campaigns. Letters about candidates will not be published in the issue before the election.

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HAPPY 1ST BIRTHDAYS



Andrew Paul Piispanen

"Drew" Piispanen turns 1 year old Jan. 31. His parents are Bob and Jill Piispanen of Brundrett Avenue. Grandparents are Murray and Ann Matrundola of Winchester and Gloucester, and Paul and Kate Piispanen of Keene, N.H. His older brother, Adam, and he are best friends, his parents said.



Amy Catherine Welch

Amy Catherine Welch was born Jan. 16, 1996. Her parents are Susan and Gregory Welch of McKenney Circle. Grandparents are Sophia Welch-James of Andover and Frances Sherman and Richard Sherman of Highland Beach, Fla. Amy loves reading books, listening to music, playing with toys and exploring new things, they said.



Jordan Andrew Schuh

Jordan Andrew Schuh celebrated his first birthday New Year's Day. Parents are Kathryn Schuh Crawford and David Schuh of Ivy Lane. Grandparents are Randall and Gladys Schuh of Wausau, Wis., and Don and Sharon Crawford of Santa Barbara, Calif. Jordan's favorite things are balloons, his two cats, and especially his big brother, Casey, 4.



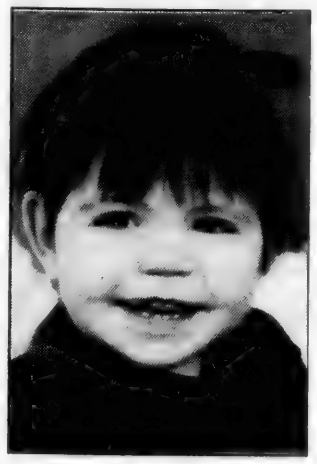
Melanie Jean Viens

Melanie Jean Viens was born Jan. 11, 1996. Her parents are Arlene and Larry Viens Jr. Grandparents are Mary and Tom Ciaccia of Andover and Sandy and Larry Viens of Methuen. Great-grandparents are Rose and Joe Ciaccia of Philadelphia, Pa., Helen DeBurro of North Andover and Alice Brocato of Lawrence.



Ryan Matthew Burke

Ryan Matthew Burke was born Jan. 25, 1996. His parents are John and Patty Burke. He shares a birthday with his daddy, who turned 35 on Jan. 25. Grandparents are Marge Gerraughty of North Andover and Jack and Ann Burke of Swampscott. Ryan has a brother, Sean, 5, and sister, Molly, 3.



Sarah Catherine Garcia

Sarah Catherine Garcia turned 1 year old Jan. 26. (As her special day was Super Bowl Sunday, she tried to bring good luck to the Patriots.) Parents are Carl and Cynthia Garcia of Sugarbush Lane. Grandparents are Joseph and Joan Sullivan of Cambridge, Isabel Garcia of Cambridge and Antonio Garcia of Arlington. Sarah's favorite hobbies include "stair-climbing, biting, singing and dancing." Sarah has a sister, Kristen, 4.



Meera Bhan

◀ Meera Bhan was born Jan. 27, 1996. Her parents are Rekha Quazi and Chand Bhan of Westminster Roadway. Grandparents are T.N. Qazi and Shyama Qazi of Andover. Meera has two sisters, Mona Bhan, 24, and Angela Bhan, 22.



Kylie Fox

◀ Kylie Fox was 1 year old Jan. 2. She is the daughter of Bill and Vicky Fox of Methuen, granddaughter of Frank and Pat VanVleet of Andover, and great-granddaughter of Evelyn VanVleet, also of Andover.



Charles Carriere

◀ Charles Carriere was born Jan. 16, 1996. His parents are Dave and Debbie Carriere of Chandler Road. Grandparents are Joe and Marilyn Carriere of Andover. Charles has a brother, David Jr., 3.

CLIP & SAVE CLIP & SAVE CLIP & SAVE CLIP & SAVE

Happy 1st Birthday policy

▶ Babies celebrating their first birthdays, affiliated with Andover, may have their pictures in the *Townsman* free. They will normally appear in the issue dated *the last Thursday of the month*, in the month of baby's first birthday. All babies having a February '97 first birthday will be published in the Feb. 27 issue. All photos must be received by 5 p.m. Friday, Feb. 21 (*see box at right*). The *Townsman* publishes Births on the first Thursday of the month. They will be published in the Feb. 6 issue.

HAPPY 1st BIRTHDAY
~ 1997 key dates ~

ISSUE DATE	PHOTO DEADLINE
Jan. 30, 1997	Jan. 24, 1997
Feb. 27	Feb. 21
Mar. 27	Mar. 21
Apr. 24	Apr. 18
May 29	May 23
June 26	June 20
July 31	July 25
Aug. 28	Aug. 22
Sept. 25	Sept. 19
Oct. 30	Oct. 24
Nov. 26	Nov. 21
Dec. 24	Dec. 19



Rees Turner Gemmell

◀ Rees Turner Gemmell was born Jan. 29, 1996. His parents are Joseph W. Gemmell III and Jean Turner Gemmell of Haverhill. Grandparents are Anne Rees Gemmell of Andover and Charles and Evelyn Turner of Bradford. Great-grandmother is Consuelo Broussard Rees of Breaux Bridge, La. Rees has a brother, Billy, 4½, and sister, Katie, 2½.

Talking about solutions for crowded schools

(Continued from page 1)

tion. Another forum is scheduled for Wednesday, Feb. 12, at 7 p.m. in the West Middle School cafeteria.

The least expensive option presented Monday would be to build a new middle school for grades 5 through 8. This $24.3 million option would mean a switch from the current middle school configuration where the middle schools house grades 6 to 8. Doherty and West middle schools would not be renovated.

To renovate the two existing middle schools while building a new middle school for grades 5 to 8 will cost an estimated total of $36.2 million, according to the advisory committee.

A $30.8 million option would add classrooms to Sanborn Elementary and pay for both adding onto and renovating the existing middle schools for grades 6 to 8.

Another option would add classrooms to Sanborn, build a new middle school for grades 6 to 8, and renovate the two existing middle schools for an estimated price of $34 million.

Bruce Maki, Doherty's assistant principal, told the approximately 80 people who attended the forum that the advisory committee had looked at 11 major building project configurations and several more subsets of those 11 major possibilities.

The advisory committee saw problems with several options because they would eliminate a school building and/or cost more than $38 million, he said. The committee also felt less positive about options that would build "a non-efficient school," such as a school with only two rooms per grade.

Mr. Maki then presented the four options that did not have any of these drawbacks.

After the advisory committee made its presentation on the student population problem and the solutions considered, audience members had a chance to ask questions. Following the question and answer session, the room broke into small discussions groups.

Dick Neal, superintendent, said school officials will consider a few new options presented by audience members during these discussion sessions.

"I think the news to me was that we had a lot of people come. That was encouraging to me," said Mr. Neal

"As far as new options, I think there were two or three that we will take a look at," he said. "I'm not sure they were overly significant, but they were worth taking a look at."

Space needs

According to information presented by the Space Needs Advisory Committee, Andover's current enrollment for both the elementary- and middle-school levels is already above Andover's seating capacity based on the School Committee's class-size policy.

Because both levels are projected to increase by around 200 students between this year and 2009, many if not all officials want to build more classrooms.

"We feel that maintaining the status quo is essentially going backwards," said Tom Carroll, advisory committee member.

Jim Redmond, advisory committee member, showed slides of fifth grade students working in a corridor, the new music room at Sanborn elementary being used as a regular classroom, and the West Elementary cafeteria being used part-time for art classes.

He also showed a picture of xylophones sitting on a wheeled cart.

"This is the music program as it currently exists," he said.

Mr. Redmond said having art or music on a cart takes away from instructional time and limits the type of projects teachers can offer their students.

Mr. Carroll talked about how hallways are used for gym and a home economics room is used for science classes.

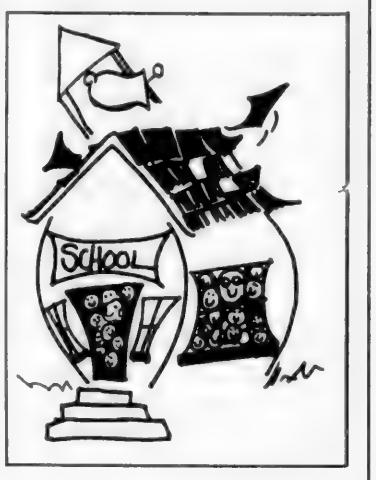
"This is the situation not in the year 2002, but today, as we speak," said Mr. Carroll.

Mr. Neal said if Andover never builds more classrooms it will likely decide to pay for portable classrooms. But he said he would only want to use portable classrooms if all else fails.

"Portable classrooms as a temporary solution become a permanent solution," said Mr. Neal. If the town uses them now they will not only drain the operating budget, but "you'll never have the facilities that this town ought to have," he said.

Possible building solutions

OPTION	COST (M)
Build new 5-8 middle school	$24.3
Add to Sanborn Elem. Add/renovate Doherty and West middle schools	$30.8
Add to Sanborn Build new 6-8 middle school Renovate existing middle schools	$34.0 mil.
Build new 5-8 middle school Renovate exiting middle schools	$36.2 mil.



News Calendar

THURSDAY, JAN. 30

Sanborn School Council, 3:30-5 p.m., conference room, Sanborn School.

Bancroft School Council, teachers coverage, 6 p.m., Bancroft School.

Cable Advisory Committee, 7:30 p.m., third floor, town offices.

Zoning Bylaw Task Force Committee, 7 p.m., first floor, town offices.

SATURDAY, FEB. 1

School Committee, budget workshop, 8:30 a.m.-noon, School committee room.

MONDAY, FEB. 3

Board of Selectmen, 7:30 p.m., third floor, town offices.

Council on Aging, 8 a.m., 36 Bartlet St., Senior Center.

TUESDAY, FEB. 4

Conservation Committee, 7:45 p.m., third floor, town offices.

Andover School Committee, 7:30 p.m., School Committee room.

South School Council, 3:30 p.m., conference room, South Elementary School.

WEDNESDAY, FEB. 5

Design Advisory Group, 8 p.m., first floor, town offices.

School Committee, Budget workshop, 7 p.m., School Committee room.

Open Space and Outdoor Recreation Plan Committee, 6:30 p.m., Memorial Hall Library.

Ballardvale Historic District Commission, 7 p.m., third floor, town offices.

THURSDAY, FEB. 6

Board of Appeals, regular monthly hearings, 6:30 p.m., second floor, Memorial Hall Library.

SATURDAY, FEB. 8

Board of Appeals, deliberation meeting, 9 a.m., second floor, Memorial Hall Library.

MONDAY, FEB. 10

Board of Selectmen, 7:30 p.m., third floor, town offices

WEDNESDAY, FEB.12

School Committee, space needs forum, 7 p.m., West Middle School cafeteria.

THURSDAY, FEB. 13

School Building Committee, 7:30 p.m., third floor, town offices.

TUESDAY, FEB. 18

Board of Health, 6 p.m., second floor, town offices.

MONDAY, FEB. 24

Board of Selectmen, 7:30 p.m., third floor, town offices.

TUESDAY, FEB. 25

School Commission, 7:30 p.m., school committee room.



Photo by Lisa Adelsberger

A school bus fully occupied with students was struck broadside by a car at the intersection of Chestnut and Whittier streets last Thursday at 3:23 p.m. No injuries were reported. The bus was towed from the scene and Trombly bus company sent a second bus to the scene to drive the kids home.
The bus was traveling southbound on Whittier Street and attempted to cross Chestnut into Whittier Court, to the rear of Doherty Middle School. It was struck by a car operating westbound on Chestnut Street. John A. Getchell, 35, of Upton, the driver of the car, said the bus pulled right out in front of him. Ildefonso Valazquez, 50, of Lawrence, the bus driver, was cited for not granting right of way after stopping.

Deborah Lane loves her job at the gift shop

(Continued from page 1)

began hitting her in the ribs, according to both sisters. A mannequin outside fell on top of the pair before the man broke loose and ran up Post Office Avenue. Ms. Lane ran after him but he disappeared down the alley next to My Brother's Place pizza shop.

Jack Norton, manager of the Athlete's Corner next door, said he saw the two sisters run in different directions, and police officer Bob Cronin pull up in his cruiser and take off running. Then police were everywhere, he said.

'I report them all. Letting shoplifters go, especially the kids, doesn't do them any favors. I think it does the whole community a disservice letting them get away with that.'

Robert Buck, 27, of 8 Summer St., was found hiding in the alley between Post Office Avenue and Park Street. He allegedly had attempted to stash his turquoise San Jose Sharks hockey jacket in the alley. In it police found the bottle, valued at $18. Mr. Buck was charged with shoplifting and two counts of assault.

Asked why she took the chance she did, Ms. Lane said, "The adrenalin flow was so incredible." She never had time to think about what she was doing.

"It was all over before we could realize it was that bad. It really was fast," she said. "The whole thing was bizarre. I've had other people go after me, but never actually hit me."

She said her husband said the thief must have "gotten her Irish up."

Thefts not uncommon

Ms. Lane has owned and operated The Andovers Gift Store for almost 16 years, the first 10 just around the corner at 10 Post Office Ave., and nearly six years in her current location. Although last week's battle was extreme, shoplifting incidents at the store are not uncommon. A glance at the police log shows that last week's incident was at least the ninth time police have been called to her store for shoplifters in the last four months. Ms. Lane didn't even want to try to figure the number of times she's caught shoplifters, but guessed that it averages about one every other week.

"I report them all though. I think it's the right thing to do," Ms. Lane said. Letting shoplifters go, especially the kids, doesn't do them any favors, she said. "I think it does the whole community a disservice letting them get away with that."

Most of those caught are middle-school age, and often the incidents involve more than one youth. But adults are also caught stealing. Most suspects wait calmly for police.

"I've never been wrong," she said of making an accusation.

First-time offenders are usually given probation and some community service, which Ms. Lane has no problem with. But thieves shouldn't look to her for leniency. One young man caught recently tried to justify his actions saying something about corporate profits being excessive, she said. Others, like Mr. Buck, try to pay after they are caught.

"It sickens me," she said of those who try to pay her or just walk away like it's nothing. "It's a slap in the face."

But Ms. Lane also wanted to make it clear that the shoplifters are an extremely small percentage of the people who visit her store.

"I have thousands and thousand and thousands of customers and it's only a little bit of that," she said. "And it's not most of the kids. Most of the kids that are around are fine."

Ms. Lane said she doesn't have a dollar figure as to how much theft costs her annually, but said it isn't a great amount.

"I'm not losing a lot of big stuff, I know that," she said. "It looks like we are having more of a problem than we are because we are catching them."

Lava lamps, jewelry, pottery, art glass, wind chimes ...

Deborah Lane has no intention of letting the shoplifters who frequent The Andovers Gift Shop dissuade her from doing business.

"This is my job and I really like doing this. I like interaction with people more than anything else in life," she said.

She doesn't have an office in the back because then she'd have to sit in it and she wouldn't be out on the floor, she said. "It would be a whole different life. I do my paperwork at home."

She also reads at home, a lot of periodicals about modern culture, styles and trends. Her husband, Robert Lane, works at Raytheon and has been a resident of Andover since he was 7. They have three children, two of whom work in the store.

It takes time to establish a business and make a salary at it, Ms. Lane said. "If I based my business on making a profit after five years, I would have been gone," she said. "I didn't buy a house until four or five years ago."

And though she's "not poor anymore," she's not independently wealthy either.

"I take a lot of pride in what I do. I work really hard at it because of that. I feel it's a reflection on myself and my family."

Her employees feel the same way, she said. "And actually, they are a part of my family."

Ms. Lane packs a lot into the 800 square feet in her store. She characterized her line of goods as "eclectic, because we have everything."

If someone calls to asks what she carries, she finds it easier to ask them what they are looking for.

She has lava lamps, jewelry, cards, candles, pottery and art glass, wind chimes, garden items, bath oils and countless other items. She couldn't say how many items. Regular customers come from Boston, across the state and southern New Hampshire to shop in her store, Ms. Lane said. They represent all different ages, styles and walks of life. "It's across the board. It's really neat. The rewards outweigh the problems by a lot, and the same for the kids."

The same age group that causes most of the problems, the middle-school kids, are the most fun, she said. She watched many of her employees grow up because they shopped there. And many of her former employees now have kids of their own who they bring into the store.

"Joy (Sandison, one of her seven current part-time employees) was in grammar school and used to always come in and buy Joy oil and she used to tell me, 'That's my name, Joy.' She was so cute," Ms. Lane said.

Though Ms. Lane said she feels Andover is a sheltered and very safe place to live and work, she stopped staying open at night, fearing her employees' safety. For about a year she kept the store open until 8 p.m. Thursdays and Fridays, but an adult crowd of shoplifters began frequenting the store during those times. She also felt sure they were being cased by would-be robbers when the same men came in at different times wearing disguises. She now closes the door at 6 p.m.

"You would have to have police presence to be open at night, or you'd have to have more shops open and more foot traffic to make it comfortable," she said. "There's plenty of work to do, so I don't mind paying (the employees), but you can't leave yourself a target, and that's what we were doing.

"I don't fear for myself, as you can tell – whether that's good or not I don't know. But I don't want anything to happen to anyone who is working for me."

State representative seat cost $57,500

By Neil Fater

State Representative Barry Finegold, D-Andover, outspent his Republican opponent, James Fox, two to one in 1996 while winning the 17th Essex District seat.

Rep. Finegold burned about $57,501 while Mr. Fox shelled out around $28,473.

During election night, Mr. Fox talked about how he believed his Democratic opponent had significantly outspent him. Mr. Finegold said people should remember he faced a challenge in the primary, while Mr. Fox ran unopposed.

Both candidates did add to the cost of their campaigns last week by missing the Jan. 21 deadline for returning final campaign finance reports to the state.

There's a fine of $10 per day for each day the report is late to the state's Office of Campaign and Political Finance, said Denis Kennedy, public information director.

Rep. Finegold returned his report one day late.

"He paid $10. With Mr. Fox, the clock is still ticking," said Mr. Kennedy mid-day Monday. Mr. Kennedy said Wednesday that Mr. Fox returned the report Tuesday and paid his $60 fine.

Mr. Fox spent a total of $28,472.70 on his campaign.

Between Jan. 1 and Sept. 9, 1996 he spent $10,321.26. He spent another $9,436.28 from Sept. 10 through Oct. 18 and an additional $8,715.16 from Oct. 19 to Jan. 21.

As of Jan. 21, Mr. Fox had outstanding liabilities of $9,653.32, according to Mr. Kennedy.

In total, Rep. Finegold spent $57,500.92 on his campaign during 1996.

According to the reports Mr. Finegold filed with the state Office of Campaign and Political Finance, he spent $19,495.48 between Jan. 1 and Aug. 30.

Aug. 30 was eight days before Mr. Finegold's primary battle with fellow Democrat Denise Parsons. Mr. Finegold defeated Ms. Parsons 1,177 votes to 1,027 votes.

Mr. Finegold then spent $20,270.96 between Aug. 31 and Oct. 18.

Oct. 18 was eight days before his general-election contest with Mr. Fox. He defeated Mr. Fox 8,318 to 7,679 votes.

From Oct. 19 until the end of 1996, Rep. Finegold spent $17,734.48. As of the end of 1996, Rep. Finegold had $13,821.07 in outstanding liabilities.

Although candidates typically use the reporting dates used by Rep. Finegold, Mr. Kennedy said the state does not have a problem with the reporting dates used by Mr. Fox.

Of using Jan. 21 as his ending date, Mr. Fox said, "I did it so it completely ends the campaign in a sense."

LETTERS

AHS junior: Construction disruptive

Editor, *Townsman:*

I am writing in reference to the construction at Andover High School. I am a junior at the High School and want to express my concerns on the attenuated process that the builders are undergoing.

It seems to me and also to my fellow students that the construction is a very big distraction. This whole process is taking a toll on our learning. Allow me to point out a few problems. The fire alarm situation, that I hope is fixed, took us out of class and forced us into the frigid weather without coats and distracted the teachers from their curriculum.

Another aspect of the dilemma is the frequent power outages. In deference to the builders, not all of them are their fault, but on some occasions the constructors have either cut a wire mistakenly or hit a gas line, which last year forced a premature dismissal. Many students, especially juniors, need more time in class to take notes or finish a quiz without the distraction of jackhammers or the aforementioned problems so we can get our grades decent enough for college. After all, wasn't the whole project supposed to be completed a long time ago?

Zakk Traynor
AHS '98
12 Nicoll Drive

Does Andover add fluoride to its water?

Editor, *Townsman:*

During a conversation with my son-in-law, who lives in Methuen, the subject of water fluoridation came up. He stated that Methuen does not fluoridate their water and I stated that Andover does.

Recently, I had the opportunity of having both our tap water evaluated by US Filter/Ionpure in Lowell. I received their results on Jan. 16. The "Safe Drink Water Act Limit" states a fluoride level of 1.4 to 2.4 MG/L. The Andover results were the same as Methuen; both showing a value of 0.100 MG/L. My question is, does Andover have fluoridated water?

Anthony J. Sofia
29 Gray Road

Yes, Andover fluoridates

"Yes. Andover fluoridates," Bob McQuade, Andover's Public Works director, said this week in response to Mr. Sofia's question. "I don't know what water they tested. They didn't test Andover water."

Mr. McQuade is the one responsible for overseeing the town's Robert E. McQuade Water Treatment Plant on Lowell Street, which is named after him and where the fluoridation process takes place. Andover's water has 1.0 parts per million, (same as milligrams per liter).

"We test it daily. The state double-checks it," Mr. McQuade said.

Rep. Finegold to hold local office hours today, a.m. and p.m.

State Rep. Barry Finegold, D-Andover, will hold office hours Thursday, Jan. 30, at the Andover Senior Center at 36 Bartlet St. from 8:30-9:30 a.m. and at Memorial Hall Library, in Elm Square, from 6-7 p.m.

For more information, call Rep. Finegold at (617) 722-2800, Ext. 7303.

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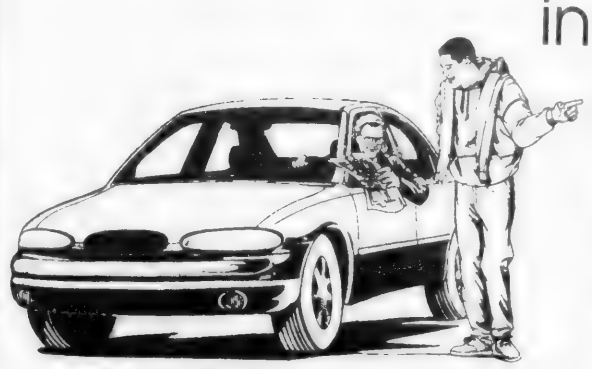
Saturday, February 8th - 10:00 a.m.-5:00 p.m.
Meet the David Yurman Representative with the debut of the New Spring line.

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Townsman Editorials

Winner, New England Press Association's Editorial Page Awards 1993, 1995 · Horace Greeley Award for Community Service

School space solutions

OK folks, pay attention. School officials are going to be talking about needing $25 to $40 million to solve the elementary- and middle-school overcrowding problems in Andover. That was the lead story on page 1 in the Jan. 9 issue of this newspaper, and it will be a major story until we come to Town Meeting April 14.

So it's time to sit at the edge of our seats, sharpen our pencils, and ask some hard questions. For instance:

• Where are we going to get that kind of money?

• Officials say there is reimbursable money from the state, but that depends on what building plan we use. Is it safe to assume we will get reimbursed?

• And, can't we first think of creative uses of existing space before we go spending millions of dollars?

The next public forum on the school space needs will be held Wednesday, Feb. 12, at 7 p.m., West Middle School cafeteria.

Run for School Committee

While there already are two good candidates for the two three-year School Committee seats available in the March 24 town election – Frank "Skip" Eccles and Timothy McCarron – so far they will walk right into those seats without a race.

Both incumbents, Lloyd Willey and Susan Dalton, have announced they will not seek re-election.

We mean no disrespect to Mr. Eccles and Mr. McCarron, for they are both strong candidates. However, where there is an uncontested election the issues are not vigorously debated. And that's not healthy.

Surely there are candidates who have an opinion on the overcrowded elementary and middle schools. Surely there are residents who want to guide our schools into the year 2000.

If the 50 required signatures scare you, let us calm you down. You can easily collect more than 50 outside of the Market Basket in a short time. The signatures are due next Tuesday, Feb. 4, at the town clerk's office, town offices. Let's have a true race. Give it a shot. Every resident should have the privilege of serving the town.

Letters

Dave McGillivray is a great race director

Editor, *Townsman:*

In the Jan. 23 *Townsman,* Jack Brady questioned the finances of the Feaster Five Thanksgiving Day road race. (See "Feaster Five money," page 31. Dave McGillivray responded with a thorough explanation of costs, but in his answer, Mr. Mcgillivray repeatedly refers to the Feaster as not just a road race but an "event," and an event it is, and certainly one of its greatest assets is the directorship of Dave McGillivray himself. With his unquestioned integrity and credentials Dave has helped transform a terrific little holiday race into an event that impacts a majority of Andover families and helps to give our community its identity. If anybody has seen the replay production of the race on ESPN, which Mr. Mcgillivray has helped acquire, they would agree that ESPN has shown our whole town in a most complementary light, focusing on our children's participation and families walking the course.

The $18 entry fee does not go to "fund raisers," and "banditry" is not a solution, it only creates more problems for the event staff.

Dave DeInnocentis
5 Random Lane

Watching the wetlands

Editor, *Townsman:*

Recently, an application for approval to subdivide land located at 38-40 Rocky Hill Road was filed in the town of Andover. The application was submitted by an organization that does not hold title to the property. In addition, the applicant, "Sterling Development Co. Inc.," is not registered with the Massachusetts secretary of state as an incorporated business, nor is it registered as an unincorporated business in the town of North Andover, which it claims as the home office.

As town officials, including Andover Town Counsel Thomas Urbelis and the Andover Conservation Commission, know, this land formerly contained wetlands protected by the laws of the commonwealth. The town has aerial photographs taken in the 1970s, which clearly depict a number of wetlands, now gone. They were illegally filled in the 1990s.

The town is also fully aware that the current owners of the property have owned it prior to the time the illegal filling took place. The results of the illegal filling of these precious wetlands was flooding in the basements of several surrounding homes in the area; a significant increase in the amount of water flowing away from the altered lands onto neighbors' land; and perhaps of even more concern, the displacement of dangerous snapping turtles which now threaten the safety of neighborhood

(Continued on page 30)

The leather bar, a morality play

By Perry Colmore

Story telling. I'm big on it. We learn from stories. We teach by telling stories. I'm going to tell you a few stories.

Saturday my brother was with us for dinner. My sister was there, too. And so were my son, my nephew and, well other family members. I can't remember how this came up, but I asked my brother if I could use it here because I think it's such a great story and there's so much to learn from it. By the way, I'm the youngest; my brother's 19 months older and my sister's five years older.



When my brother was in college, our father had given him a check to pay for a semester at college. He paid the bill and then had $100 left.

Not long after that he was walking down a street in Wellesley and he stopped at a fancy and expensive leather shop. On a whim, he went in and he saw a leather bar. You know the type; you've probably seen someone in a BMW take one out at a Harvard-Yale football game.

I wish you could hear/see my brother tell the story.

"Blayney," he says, cupping his hands by his mouth. "Blayney," he says the bar was calling to him.

"Can I help you?" a salesman asked my brother, who by now was fingering the bills in his pants pocket.

"Yes, can I see that bar?" my brother said.

"Certainly," the man said, and handed a green leather portable bar to my brother. It had fancy tools in it, places to strap in the bottle and a corkscrew and well, it was cool.

"Blayney," the bar called him.

"How much is it?" my brother asked.

"It's $92.50," said the man, "and if you want it monogrammed, it would be exactly $100."

"I'll take it," said my brother.

"I'm afraid I can't have it ready in time for Christmas," the salesman apologized.

"Oh, that's OK," said my brother. "There's no hurry."

A few weeks later, he picked up the bar and he brought it home to our house. He was home for Christmas vacation. Immediately he stuck it in the back of his closet, not daring to use it, not knowing what he was going to do with it.

The next time he was home on vacation the worst had happened. Our father knew.

"Is that your bar in your closet?" my father asked.

"Yes," said my brother, and even today he can't quite look us in the eye telling the story.

"How much did it cost?" my father asked.

"A hundred dollars," my brother managed to say.

"You paid one hundred dollars for a bar?" my father shouted. "What must you have been thinking?"

And continuing, my father leveled his most powerful statement: "I'm disappointed in you."

Years and years later, my brother told that story to a therapist. Now this wise man decided he and my brother should play act the whole encounter. Telling the story today, my brother says the therapist had listened well because he said just what our dad had said.

However, when he got to the part after "How much did it cost?" the therapist changed the lines.

"You paid $100 for that beautiful bar? You hot ticket. I wish I'd had the nerve to buy something as cool as that for myself."

I love my brother's story. The therapist freed my brother from his lifelong shame. I thought when I heard the story again Saturday, "Parents need to hear that story."

Next week I'll tell you my family story about Skippy the dog.

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Professional Profile



Attorney David F. Bernardin

Attorney
David F. Bernardin
346 N. Main St.
Andover, MA 01810
508-470-3270

A friendly, caring approach to law marks the legal practice of David F. Bernardin, whose office is in the Aberdeen Building in Shawsheen Square, with convenient adjacent parking and a ground-level suite of offices.

Attorney Bernardin, a Holy Cross graduate, was sworn to the Massachusetts Bar in 1968, and has been engaged in the full-time practice of law since his admission.

A former Essex County district attorney (1969-1972), and a former Essex County public defender (1975-1976), he has handled countless criminal trials, and is at ease in all courts of the Commonwealth.

Real estate, conveyancing, and representing sellers and buyers of real estate in all its facets have been the mainstay of the office. Attorney Bernardin also does much probate and family law work: estate, domestic relations, wills and trust drafting and elder law consultations.

Visits to clients' homes, and after-hour or weekend appointments are readily arranged, as Attorney Bernardin regards his clients as individuals needing personal attention and care, which often requires going that extra step.

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1/30/97 *Sally Lincoln Vogel*

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LETTERS

Watching the wetlands

(Continued from page 28)

children. On at least one occasion, an animal control officer had to be called to the area to remove such a snapping turtle.

The laws of this state provide that the owner of land who illegally violates the Wetlands Act may be fined for each and every day the violation continues, and can be ordered to restore the land to its former state, as much as possible.

I am therefore confounded that our Andover Town Counsel Thomas Urbelis Jr. has repeatedly taken the position that the town cannot enforce the wetlands laws, because two years have passed since the lands were altered. Attorney Urbelis has advised the Andover Conservation Commission that this so-called statute of limitations prevented the town from taking any action as to the land owners. There is no such statute of limitations contained anywhere in the state wetlands laws.

Perhaps it is more than coincidental that attorney Urbelis is a partner in a major Boston law firm, whose clients include real estate developers, whose interests are often contrary to the laws protecting the environment.

I have been paying taxes to the town of Andover and the Commonwealth of Massachusetts for far too long to sit silently by as our so-called town counsel provides advice to our Conservation Commission, which is both legally incorrect and contrary to the interests of the citizens of the town and the commonwealth.

Richard A. Pangonis
30 Linda Road

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POLICE LOG

(Continued from page 32)

streets, and at Canterbury and Scotland Road at about 6:55 a.m. A Chamber of Commerce event was being held at Andover Country Club on Canterbury Street. The picketing took place and was peaceful, according to police.

At 9:54 a.m., police assisted firefighters at a chimney fire on Gould Road.

Saturday, Jan. 25 – At 5:14 p.m., A Dundas Avenue woman reported "some type of critter in her chimney." Officer James Reilly was unable to get the squirrel out. He put a box in the chimney area and left a note for the animal control officer to respond.

Sunday, Jan. 26 – At 10:45 p.m., a High Street woman reported her boyfriend was very drunk and that he was passing out and vomiting at the same time.

Monday, Jan. 27 – At 9:36 a.m., police responded with EMTs to a house on Andover Street where a man reportedly cut off two of his fingers. Clifford D. Whalen, of 170 Andover St., was taken to Lawrence General Hospital where he was discharged Tuesday.

Mr. Whalen, 64, said Wednesday morning that he cut off a finger tip and the entire index finger on one hand, and that neither could be re-attached.

"It was too shredded," he said of the index finger.

The index finger had been injured previously and the "knuckle was shot" anyway, he said. Mr. Whalen said he injured his hand on a 10-inch table saw.

"I was making a coffee table for my wife. I was just starting it," he said.

He will go back to the hospital Tuesday to have the bandages removed from his hand, and will then face six months of physical therapy. Mr. Whalen said he will get back to his carpentry and the coffee table, but his wife, Nancy, isn't so sure that's a good idea.

"I'll be back at it in a month or so. My wife says I won't, but..."

At 9:37 a.m., a 209A restraining order was served to a man on Crescent Drive.

Monday, Jan. 27 – At 12:22 a.m., a caller reported being behind a Nissan Sentra on Route 125 and that the woman operating the Sentra appeared to be very intoxicated. State police were notified, stopped the vehicle and took the woman into custody.

At 4:47 p.m., mail tampering was reported on Balmoral Street.

ACCIDENTS

Accidents were reported at the following dates, time and locations:

(Continued on page 34)

THE REAL ESTATE CORNER



with Pamela Lebowitz

PAM PICKS PRUDENTIAL!

I am very pleased to announce that I have affiliated with **Prudential Howe and Doherty Realtors!**

As many of my Andover friends know, I owned Century 21 Carriage House for seven years. I found, however, running an office took me away from what I love about the real estate business . . . working with buyers and sellers. I enjoy helping sell their homes for the highest price, in the shortest time, with the least amount of aggravation! I enjoy helping buyers find their "dream" houses!

Therefore, I made a decision to get back to what I do best. My extensive investigation indicated that my customers and clients would best be served by my affiliation with Prudential Howe and Doherty. That company's huge and growing market share in Andover, the vast Prudential network, and the fine reputations of owners, Chris and J. B. Doherty, and Doug Howe, convinced me that this was a company of which I could be proud!

In addition to working with buyers and sellers, I enjoy educating the public about real estate issues. With that in mind, I will be contributing this column to the ***Andover Townsman***. It will include articles on such subjects as *Preparing Your House for Market, Financing, Understanding the Documentation*, as well as updates on the latest real estate trends.

Please look for ***The Real Estate Corner*** each week. If you have any suggestions for real estate topics, or if you need any real estate questions answered, please call me at **Prudential Howe and Doherty, 475-5100**. I look forward to helping you.

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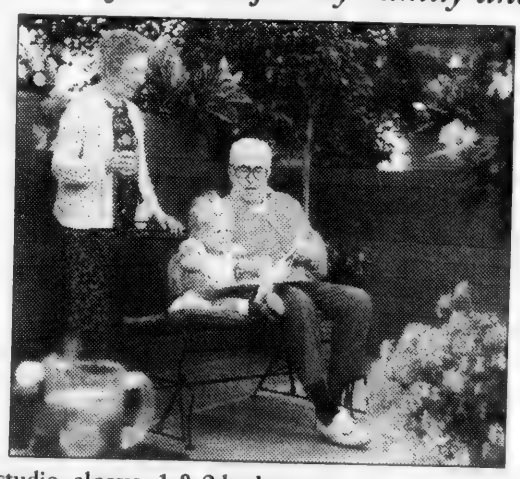
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POLICE LOG

ARRESTS

Wednesday, Jan. 22 – At 5:40 a.m., Sean R. Whittaker, 18, of North Andover, was arrested on Main Street and charged with operating after suspension of his license and on a default warrant.

Thursday, Jan. 23 – At 11:51 a.m., Gabriel J. Deome, 23, of Lawrence, was arrested at CVS/Pharmacy, 68 Main St., and charged with shoplifting.

Friday, Jan. 24 – At 2:21 a.m., a 23-year-old Saugus man and a 31-year-old Newburyport woman were placed in protective custody for alleged drunkenness on Park Street.

Saturday, Jan. 25 – At 6:11 p.m., a woman reported that while walking her dog on Salem Street, she heard a man yelling and screaming using obscenities. A 36-year-old Salem Street man was located and placed in protective custody for alleged drunkenness.

INCIDENTS

Wednesday, Jan. 22 – At 9:12 a.m., an assault was reported at West Middle School. At 10:50 a.m., another assault was reported at West Middle School. According to a police report, one 12-year-old boy struck another. When the father of one of the boys attempted to intercede on his son's behalf, another assault was reported, though it was unclear from the report just who pushed whom.

Thursday, Jan. 23 – At 11:37 a.m., police were called to Greater Lawrence Technical School to stand by with EMTs treating a student who "took an overindulgence of Aspirin."

Friday, Jan. 24 – At 4:28 a.m., a Lawrence Firefighters Union representative reported that approximately 40 firefighters would be picketing at the intersection of Canterbury and Lowell

(Continued on page 33)

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Understanding Chiropractic

by Mark F. DeLorenzo, D.C.

DISCS AS CAUSES OF BACK PAIN?

Positioned as they are between the 26 vertebrae along the spine, it is easy to see how discs may be viewed as the culprits of back apin. While it is their function to separate and cushion the bones of the spine, a bulging disc can press against the nerves running down the spinal column to disrupt the electrical impulses they carry. As a result, discomfort originating in the spine may be felt elsewhere as pain, tingling, or weakness. However, this does not necessarily mean that a damaged disc is the cause of back pain. A recent MRI study of 98 subjects who reported no back pain revealed that 2/3s of them had some type of disc abnormality. The concern with these results arises over the possibility that someone with back pain and a positive MRI finding may resort to surgery to resolve a disc problem that is unrelated to his or her pain.

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P.S. The information presented by the study mentioned above illustrates that the process of diagnosing and treating back and neck pain is a painstaking one because each can have multiple causes.

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SPORTS

Women's teams continue to roll

AHS SPORTS ROUNDUP

By Rick Harrison

The Andover High varsity hockey team continued its recovery from a slow start by posting a pair of impressive victories to inch closer to the .500 mark.

The women's gymnastics, basketball and track teams continued to roll along undefeated, while both AHS ski teams are challenging for second place and a berth in the State Meet.

The men's basketball team saw its league title hopes dealt a severe blow when it was blindsided by Lowell.

WOMEN'S BASKETBALL

Charlotte Muller poured in 23 points, while Sue Tully added 12 points and 12 rebounds, as the undefeated Andover High women's basketball team knocked off the No. 1 team in Rhode Island, St. Raphael's of Pawtucket, 50-42 in non-league play at the Dunn Gym on Super Bowl Sunday.

That victory, coupled with a pair of Merrimack Valley Conference victories over Lowell (67-31) and Billerica (56-47), boosted the locals to 14-0 overall and 9-0 in the league entering the final third of what could become the most memorable season in AHS women's hoop history.

Coach Jim Tildsley's top-ranked squad has a big game tomorrow when always-dangerous three-time defending State Division 1 champion Haverhill (9-4, 7-2 MVC) invades the Dunn Gym (7:30 p.m.).

Scoring race

After 14 games, Charlotte Muller led the scoring parade with 252 points this season and 956 for her career.

Sue Tully had 150 points (11.5 average), Sarah Muller 138, Laura Orlando 90 and Janice Coppolino 67.

Andover 56
Billerica 47

Charlotte Muller poured in a season-high 31 points, draining five treys and hitting a perfect 8-for-8 from the free throw line, as the Lady Warriors handled the host Indians (7-7) Tuesday night despite the absence of Sue Tully (flu).

Muller, closing within 44 points of the coveted 1,000 career plateau, also contributed seven rebounds, six steals and four assists.

"Without Suzie in the lineup Charlotte really stepped it up a couple notches," said coach Tildsley.

The game was not as close as the final nine-point margin. Andover led by 15 points at the half (33-18), and built the advantage to 23 points in the second half before Tildsley began substituting freely.

Billerica never came closer than 10 points until a three at the final buzzer brought it down to nine.

No one else was in double figures for AHS, as Laura Orlando and Lindsey Pearson followed with eight points each. Pearson also pulled down 13 rebounds.

Sarah Muller tossed in five points, passed out 11 assists and collected eight rebounds, while single baskets were netted by Kristen Foley and Courtney Barron.

Billerica standout Kelly Barker paced the Indians with 22 points and 15 rebounds.

Andover 50
St. Raphael's 42

The Lady Warriors started out strong, racing to a quick 10-2 lead with a pair of Charlotte Muller three-pointers and two Sue Tully hoops doing the early damage.

"We were up by 10 points most of the first half," said coach Tildsley. "Tully got in foul trouble late in the half, but Kristen Foley came in and did a nice job."

The Lady Warriors led 31-21 at the break, and never let St. Raphael's any closer than six points in the second half.

"Our second-half shot selection was good but we didn't shoot as well," noted Tildsley, whose club was outscored 21-19 in the final 16 minutes. "They closed to within six points with about three minutes to play, and when Tully fouled out we went with a smaller lineup."

Freshman Lindsey Pearson hit a big basket, sophomore Janice Coppolino had four crucial blocks to frustrate the visitors, and Sarah Muller deposited a pair of key free throws at the end.

"We played a 2-3 zone for much of the game, and the only real tough matchup was inside with Tully and their top player," said coach Tildsley. "Sue wasn't feeling well to begin with, but she still came up with a solid effort.

"Laura Orlando was a key to the win with her weak-side rebounding. She had five of her seven rebounds late in the game."

Charlotte Muller, named Player of the Week by a Boston newspaper, added five assists to her 23 points.

Sarah Muller finished with five points, 10 assists and seven rebounds, while Pearson added four points and nine boards.

Orlando scored three points, Foley two, Coppolino one and Viki Pierce played excellent defense.

"After talking to their coach before the game I think they felt confident they'd beat us," said coach Tildsley. "Our girls played them in a summer tournament at Stonehill, but neither team was at

(Continued on page 36)

ANDOVER SCORING
WOMEN'S BASKETBALL
(14 games)

	FG	FT	Pts
Charlotte Muller	92	38	252
Sue Tully	63	24	150
Sarah Muller	48	19	138
Laura Orlando	35	20	90
Janice Coppolino	31	5	67
Lindsey Pearson	22	4	48
Kristen Foley	14	6	34
Viki Pierce	5	5	15
Courtney Barron	5	0	10
Jenna Hartwell	3	2	8

3-pointers: C. Muller 30, S. Muller 23.

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POLICE LOG

(Continued from page 33)

Thursday, Jan. 23 – 6 a.m., hit-and-run, near 464 Lowell St.;

Friday, Jan. 24 4:18 p.m., hit-and-run, near 195 Main St.;

6:01 p.m., minor, near 400 Lowell St.;

6:27 p.m., near 400 Lowell St., sander requested due to icy conditions;

10:24 p.m., car vs. utility pole, near 17 Red Spring Road;

10:30 p.m., hit-and-run, near 40 Essex St., parked car sideswiped;

Saturday, Jan. 25 – 12:20 a.m., car vs. stone wall, near 157 North St;

Monday, Jan. 27 – 7:01 p.m., River Road near Interstate 93;

10:49 p.m., near 140 Dascomb Road, three cars involved.

BREAKS

Wednesday, Jan. 22 – At 6:20 p.m., an attempted house break was reported on Elm Court after a resident came home and found a lock missing from a back door.

At 9:04 p.m., a break into an apartment was reported after a resident came home and found it ransacked. The resident was going to be seeking a restraining order.

Thursday, Jan. 23 – At 9:05 p.m., an apartment break was reported on Maple Avenue.

THEFTS

Thursday, Jan. 23 – At 2:34 p.m., an employee at Rolling Green Golf Course reported lawn maintenance equipment taken from the pro shop garage.

At 6:46 p.m., a theft was reported on Tally-ho Lane.

Friday, Jan. 24 – At 7:41 a.m., Phillips Academy security reported the theft of a VCR from a property on Main Street.

Saturday, Jan. 25 – At 10:04 a.m., a bike was reported taken from a garage on Chandler Court.

At 7:59 p.m., registration plates were reported taken from a car at the commuter lot on Dascomb Road.

VANDALISM

Friday, Jan. 24 – At 2:46 p.m., damage to property between 90 and 98 Cheever Circle was reported.

Saturday, Jan. 25 – At 9:56 a.m., a car reportedly ran over a mailbox overnight on Beacon Street.

CAR THEFTS

Wednesday, Jan. 22 – At 9:10 p.m., a 1991 Toyota Camry was reported taken from Bulfinch Drive.

Thursday, Jan. 23 – At 7:38 a.m., an attempted car theft was reported after a Dufton Road resident found a car window broken and the ignition damaged.

February health clinics

Home Health VNA, a United Way-funded agency serving the Merrimack Valley and Southern New Hampshire, offers free elderly health clinics throughout the Merrimack Valley. Clinics in Andover are staffed jointly by Home Health VNA and the Andover Health Department. Clinics will be held Monday, Feb. 10, at Andover Commons, and Monday, Feb 24, at Frye Circle from 1 to 3 p.m. both days. The clinics are conducted by Home Health VNA registered nurses. Call the health department at 623-8200 or Home Health VNA at 373-1141, Ext. 3150.

Story idea? Call the editor at 508-475-1943

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by Richard D. Hopgood, D.M.D.

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AHS SPORTS ROUNDUP

(Continued from page 36)

bars (instead of the usual six), and there were just five on beam and in vault."

The locals were also without junior all-around standout Rachel Isenberg, who was sidelined with the flu.

Mara Shiff moved center stage and placed first on balance beam with an 8.6, second in floor exercise at 8.4, tied for fourth in vault (8.3) and on the uneven bars (5.7) on her way to the all-around title.

Junior Amy Shui was a double winner in floor (8.7) and on bars (8.3), and she also finished a close second in vault (8.6).

Junior Julie Mullane won the vault with an 8.65 and finished second on bars (7.9).

Sophomore Kerri Krivelow was second on beam (8.0) and registered the day's lone personal best with an 8.5 for third in vault.

Senior Captain Nicole Carpentier contributed a pair of third places on bars (7.8) and beam (7.7).

Freshman prospect Kristin Kearins tied for fourth on beam (7.6), in vault (8.3) and added a 7.6 in floor.

Sophomore Kate Gerry placed third in floor (8.0) and scored 7.5 on beam, freshman Cristin Sawyer scored 7.4 in vault, and also competing for AHS in floor were junior Sarah Garick (5.5) and senior Captain Ami Regan (5.2).

ANDOVER SCORING

ICE HOCKEY
(11 games)

	G	A	Pts
Rob Busby	6	9	15
Josh Hoerner	6	8	14
Doug Henderson	4	6	10
Scott Ciruso	5	3	8
Albert Kwon	3	4	7
Robert Kwon	3	3	6
Ryan Boilard	2	3	5
Adam Colucci	2	3	5
Scott Petersen	1	4	5
Matt Antaya	1	2	3
Marty Lastrina	0	3	3
Matt Adams	0	2	2
Mike Thomas	1	1	2
Peter Zetlan	0	2	2
Mike Mallen	0	1	1
Gordon Wade	0	1	1

Shutouts: Mike Johnson 1, John Hogan & Taylor Gleason 1.
Hat Tricks: Rob Busby 1, Scott Ciruso 1.

HOCKEY

Sophomore goaltender Mike Johnson and Captain Rob Busby turned in sizzling performances as the resurgent Andover High hockey team posted two impressive victories recently at Merrimack College.

Johnson pitched the shutout in a 2-0 victory over Merrimack Valley/Dual County League Division 2 opponent Lincoln-Sudbury, and Busby completed a hat trick with two goals in the final 2½ minutes of a 4-2 triumph over Division 1 Central Catholic.

The victories stretched the Golden Warriors' win streak through three games and improved the overall record to 4-5-2.

The locals were without the services of goaltender John Hogan for both games.

"Last year John came down with a bad case of the flu about this same time and Mike Johnson rose to the occasion," said head coach Bill Cullen. "He's done it for us again in these last two games.

"A big turning point has to be much more disciplined play by the entire team. We took only three penalties against Lincoln-Sudbury and four against Central."

Andover returned to the ice last night with a key MV/DCL Division 2 battle against Concord-Carlisle (7-4-1), and next week stern back-to-back tests are scheduled at Merrimack College against Division 1 power Tewksbury (Wednesday, 7:15 p.m.) and league Division 2 leader Boston Latin (Saturday, 2:30 p.m.).

Scoring leaders

After 11 games the scoring parade was led by Rob Busby (six goals, nine assists), Josh Hoerner (six goals, eight assists), Doug Henderson (four goals, six assists) and Scott Ciruso (five goals, three assists).

Andover 2
Lincoln-Sudbury 0

Sophomore Mike Johnson stepped in as the starting goaltender and stopped everything fired his way by the L-S Warriors, with the team's second shutout (5-0 over Lowell) avenging an earlier 3-1 loss to Lincoln-Sudbury.

The victory also enabled Andover to climb back into the MV/DCL Division 2 title race with a 2-2-1 league record. The champion earns an automatic Eastern Mass. Tournament berth.

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AHS SPORTS ROUNDUP

(Continued from page 35)

full strength. The team we played in this game was definitely better."

The Lady Knights returned to the Ocean State with a 10-2 overall record.

"We're working on making this an annual game," said Tildsley.

Andover 67
Lowell 31

The Lady Warriors scored 39 second-half points, and surpassed 62 points for the first time this season, on the way to victory in this battle of MVC division leaders at the Dunn Gym.

The loss left Small School frontrunner Lowell at 9-3 overall and 7-2 in league play.

"We played an outstanding second half, one of the best 16 minutes we've put together all season," said coach Tildsley. "Lowell is a scrappy team. The coach (Mike Crowley) is building a good program over there."

The Lady Warriors put together a balanced attack that featured four players in double figures.

Captain Sue Tully was co-high scorer with 15 points and she added 10 rebounds, six blocked shots and four steals.

Charlotte Muller, in reaching the 900 career-point plateau, also scored 15 points while passing out eight assists and recording four steals.

Sarah Muller pocketed 14 points and dished out seven assists, and junior forward Laura Orlando returned to the lineup with 12 points.

Sophomore forward Janice Coppolino had seven points and eight rebounds, freshman Lindsey Pearson two points and eight boards, and junior guard Courtney Barron two points.

Junior center Kristen Foley was also a force underneath, with nine rebounds.

All 12 AHS players received significant floor time, with other strong efforts by junior guard Viki Pierce, junior forward Julie Litzenberger, junior guard Jenna Hartwell and junior forward Lauren Sweeney.

Andover led 28-13 at the half.

WOMEN'S GYMNASTICS

Senior Captain Mara Shiff placed first on balance beam and won the all-around with a 31.00, as the Andover High women's gymnastics team shifted into cruise control and defeated winless Wilmington, 128.05 to 101.20, in recent Merrimack Valley Conference dual meet activity.

The Lady Warriors improved to 6-0 with the victory and moved a step closer to a third consecutive MVC championship and the fourth title in the last five years.

The triumph was also the 22nd straight for the locals, now 29-1 in their last 30 meets, 44-3 over a 47-meet stretch and 65-10 since 1989.

Coach Julie Curtis' crew is at Lowell tonight (7 p.m.), and wraps up the regular season with two more duals at Tewksbury on Saturday (3 p.m.) and home against North Andover next Monday night at the Dunn Gym (7 p.m.).

The MVC Championship Meet is scheduled a week from Saturday at Metnuen (6 p.m.), and later this month the North Sectional and All-State Meets will be held at Algonquin Regional High in Northboro.

Last year Andover finished second in the Sectionals, third at the State Meet and fifth at the New England Meet.

Andover 128.05
Wilmington 101.20

"This meet was another chance for us to rest some people and relax," said coach Curtis. "We only had four compete on

(Continued on page 37)

OFFICE OF THE BOARD OF APPEALS
NOTICE OF HEARING

A continued public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of AT&T WIRELESS SERVICES, 460 TOTTON POND ROAD, WALTHAM, MA. for a Special Permit from the requirements of Article VIII, Section IV.B.33 of the Zoning By-Law to allow the installation of a 10' x 20' shelter, monopole with antennas and associated communications equipment for mobil communications service.

Premises affected are located at 146 DASCOMB ROAD, Andover. Ma. in an INDUSTRIAL D District, and is Shown on Assessor's Map 203 as Lot 2.

DANIEL S. CASPER, ESQ.
CHAIRMAN

January 23 & 30, 1997

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, February 11, 1997, at 7:30 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet street, on an application filed by Sterling Development Company for an amended definitive subdivision plan entitled "STERLING OAKES" proposing 11 lots on property owned by Alfred and Althea Morrison off Rocky Hill Road. The plan and associated documents may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER
PLANNING BOARD
Michael H. Miller, Esq.,
Chairman

January 23 & 30, 1997

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TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be held on Tuesday, February 11, 1997, at 8 :15 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, pursuant to MGL, Chapter 40A, Section 5, on a proposed amendment to Section VI.U. (Adult Use Regulations) of the zoning by-law which would add a purpose and intent statement as follows:

"It is the purpose and intent of this by-law to address and mitigate the secondary effects of the adult uses referenced herein, which include increased crime, adverse impacts on the public health, safety and welfare, decreased property values, and neighborhood blight, all of those secondary effects having been clearly confirmed in numerous nationwide studies, in addition to reports given by public safety officials, all of which have been relied upon in considering the enactment of this by-law."

The proposed amendment may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Esq., Chairman

January 23 & 30, 1997

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Pamela S. Woodroffe, to First Essex Savings Bank, dated April 26, 1993 and recorded with the Essex County (Northern District) Registry of Deeds at Book 3712, Page 334, of which mortgage First NH Mortgage Corp is the present holder by assignment, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 a.m. on February 10, 1997, on the mortgaged premises located at 32 Cross Street, Andover, Essex County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:

The land with all the buildings thereon, situated in said Andover, being shown as Lot #35 on Plan of Land entitled: "Subdivision Plan of a portion of Andover Hills, Andover, Mass., Section 2" dated July, 1970, Clinton Foster Goodwin, Reg. Prof. Engineer, recorded with North District of Essex Registry of Deeds as Plan #6555, bounded:

EASTERLY	191.21 feet by Cross Street, as shown on said plan;
SOUTHERLY	246.41 feet by Lot #36 as shown on said plan;
WESTERLY	159.52 feet by land now or formerly of Joseph W. Monahan, III, as shown on said plan; and
NORTHERLY	248.34 feet by Lot #34 as shown on said plan.

Containing 48,160 square feet according to said plan.

Also included in this conveyance is the area abutting the above described lot along Cross Street and described as "reservation strip" on said plan.

For mortgagors' title see deed recorded with Essex County (Northern District) Registry of Deeds in Book 1806, Page 248.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens, or existing encumbrances of record, which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand ($5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at the Law Offices of Mark P. Harmon, 27 Needham Street, P.O. Box 610389, Newton Highlands, Massachusetts 02161-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price.

Other terms, if any, to be announced at the sale.

FIRST NH MORTGAGE CORP.
Present holder of said mortgage

By its Attorneys,
HARMON LAW OFFICES, P.C.
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(These divisions, due to the availability of the new high school fields, will play between May 17 and June 30. This allows the league the ability to reduce the number of players per team, which will enhance the girls' ability to learn and play softball. During this spring season we will be evaluating and holding tryouts for summer travel teams. We encourage girls of all abilities to play in the spring league. Games will be played on weeknights and Sundays.

*Must be completing first grade or seven (7) years old by August 31, 1997.

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BUSINESS PROFILES



Culpeppers owner Carl Discepolo

Culpeppers Pub & Grill

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The signature pasta dish is "Culpeppers pasta toss," fresh broccoli, mushrooms, onions and sweet red and green peppers sautéed in olive oil and Italian seasonings over tomato basil penne pasta.

A special marinade concocted by chef and owner Carl Discepolo is one of the treats you'll find at **Culpeppers**. The teriyaki-based marinade, perfected during Carl's 20 years in the restaurant business, is very popular on steak or chicken, and is also responsible for what Carl calls "the best marinated burger in town."

Culpeppers has a full range of appetizers, soups, salads, sandwiches and burgers. It also offers specialties that include charbroiled and marinated steaks, ribs and pasta dishes. With more than 50 items on the menu, there is sure to be something to please everyone. Lunch and dinner specials are offered on a daily basis.

Every Thursday and Friday from 5 to 7 p.m., **Culpeppers** offers 20-cent buffalo wings at the bar. Budweiser 16-ounce drafts are just $1.75 all the time. **Culpeppers** has all the Bruins home games on two televisions screens, and a pool table is set off to one side along with a CD jukebox.

Culpeppers is available for private functions and can cater an event to meet your needs.

On Saturday night, March 15, the Joe Richard Band will be performing at **Culpeppers**.

Culpeppers Pub & Grill is located in the same building as the Willows Racquet Club, at 815 Turnpike St., North Andover, but has its own separate entrance. Restaurant hours are 11:30 a.m. to midnight Monday through Saturday. **Culpeppers** is closed Sundays, but is available for private functions on that day. Telephone: 794-1100.1/30/97.

1/30/97

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A public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of WILLIAM A & MAUREEN E. COLLINS, 16 ARCADIA ROAD, ANDOVER, MA. for a variance from the requirements of Article VIII, Section V.A of the Zoning By-Law and/or Special Permit from the requirements of Article VIII, Section VII A.1 of the Zoning By-Law to allow the construction of additions and alterations to an existing non-conforming structure that will not meet setback requirements.

Premises affected are located at 16 ARCADIA ROAD, Andover. Ma. in a Single Residence C District, and is Shown on Assessor's Map 99 as Lot 15.

DANIEL S. CASPER, ESQ.
CHAIRMAN
January 23 & 30, 1997

OFFICE OF THE BOARD OF APPEALS
NOTICE OF HEARING

A public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of DIGITAL EMPLOYEE'S FEDERAL CREDIT UNION, 141 PARKER STREET, PK 05 P.O. BOX 130, MAYNARD, MA for a Variance from the requirements of Article VIII, Section V.A. of the Zoning By-Law and/or Special Permit from the requirements of Article VIII, Section IV B.10 of the Zoning By-Law to allow the installation of a 24-hour drive-up kiosk building which will not meet setback requirements.

Premises affected are located at 174 DASCOMB ROAD, Andover. Ma. in the Industrial D District, and is Shown on Assessor's Map 203 as Lot 4.

DANIEL S. CASPER, ESQ.
CHAIRMAN
January 23 & 30, 1997

OFFICE OF THE BOARD OF APPEALS
NOTICE OF HEARING

A public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of TOWN OF ANDOVER, 36 BARTLET STREET, ANDOVER, MA. for a Special Permit from the requirements of Article VIII, Section IV B 50 (b) of the Zoning By-Law to allow the installation of a satellite dish.

Premises affected are located at 36 BARTLET STREET, Andover. Ma. in a Single Residence A District, and is Shown on Assessor's Map 39 as Lot 173.

DANIEL S. CASPER, ESQ.
CHAIRMAN
January 23 & 30, 1997

Premises affected are located at 63 BARTLET STREET, Andover. Ma. in a Single Residence A District, and is Shown on Assessor's Map 40 as Lot 47.

DANIEL S. CASPER, ESQ.
CHAIRMAN
January 23 & 30, 1997

OFFICE OF THE BOARD OF APPEALS
NOTICE OF HEARING

A public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of THOMAS R. PEPIN, 9 NORTH STREET, ANDOVER, MA. for a Special Permit from the requirements of Article VIII, Section VII A.1 of the Zoning By-Law to allow the construction of a second story addition to an existing non-conforming structure that will not meet setback requirements.

Premises affected are located at 9 NORTH STREET, Andover. Ma. in a Single Residence B District, and is Shown on Assessor's Map 105 as Lot 4B.

DANIEL S. CASPER, ESQ.
CHAIRMAN
January 23 & 30, 1997

OFFICE OF THE BOARD OF APPEALS
NOTICE OF HEARING

A public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of ROGER C. & JUDITH D. PIERCE 4 ARCADIA ROAD, ANDOVER, MA. for a variance from the requirements of Article VIII, Section VII A.I of the Zoning By-Law to allow the construction of additions and alterations to an existing non- conforming structure which will not meet setback requirements.

Premises affected are located at 4 ARCADIA ROAD, Andover. Ma. in a Single Residence B & C Districts, and is Shown on Assessor's Map 99 as Lot 13.

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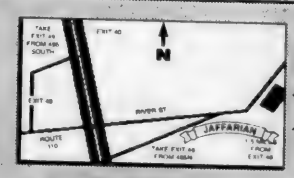


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OFFICE OF THE BOARD OF APPEALS
NOTICE OF HEARING

A continued public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of MERRIMACK VALLEY YMCA, 165 HAVERHILL STREET, ANDOVER, MA. for a Variance from the requirements of Article VIII, Section V.B.3.a(2) of the Zoning By-Law to allow the construction of a free-standing externally illuminated sign which exceeds the area limitations.

Premises affected are located at 165 HAVERHILL STREET, Andover. Ma. in a Single Residence B District, and is Shown on Assessor's Map 1 as Lot 5A.

DANIEL S. CASPER, ESQ.
CHAIRMAN
January 23 & 30, 1997

TOWN OF ANDOVER

BOARD OF APPEALS

Notice is hereby given that a public hearing will be held on Tuesday, February 11, 1997, at 8:45 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, pursuant to MGL, Chapter 40A, Section 5, on the following proposed amendment to the Zoning By-Law:

Amend Section II.1OA of the Zoning By-Law by deleting the words "At least ninety percent (90%)" and replacing with the words "One hundred percent (100%)" so that the second sentence of that section reads:

"One hundred percent (100%) of the lot area required for zoning compliance shall be contiguous land other than land located with a line identified as the wetland margin as shown on maps entitled "Wetland Areas of Andover, MA" and subsequent revisions as approved by the Andover Conservation Commission. The ninety percent (90%) contiguous upland regulation shall continue to apply to a lot in existence prior to the effective date of this by-law."

The proposed amendment may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Esq., Chairman
January 23 & 30, 1997

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

Premises: 12 Apache Avenue
Andover, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Jaishri J. Singh and Juanita C. Singh to GMAC Mortgage Corporation of PA dated December 28, 1994 and recorded with Essex County (Northern District) Registry of Deeds in Book 4192, Page 314, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on the 18th day of February, 1997, A.D. at 12:00 P.M. (noon) at or upon the mortgaged premises, 12 Apache Avenue, Andover, Massachusetts, as described below, being all and singular the premises described in said mortgage,

To wit:

The land with the buildings thereon situated in Andover, Essex County, Massachusetts being shown as Lots 113 and 113-A on a plan of land entitled "Subdivision and Acceptance Plan, Indian Ridge Estate, Subdivider: Indian Ridge Development Corp." drawn by Clinton F. Goodwin, Reg. Land Surveyor, Scale: 1"=40', Date: October 1, 1971. Said Plan is recorded in the Essex North Registry of Deeds, as Plan #6538. Lots 113 and 113-A are shown on Section 7 of said Plan and are more particularly bounded and described as follows:

NORTHERLY	by Apache Avenue, sixty-two and 83/100 (62.83) feet;
NORTHEASTERLY	by Lots 112 and 112-A, three hundred forty-two and 80/100 (342.80) feet;
SOUTHERLY	by land of Indian Ridge Development Corp. and Lot 106 two hundred and 00/100 (200.00) feet and one hundred one and 73/100 (101.73) feet;
WESTERLY	by Lot 114, one hundred seventy-eight and 69/100 (178.69) feet.

Being the same premises conveyed to Mortgagors by deed of Windsor Homes, Inc. recorded with the Essex North District Registry of Deeds in Book 1449, Page 155.

TERMS OF SALE: Said premises will be sold and conveyed subject to all outstanding municipal or other public taxes, tax titles, assessments, liens or claims in the nature of liens, rights of tenants and parties in possession, and existing encumbrances of record, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND DOLLARS and NO/100 ($5,000.00) must be paid by certified, bank, treasurer's or cashier's check at the time and place of the sale by the purchaser as a deposit. The balance of the purchase price is to be paid in cash, or by certified check, bank cashier's check or bank treasurer's check within 30 days thereafter at the Law Offices of Shapiro & Kreisman, 492 Old Connecticut Path, Framingham, MA 01701 (508) 872-0221. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication.

Other terms to be announced at the sale.

Residential Funding Corporation,
PRESENT HOLDER OF SAID MORTGAGE
January 23 & 30, February 6, 1997

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be held on Tuesday, February 11, 1997, at 9:15 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, pursuant to MGL, Chapter 40A, Section 5, on the following proposed amendment to the Zoning By-Law:

Amend Section V.B. of the Zoning By-Law by adding the following new subsection:

"12. Lot/Slope Requirements in the Single Residence Districts: In the single residence zoning districts (SRA, SRB, and SRC), the following provisions of this subsection V.B. 12 shall apply:

a. The purposes of this subsection shall be: (i) to preserve and enhance landscape amenities by encouraging the maximum retention of natural topographic features, such as drainage swales, streams, slopes, ridge lines, rock outcroppings, vistas, natural plant formations, and trees; (ii) to minimize the effects of grading to insure that the natural character of steep slopes is retained; (iii) to minimize water-runoff and soil-erosion problems incurred in grading of steep slopes; and (iv) to encourage innovative architectural, landscaping, circulation and site design. For the purposes of this subsection the term "natural slope" shall be defined as the elevation of the ground surface in its natural state, before man-made alterations such as grading, excavation, or filling.

b. The provisions of this subsection 12 shall not apply to building lots in a definitive subdivision plan submitted in accordance with G.L. c. 41 in order to obtain the protections afforded by G.L. c. 40A, s. 6. In addition, the provisions of this subsection 12 shall not apply to building lots in a definitive subdivision plan approved prior to the enactment of the subsection 12. The provisions of this subsection 12 shall not apply to building lots on a plan subject to G.L. c. 41, s. 81P approved prior to the first date of publication of notice of this by-law.

c. The slope of land at any point, stated as a percentage, shall be defined as the change in elevation over a horizontal distance measured perpendicular to the contours divided by the distance over which the change occurs multiplied by 100.

Slope = (Change in elevation / Horizontal distance measured perpendicular to contours) x 100

d. All natural slopes exceeding 35 percent over a horizontal distance of 10 feet as measured perpendicular to the contour on a building lot are protected and shall remain in their natural state.

e. All areas with natural slopes exceeding 25 percent over a horizontal distance of 30 feet as measured perpendicular to the contour shall be excluded from the calculation of the minimum lot area required for the applicable zoning district.

f The Planning Board may grant a special permit from the provisions of this subsection VI.B. 12, if in the Board's opinion, the proposal satisfies the purposes of subsection a. above.'

The proposed amendment may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H Miller, Esq., Chairman
January 23 & 30,1997

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, February 11, 1997, at 7:30 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet street, on an application filed by Sterling Development Company for a Special Permit for Earth Removal and/or Regrading associated with a proposed subdivision plan entitled "STERLING OAKES" on property owned by Alfred and Althea Morrison of Rocky Hill Road. The application may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER
PLANNING BOARD
Michael H. Miller, Esq.,
Chairman
January 23 & 30. 1997

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be held on Tuesday, February 11, 1997, at 8:00 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, pursuant to MGL, Chapter 40A, Section 5, on a proposed amendment to the Zoning By-Law to incorporate elderly housing regulations which will allow for Multiple Family Assisted Living Facilities, Long Term Care Facilities, Congregate Living Facilities, and Independent Living Residences in the SRA, SRB, SRC, GB, and MU zoning districts under a special permit from the Planning Board, said facilities intended to provide housing and services for the elderly in a residential environment. The full text of the proposed amendment may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER
PLANNING BOARD
Michael H. Miller, Esq.,
Chairman
January 23 & 30, 1997

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LEGAL NOTICES

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be held on Tuesday, February 11, 1997, at 9:00 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, pursuant to MGL, Chapter 40A, Section 5, on the following proposed amendment to the Zoning By-Law:

Amend Section V.A., Table of Dimensional Requirements of the Zoning By-Law as follows:

District	Minimum Yard Depth Side (Feet)
Single Residence B	Replace 15 with 25****
C	Replace 15 with 30****

NOTES:

****The minimum yard depth of 15 feet shall continue to apply to dwelling units which are exempt by virtue of the provisions of G.L. c. 40A, s. 6, and to the enlargement, restoration or construction of a dwelling in existence as of the effective date of this by-law. The minimum yard depth requirement for a cluster development under Section VI.D. 1 .e. of this bylaw may be reduced by the Planning Board to 20 feet.

Add the following subsection to VI.D. of the bylaw:

"VI.D. 1 .e. In consideration of a special permit for a cluster development under Section VI.D.2. of this bylaw, the Planning Board may approve a reduction in the minimum side yard depth to 20 feet."

The proposed amendment may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Esq., Chairman

January 23 & 30, 1997

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be held on Tuesday, February 11, 1997, at 8:30 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, pursuant to MGL, Chapter 40A, Section 5, on proposed amendments to the Zoning By-Law dealing with communications structures and towers as follows:

Amend Section II. of the Zoning By-Law by deleting subsection 25. and inserting the following:

"25. COMMUNICATION STRUCTURE: A tower, antenna, dish, or other apparatus used for the reception and/or transmission of electronic signals for commercial and/or amateur communication purposes."

Amend Section VI.N. of the Zoning By-Law by striking the first sentence thereof, and inserting the following:

"N. The Board of Appeals may issue a special permit for a communication structure as defined in Section II.25. of the zoning by-law in districts where allowed by Section IV.B.50. of the zoning by-law, provided, however, that dish antennae 24 inches or smaller in diameter shall not be subject to this by-law, and provided that the following are complied with:"

Amend Section IV.B.50. ofthe Zoning By-Law by adding a new subsection (c) as follows:

	SRA	SRB	SRC	APT	LS	OP	GB	MU	IG	IA	ID
"(c) Tower or antenna for commercial communications purposes"	BA	BA	BA	N	BA	N	N	N	N	BA	BA

The proposed amendment may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Esq., Chairman

January 23 & 30, 1997

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, February 11, 1997, at 9:30 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, on an application submitted by Genetics Institute for a Site Plan Special Permit to provide for a 41,280 square foot addition to an existing building located on the applicant's property situated at One Burtt Road in Andover, said addition to accommodate manufacturing, office, research and development, and mechanical space. The application may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER PLANNING BOARD
Michael H. Miller, Esq., Chairman

January 23 & 30, 1997

COMMONWEALTH OF MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL COURT
(SEAL) Case No. 235086

To **Dorothy M. Winn** and to all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended: Federal National Mortgage Association claiming to be the holder of a mortgage covering real property in Andover numbered Unit M-9 Manchester House a/k/a 40C Washington Park Drive, Washington Park Condominium, 40 Washington Park Drive given by Dorothy M. Winn to Arlington Trust Company dated June 1, 1983 and recorded at Essex County (Northern District) Registry of Deeds in Book 1680, Page 105 and now held by Plaintiff by assignment has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 3rd day of March 1997, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, PETER W. KILBORN, Chief Justice of said Court this 15th day of January, 1997

Charles W. Trombly, Jr.
Recorder

January 30, 1997

OFFICE OF THE BOARD OF APPEALS
NOTICE OF HEARING

A public hearing will be held at MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, ON THURSDAY, FEBRUARY 6, 1997 AT 6:30 P.M. on the petition of RIVERVIEW COMMONS ASSOCIATES LIMITED PARTNERSHIP and of ANDOVER BUSINESS PARK, INC., 500 GRANITE AVE, MILTON, MA for a modification of Comprehensive Permit Decision #1893 and 1924 to provide for the future use of lot 2A for uses consistent with the uses in Industrial A District.

Premises affected are vacant land with frontage at 400 BULFINCH DRIVE, Andover, Ma. in the INDUSTRIAL A District and is shown on Assessor's Map 126 as Lot 10 (2).

DANIEL S. CASPER, ESQ.
CHAIRMAN

January 23 & 30, 1997

Recycle

DO YOU HAVE an item or items that you no longer need, but that would be useful to someone else, something you'd be willing to give away if someone would come get it? For instance: boxes, storm windows, a child's bicycle, cardboard boxes, an old set of dishes. You can list your recyclable items in the Townsman's newest classified section: "RECYCLE". (FREE of charge!) It's a way to clean up your place while acknowledging the world is running out of landfill space.
Simply write us listing your recyclables and we'll print them in the paper. No phone calls please.

DON'T RECYCLE! That's right, don't toss your USED MAGAZINES into that blue bin! There's a better way- let me pick them up to distribute to adult students of the English language at the Adult Learning Center in Lawrence. Also needed are USED Children's Books. Please call **475-9601.**

Entertainment

BIRTHDAY'S- Irish story teller/musician. Sing-a-long, games, folk/original tales, percussion instruments. Family, daycare, church groups and nursing homes. References. Call **470-1885.**

I-LASHES U. KLOWN Children and business parties, promotions, parades, balloon sculpting and more... **1-617-381-9198.**

PETITE FARE EVENT Party Planners. Full service offered. All occasions-large and small, at desired locations. Free consultation. Call **475-9506.**

PRE-SCHOOL ICE SKATING LESSONS at Merrimack College, Tuesdays 10:00-11:00am., 10 week course. REGISTER NOW! Call **686-3678** or **687-0644.**

Messages

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

VALENTINE WISHES!
Our "Messages" Classification is a great way to send friends and family VALENTINE WISHES. **$3.00** covers up to 20 words. You can place your **"MESSAGE"** by calling **475-1943** or simply mail to: Valentine Wishes, c/o The Andover Townsman, P.O. Box 1986, Andover, MA 01810. We accept Mastercard and Visa or personal check. Valentine Wishes will be printed in our February 13th issue. Deadline to place your message is Tuesday, February 11th at 12 noon.

Alterations

ANDOVER TAILORING. Quality alterations. Men's, Women's and Children's. Call **475-1447.** Tuesday-Friday, 8-5; Sat. 8-3.

Health & Fitness

WOMEN'S SUPPORT GROUP for recovering trauma survivors. Meets Tuesdays 5-6:20pm. New groups beginning this month. Becky Pine LICSW **475-3590.**

Lost & Found

CAT FOUND in Wildwood asrea. Dark gray and black tiger. Please call **508-475-7369.**

Health Services

STOP SMOKING NOW! Duke University Medical Center's highly regarded Quit Smart Program now in Andover. Call Gary **682-1579** for more information.

Business Services

INTERNET CLASSIFIEDS 90 days for only $100. Call now for details. **603-893-6251.**

TYPING/WORD PROCESSING
Professional quality. Serving individuals, students, businesses. Letters, reports, resumes. Call Ralph **508-475-6697.**

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ADVERTISE YOUR PRODUCTS, services or opportunities to millions on the Information Super Highway. Call now for special offer. **603-893-6251.**

BUY KITCHEN CABINETS Factory Direct and SAVE. Designed and installed. Also Refacing, Entertainment Centers, Countertops. All phases of remodeling. Call Richie **508-373-6455.**

DO YOU OWN a computer? I do hardware or software consulting, installation, troubleshooting or training in the comfort of your own home. Reasonable rates. MICROSOFT CERTIFIED. **475-7307.**

DO YOU SOMETIMES WISH you had your own personal assistant to clean your house and do your errands? If so, please call **685-7468** or E-mail at clean2000@juno.com for additional information or free estimate.

PAUL GAUTHIER'S FIX-IT. Mechanical repairs-Lawnmowers, Snowblowers, washers and dryers, minor plumbing and electrical repairs. Call **683-3375.**

RAY BOURQUE PAINTING & CARPENTRY. Licensed and insured. Free evaluation. Call **475-7048.**

RETIRED TRADESMAN- Home and business maintenance repairs. Call **508-688-3902.** North Andover.

Consulting Service

HOUSE PLANS, additions and alterations to suit you and your local building official. For free initial consultation call **508-745-5975.** Mass. Registered Architect.

Tree Service

AAA NATURAL TREE CO., INC. Specializes in all phases of tree work. Mass. certified arborist. 100% insured. **475-5411** Andover.

ANDOVER'S FINEST TREE and landscaping. Storm clean-up. All tree work done. Fully insured. **474-0661.**

BRANCH REMOVAL BY Sweeney & Son. Fully insured. FREE estimates. Rte. 125 area welcome. Call Tim Sweeney & Son. **508-749-3066.**

JP TREE SERVICE- specializing in tree & shrub removals, pruning, STORM DAMAGE, and safety trimming. Insured. Free estimates. **475-1483.**

STEVE'S TREE SERVICE Pruning, trimming, complete tree removal, stump grinding, lot & land clearing. 52ft. bucket truck. Fully insured. Free estimates. FIREWOOD. Call **508-470-8029.**

TISBERT TREE SERVICE and Landscaping. Lot clearing and SNOWPLOWING. Call **681-9323.**

TREE MAN FOR HIRE. Experienced climber. Quality tree care. Insured. Also, firewood available. Call Stephen **470-8114.**

TREE WORK- Storm damage, broken limbs, cleanup. Winter rates. Fast service. Insured. Call John **508-282-3177.**

Decorating Service

CUSTOM MADE DRAPERIES, slip covers, top treatments and accessories. Over 20 years experience. Excellent workmanship. **685-5531.** Bunny or Diane.

CUSTOM MADE SLIP Covers. Pin fitted to your set. Your own fabric. Call **685-2229.**

ELAINE'S SLIPCOVERS Custom cut in your home, also pillows and cushions. Formerly Angies. Call **686-4584.**

LINDA'S CUSTOM DRAPERIES. Custom-made window treatments and accessories. Alterations and repairs. Reasonable prices. Call for a free estimate **689-2592.**

Disposal Service

A ATTIC OR cellar cleaned? We haul away anything. Free estimates, low prices. Dumpster rental available. Call Matt Burke **475-3924.**

A DUMP TRUCK for hire. ATTICS, CELLARS, YARDS CLEANED for a reasonable price. Prompt, reliable service. Call Jim at **685-1302.**

A LARGE OR SMALL JOB cleaning cellars, attics, garages and estates. Appliance removal. For a free estimate call Bud **689-8789.**

AM-PM DUMP TRUCK Services. You call, we haul. We clean out attics, cellars, garages, also fall clean-ups. Fast service. Low prices. Fully insured. Established 1975. **508-688-7102; 681-8262.**

RUBBISH & JUNK REMOVAL. We'll haul away anything. Fast, reliable service. Low rates. Call **617-245-0713.**

General Contracting

BERT ROY CUSTOM BUILDER- Additions, remodeling, kitchens, baths, decks, roof repair, stained glass. All types of repairs. Specializing in finish work. Licensed and insured. **975-1222.**

DC CONSTRUCTION- Light carpentry & waterproof/finish cellars. Odd jobs, demolition, and all clean-ups. Home improvement contractor. FREE estimates. Insured. Reg. #123241. Don **689-3835.**

Handyman Service

#AAA HANDYMAN. Interior painting, water damage repaired, screens repaired, decks repaired and stained, driveways sealed, mailboxes installed. No job too large or small. Call **474-9373** for all home repairs.

CARPENTRY, MASONRY, REPAIR WORK. Regrouting baths, painting & gutter cleaning. Insured. **617-665-6410.**

GREAT EX-PET-ATIONS- Inhome petsitting services. Specializing in TLC! Fully bonded Reasonable rates. Information and appointments call Nancy Prentiss **749-8016.**

Articles for Sale

A MASTER PIECE- Circa 1930, inlaid wood, walnut bed. Carved scrollwork headboard, footboard and frame. Great opportunity at $150. Call **470-0632** or **475-4565.**

ADVERTISE YOUR "ARTICLES FOR SALE" here for as little as $3.00 per week. Call our classified ad department for details! **475-1943.**

BEAUTIFUL BLOND MINK and fox coat. $1000 or best offer. Call Diane **508-691-5686.**

BRAND NEW BRASS BED- Queen-size orthopedic set, brand new in plastic. Frame paid $865; selling $345. Can deliver. Call **617-272-2792.**

CLEARANCE SALE! 50-75% all winter clothing at The Mercantile, Andover's unique consignment shop, 68 Park Street. Monday-Saturday 10am-5pm, Sunday 1pm-4pm. **475-7940.**

FOR SALE- Walk-fit and Nordic Track. $250 each. Call **794-2410** evenings.

FURS- one black diamond mink, one blonde mink $400/ea. or best offer. Call **687-3755** after 5:30pm.

GRACO TODDLER BED and mattress $25. Black foam Futon $25. Please call **470-8318.**

LOVESEAT & matching chair. Good condition. $250. Call **475-0577.**

MATEX MARS SERIES four piece brand new, all stands, pedals, and throne. Sabian 20" cymbal, 16" Zilijian Crash, and 14" Zilijian High-Hat. Best offer over $600. **689-0681.**

NEW CARPETS- Installer has access to several thousand yards StainMaster carpet. You can carpet your livingroom and hall for $295. Price includes carpet, 1/2" pad, based on 30sq.yds. Installation available. Also, Berber commercial carpets. Call John **689-8613.**

NEW CONDITION BABY equipment: Two Combi Lite Allure strollers $225; Maclaren ultra lightweight side-by-side, collapsible double stroller, fits through doorways easily, $285; Aprica 7lb. Citimini stroller w/45 degree reclining seat $125; three Evenflo carseats $40; two Gerry highchairs, $15. Andover, **689-2976** Jenna.

NIBBLER, 3/16"x8" Power Shear, 4", 6" and 8" Press Brakes, 48" Rolls, Wales Punch w/Tooling, Timesaver Sander, Geared Head Drill. RISON'S (Monday-Friday, 9:00am-5pm). **603-382-5671.**

OAK OVAL DINING table, six chairs, and three leaves, used twice. New $2400; asking $999. Call **508-374-5471.**

PA BULLETINS- 1906-present plus 12 potpourris. All for $100. Call **508-470-0583.**

Wanted to Buy

ABIDE BY US. Don't sell at yard sale prices. We pay top cash prices. Antiques, furniture, collectibles. Free appraisals. Call **603-893-9776** Salem.

ANTIQUES - Anything old Marbletop, Walnut, Grape and Rose Carved Furniture, Glass, China, Silver, Jewelry, Clocks, Prints, Frames, Guns, Coins, Furniture, Etc. William F. Graham, Jr. 420 Water Street, Haverhill, Mass. Tel. **508-374-8031,** will call to look.

LOOKING FOR TREADMILL- 2 to 2-1/2 horsepower motor, preferably gel pad under base. Please call **475-5248.**

Realtors

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ATTENTION REALTORS!
Place your company listing and phone number here for maximum exposure to readers seriously seeking real estate. For as little as **$5.00 per week**, you can reach many potential clients. Call **475-1943** for more information.

Condos for Sale

NORTH READING- luxury seven room Townhouse at The Greens. End unit, 2-1/2 baths, 1st floor, master bedroom, gas heat. $239,900. By owner **508-664-5749.**

TWO BEDROOM, two bath, 1100 sq.ft. Wall/wall carpeting, individual heat/air conditioning, two deeded parking spaces. 12 year old building. Excellent condition. Walk to downtown, high school, MBTA. $115,000. Call **475-8093.**

Houses for Sale

FOR SALE BY OWNER- Four bedroom Cape. Most desirable intown location. 62,500sq.ft. lot, very private. Impeccably maintained. $324,000. **508-474-0718.**

GOVERNMENT FORECLOSED HOMES for pennies on $1. Delinquent Tax, Repo's, REO's. Your area. Toll free **1-800-218-9000** ext. H-7670 for current listings.

NORTH ANDOVER- Contemporary ranch, eight rooms, four bedrooms, 2-1/2 baths, with whirlpool. Sunken living room. Great setting, handicap, inlaw, home office potential $289,900. **508-794-8401.**

Condos for Rent

UNIQUE BALMORAL CONDO- newly refurbished, elegant one bedroom with loft and lovely outdoor patio. Included are two prime parking spaces and heat. $950/month. Available 3/1/97. Phyllis **688-8391.**

FORT MEYERS BEACH, FL. - Two bedroom condo on beach overlooking ocean. March 15-22/97, bargain price, $995. Call **682-1579.**

Houses for Rent

ANDOVER- spacious three bedroom townhouse in deleaded antique Greek revival colonial. Walk to town, school and transportation. Great location. $1295/month. Owner/broker **508-851-7364.**

METHUEN- modern three bedroom duplex, quiet street, large yard, garage. $700/month, no utilities. Banner Realty **475-3535.**

NORTH ANDOVER- Two bedroom, five room Colonial, applianced kitchen, great view. $1250/month. Call COUNTRYSIDE **508-686-5232.**

Apartments for Rent

ANDOVER- Exit 45/Rte. 93. One/bedroom, only 4/rooms, a/c, applianced, cable, many closets, residential, lease, parking. No utilities/pets. $675/month **689-4479.**

ANDOVER- Five rooms, two bedrooms in duplex on quiet street close to town. $850/month, no utilities. Joan Johnson, Re/Max Preferred. **686-5300** ext. 366.

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A CARING, COMPETANT child care provider with MANY years experience, has openings for full or part time enrollments. Certified ECED, Preschool certified. Safe, non-smoking environment. Wilmington/Burlington line. License #173131. Call **508-657-8692.**

ANDOVER LICENSED FAMILY DAYCARE has openings, all ages, meals provided. Near Rtes. 133/-93/495. License #92807. Please call **975-2402.**

DESIGNATED SITTERS: Experienced and well screened nannies. Available for long or short term, live-out positions. Call Designated Sitters at **508-774-8580.**

HAPPY FEET DAY CARE has full/part time openings for all ages. Convenient location. Near Rtes. 38/93. Lic. #176546. Call Diane **508-640-1629.**

NANNIES FOR RENT Celebrating our 14th anniversary! Reliable, caring nannies for part-time/full-time babysitting, vacation sitting, post-natal care. "NANNIES FOR RENT." **508-535-0127/1-800-427-0127.** State licensed.

PATTI'S PLACE Established 1980 offers the best in child care for children 0-4 years in a warm, stimulating atmosphere. Interviewing now. License #59855. Call **683-5104.**

Camps

KALEIDOSCOPE '97. Exciting enrichment for kids 3-13. July 7-25. One week courses. AM/PM, extended day. Science, math, computers, art, music, drama, writing, more. Brochure/info call **508-475-1422,** or write Kaleidoscope, Box 506, Andover, MA 01810.

VACATION CAMP Now excepting applications for February vacation week (Feb. 17-21), boys and girls ages 6-14. Transportation available. Call Camp Evergreen year round. **475-2502.**

Instruction

A+ TUTORING- MATH and Test Prep. Including SAT, PSAT, and SSAT. Proven results. Call **508-686-0628.**

ACCREDITED EDUCATIONAL THERAPIST for students or adults. Learning skills for phonics, reading, writing, math. S.S.A.T., P.S.A.T., S.A.T. Miriam Smith, M.A. **683-6129.**

ADULTS & CHILDREN- All levels of ability. Piano and Trumpet lessons. Both instructors have had many years experience in teaching. Phone: **683-2338.**

BEAVEN & ASSOCIATES Private tutoring. English, math, sciences, Latin, Spanish, French, German. SAT's, SSAT's. 91 Main Street. **475-5487.**

COMPUTER HELP- AHS student, proficient in computers, will instruct children and adults, install hardware, create web pages. PC or Mac. References. Call Scott **687-6267.**

DRUM LESSONS AVAILABLE from experienced teacher, Berklee Alumnus. Reasonable rates. Call **688-4447.**

DRUM LESSONS taught by a very experienced drummer in several working bands. I teach all styles of music; beginner to advanced welcome. Very reasonable rates. Contact Damon at **508-685-8066.**

DRUM LESSONS in the convenience of your home with experienced drum instructor (Berklee Graduate). Reasonable rates. Call **749-9424.**

GUITAR TEACHER ACCEPTING NEW STUDENTS: 25 years experience, music degree. All ages, levels, styles. Guitar rentals available. Bass lessons available. Your house or mine. For more information call John **975-0335.**

IMPROVEMENT OF READING, Writing and Comprehension Skills. All ages. Specialist tutor. Call **508-725-3205.**

LESTUDIO DE BALLET, 470-1381. 2 Dundee Park, Andover. Ballet classes for adults and children.

MATH TUTOR - 20 years college teaching experience, Math Ph.D. Will tutor all levels Middle School through College. Call **475-4285.**

MATH, SCIENCE, SAT tutoring by certified teacher, M.A., M.E.d., in your home. **689-4517.**

PERFORMING CLASSICAL PIANIST. Oberlin Conservatory of Music graduate. Theory, ear-training, keyboard also. Advanced students preferred, beginners accepted. Phone **475-9303.**

PIANO INSTRUCTION- Beginners only, any age welcome. Music theory classes available. B.A. degree music education. Call **474-4425.**

PROFESSIONAL TUTOR: Free Consultation. Reading, writing, math, study skills, typing; SSAT and SAT preparation. Telephone after 6:00pm. **682-0530** Jean Matthes.

MATH TUTOR- Clear, patient help for the ambitious, floundering, or anxious learner of any age. Harvard, M.A. **475-7577.**

TUTORING BY EXPERIENCED TEACHER; Elementary and secondary levels. English, math, social studies, Latin, French, study skills. Wellesley graduate. Call **475-0966.**

WINDKIST EQUESTRIAN CENTER- Lessons, programs, huntseat, equitation, dressage, combined training, certified instructors. Student programs for showing in the 1997 season. Boarding, turnout, beautiful facility abutting Harold Parker State Forest. Miles of trails. **688-7662.**

Help Wanted

$1000'S POSSIBLE TYPING. Part time. At home. Toll Free **1-800-218-9000** Ext. T-7670 for listings.

ADMINISTRATIVE ASSISTANT NEEDED immediately, for food brokerage firm in Andover. Looking for someone who can work independently, manage multiple priorities, handle phones in professional, courteous manner, process orders, schedule appointments, file and make travel arrangements. Familiar with PS and Windows 95. Proficient in WP6.0 and Microsoft Works 4.0. Experience with E-mail a plus. Call **474-0560.**

ATTENTION NANNIES! Are you interested in making a difference in the life of a child? Call Designated Sitters, **508-774-8580.** Full/part-time available. Driving, references and experience required. Great pay and benefits!

ATTENTION! WORK AT HOME. P/T= $1000-$2000 per month. F/T= $3000-$6000 per month. Full training. Call this week only **617-499-8684.**

BABYSITTER NEEDED for two babies, Monday-Friday 7:30am-6:30pm. Experience and references required. Non-smoking. **617-944-3700** ext. 2579.

BABYSITTER NEEDED Monday afternoon 4:30-7pm. Three children 3-1/2, 6, and 5 months. Located near Doherty Middle School. If qualified please call **474-9218.**

BABYSITTER NEEDED Monday-Friday, 2-5pm, for three school aged children. Transportation and references required. Call Jennifer at **474-4663.**

BABYSITTER WANTED for two preschool children, 3-4 mornings per week. Call **470-2650.**

BUSY NATURAL FOOD store needs full time person, experience necessary. Call **475-1234** for an interview.

CAKE DECORATORS: Experienced. Flexible hours. Located off 125, Wilmington/Andover line. Call **508-657-7666.**

CHILD CARE- North Andover. Responsible person needed to care for our two girls, ages two and four, in our home, 3 days/week. Experience, references, own car, non-smoking required. Negotiable salary, paid vacation/holiday. **508-659-4832.**

CHILDCARE NEEDED for one year old, in North Andover, Monday-Wednesday, 4:00-8:00pm and Friday or Saturday evenings **508-688-9116.**

CHILDCARE NEEDED in my home for three year old and three month old, four days/week starting 3/1/97. Must be non-smoking, energetic, fun, and loving. Own transportation and references required. Call between 4pm-6pm. **508-470-2231.**

DENTAL HYGIENIST- Part time or full time, in a high quality, patient friendly, family practice. Call Jean **508-664-5901.**

EXPERIENCED LEGAL SECRETARY- Full time position for busy South Lawrence law office. Fax resume to **975-1658.**

FULL CHARGE BOOKKEEPER: Small manufacturer seeks experienced, reliable person to handle bookkeeping duties. Knowledge of OneWrite Software. Excellent attendance is mandatory. Competitive salary/benefits. Resumes: Whittemore Co. 30 Glenn St., Lawrence 01843. Fax **682-3413.**

FULL TIME NANNY/-HOUSEKEEPER position available in Andover. Three school aged children. 7:30am-5pm. Good salary. Non-smoking, excellent references required. Call Jennifer at **474-4663** or fax resume to **475-5662.**

HELP WANTED: Earn up to $500 per week assembling products at home. No experience. Info. **1-504-646-1700** dept. MA-173.

KENNEL HELP- part time, one evening, 4pm-8:30pm, Sunday 7am-4pm. Experience preferred but will train. Bulger Animal Hospital **682-9905.** Ask for Diana.

LOOKING FOR MRS. DOUBTFIRE- Adorable 4 month old boy looking for experienced, loving caregiver. 15 hours/week while mom and dad are at work. Please call **470-0303.**

MATURE, RESPONSIBLE person to look after two boys, 9 and 12. Flexible hours. References. Call Diane **508-691-5686.**

NANNIES WANTED: For live-out. Full or part-time. Must have experience, references and car. Call Monday-Friday, 9am-4pm. NANNIES FOR RENT **508-535-0127.**

PART TIME BABYSITTER- Wednesday and Friday, in home, for school aged children. Non-smoking, own car. Call **508-681-1097.**

RECEPTIONIST/ADMINISTRATIVE ASSISTANT for accounting software firm, 3-5 hours per day, 3-5 days per week. Experience in professional office and good phone skills required. Light word processing, general office management and positive attitude. Send resume to: North Star Ventures, Inc., 93 Main Street, Andover, MA 01810.

WILDLIFE/CONSERVATION JOBS. Now hiring Game Wardens, Security Maintenance, Park Rangers. No experience necessary. For application and information call **800-299-2470** ext. MA195C, 8am-9pm, 7 days.

Work Wanted

ARE YOU A professional that has a need for a part time secretary service? Office in the home/administrative with masters. Two day turn around. Call **508-373-3127.**

Business Opportunities

NEED INDIVIDUAL- Exciting new business now being launched nation wide. Very lucrative with equity potential. Call **475-6900.**

WOMAN'S HEALTH RESORT to open in Lake's Region N.H. Gorgeous country inn with full spa facility. On 10 country acres with lake and mountain views. Need R.E. investors or limited partners. Call Ms. Vinal **1-603-759-5300.**

Animals & Pets

PERSONALIZED PET SERVICE- (SM) Est. 1983. Offering home pet care. Fully bonded, certified animal health tech. Daily walks, vacation care. Puppy love. Andover/North Andover. Call **687-3947.**

HELP WANTED

Part-time Computer Assistant Computer Center

Part-time evening computer assistant, approximately 7-12 hours per week (Mon., Wed. and occasionally Fri. evenings), for academic year and summer session. Responsibilities include monitoring the operation of a 75 station computer lab, providing software and hardware assistance to students and faculty, and performing routine technical tasks. A strong knowledge of the Macintosh operating system, MS-DOS, Win95, Windows 3.1, MS Office 4.2 required. Knowledge of PageMaker 6.0 and graphic software a plus. If interested, send resume by February 7, 1997 to **Director of Personnel, Phillips Academy, Andover, MA 01810.** EOE

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Interviews will be held at the Marriott Courtyard, 10 Campanelli Drive, Andover, MA 01810. Fax or mail resume, in advance to 215 Newbury St., Peabody, MA 01960. Join us for a confidential career discussion. Appointments available.

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Andover
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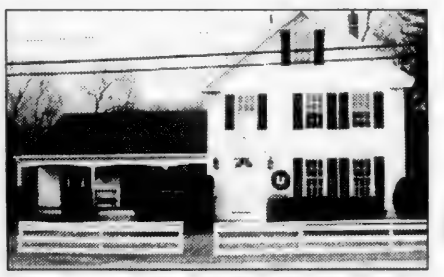
Complete privacy at end of popular cul-de-sac, just a short drive to Rt. 93! Brand new 8 room Colonial in perfect stage to buy and add your own personality! Big fireplaced family room off 25' kitchen with access to deck!
20 Ravens Bluff, Andover
Call 475-2201 **Exclusive $374,900**



Outstanding quality and value can be found in this handsome custom built home located in the much sought after Bear Hill area. An open 2 story foyer, formal 28' living room, 20' master and gracious 4 season sunroom can all be found in this fine property.
Call 475-4477 **Exclusive $379,900**



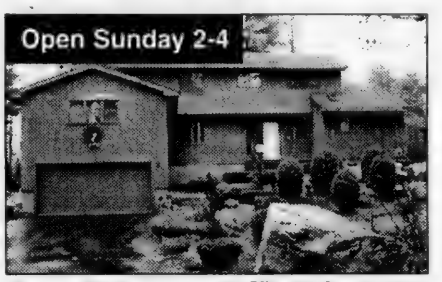
Near town, Phillips Academy and commuter routes! Traditional center entrance Colonial with impressive 2 story foyer, spacious eat-in kitchen, 4 bedrooms, fireplaced living room and family room, lovely 3 season porch and hardwood floors throughout! Perfect choice!
3 Orchard St., Andover
Call 475-2201 **Exclusive $379,900**



Charming vintage Colonial with ideal convenience to major roadways is just right for the growing family! Three bedrooms plus two more in attic, finished basement offices, and heated 2 story garage offer limitless possibilities! ID#13055
Call 475-4477 **Exclusive $399,900**



Young Colonial with a flexible 4 or 5 bedroom floorplan and on super cul-de-sac located just minutes from Rt. 93 and town! Features include: whirlpool bath, sprinkler system, central vac, hardwood floors, fireplaced family room & 2 car garage! You'll love it!
6 Keystone Wy., Andover
Call 475-2201 **Exclusive $429,900**



Spectacular contemporary Viceroy home, sited on nearly 2 acres of private, professionally landscaped grounds, provides a pristine interior including a family room plus great room, kitchen with floor to ceiling greenhouse window eating area, separate hot tub room, and vaulted skylit ceilings!
92 Bailey Road, Andover
Call 475-4477 **Exclusive $439,900**



DEVONSHIRE PLACE - ANDOVER! Come see this exciting new 21 home cul-de-sac and join the happy families who have already chosen to live here! Finished models to view — 2 homes ready for Spring occupancy! Exciting 8 and 9 room designs! Dir: Bellevue to Osgood to Blanchard St., Andover
Call 475-2201 **Exclusive Starting at $449,900**



A top family area in the Sanborn School district with ideal accessibility to town and highways is the location of these dramatic new Colonials. A well known area builder has constructed these homes with quality and detail. Choose your custom finishing touches now! Town water and sewer.
Windemere Drive, Andover
Call 475-4477 **Exclusive from $449,900**



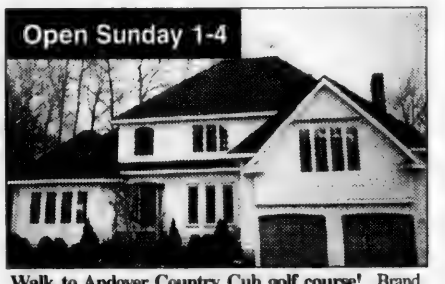
Quality abounds in this impeccable state of the art Contemporary, built with attention to detail by present owners. Set amid 7 wooded acres, it offers superb equestrian facilities including paddocks, riding rings, a 10 box stall barn and tackroom. ID#13045
402 Park Street, North Reading
Call 475-4477 **Exclusive $485,000**



Set amid lush landscaping with scenic views and built with uncompromising quality, is this impressive custom Plantation home. Fireplaces in both country kitchen and elegant dining room, wall of glass to galleria, handcrafted cabinetry, and master with loads of closets, can be found in this distinctive property.
10 Kittredge Road, North Andover
Call 475-4477 **Exclusive $535,000**



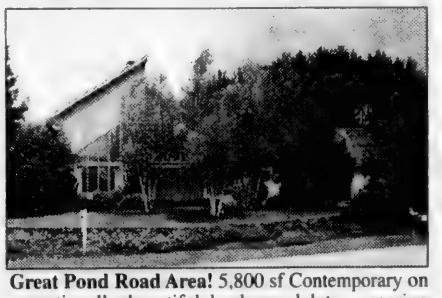
"MEADOW VIEW" Elegant new 13 home subdivision, minutes to town! Smashing, dramatic floor plans with top quality designs and finish! Just 5 lots left! Don't miss out! Argilla Rd. to Meadow View Lane
Call 475-2201 **Exclusive starting at $550,000**



Walk to Andover Country Cub golf course! Brand new architect designed Colonials with superior woodwork, detail and floorplan! Spacious rooms, marvelous baths, elegant fireplaces, gourmet kitchen, family room plus great room! Definitely not vanilla!
Canterbury to Scotland Drive
Call 475-2201 **Exclusive $649,000**



TO BE BUILT in a choice private section of the historic brick Shawsheen area, is this stately 10 room Colonial. Designed by well regarded builders, it will offer a spacious interior with a dramatic 2 story foyer, two stairways, custom maple kitchen and 3 fireplaces.
Call 475-4477 **Exclusive $684,900**



Great Pond Road Area! 5,800 sf Contemporary on exceptionally beautiful landscaped lot — soaring open space, 11 designer perfect rooms, luxurious 1st floor master suite, great room with adjacent bath for possible au-pair suite! Sensational!
Call 475-2201 **Exclusive $729,000**



"FIELDSTONE MEADOWS" Fascinating architect designed Colonial being built with stunning floorplan, kitchen & bath that will dazzle you, finish detail and woodwork worthy of the finest estate! *Model open daily, except Tuesday. Dir: Dascomb Rd. to Basswood Ln.
Call 475-2201 **Exclusive-This house priced at $750,000**



An enviable address near the Old Center on over 3 acres of estate-like grounds provides the setting for this magnificently refurbished circa 1938 residence. The character of yesteryear and the amenities of today are displayed in this superb 10 room home.
Call 475-4477 **Exclusive $799,000**

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HISTORIC BALMORAL Condo available now! 3 freshly painted rooms with new wall to wall carpeting! On busline to Boston for commuter!
Call 475-2201 **Exclusive $64,900**

LAND FOR SALE!

Have you been thinking about building your dream home? We have available some exceptional lots in Andover and North Andover. Call 475-2201 today for more information on these lots:

NORTH ANDOVER
Level 2.06 acre lot, location for house site is cleared. Lot is located in the new Annie Sargent School district and the septic design is available on this fully approved lot.
Offered at $110,000
Call 475-2201

ANDOVER
Walk to town! Private setting in prime Andover location. Trees abound on this rolling and slightly sloping 32,000 sf lot located in a family neighborhood. Town water and sewer.
Offered at $199,000
Call 475-2201

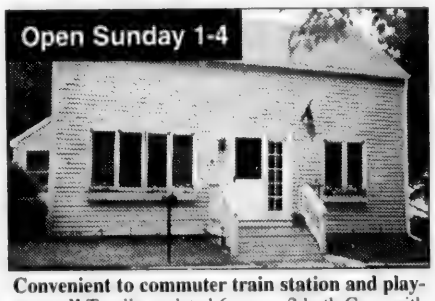
ANDOVER
Majestic setting in *Hitchcock Farm Estates.* 2.12 acre lot now available in this ideal location with tall trees and in a neighborhood of exceptional homes.
Offered at $245,000
Call 475-2201



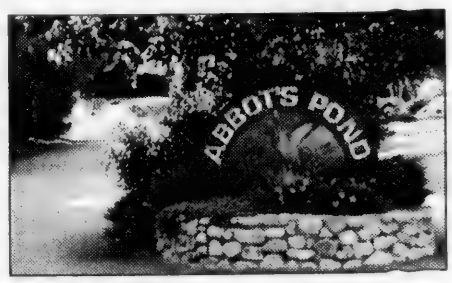
Enjoy easy one floor living in this spacious end unit, featuring its own laundry room, tennis and pool on grounds, scenic views, and easy access to major highways.
Call 475-4477 **Exclusive $76,900**



Convenient to Route 495! Beautifully maintained Condex with light and airy interior, 3 bedrooms, 1 1/2 baths, and deck overlooking 3/4 acre lot!
Call 475-2201 **Exclusive $127,900**



Convenient to commuter train station and playground! Totally updated 6 room, 2 bath Cape with family room and screened porch for added living space! Just move in and enjoy!
30 Dale St., Andover
Call 475-2201 **Exclusive $149,900**



Freshly painted and beautifully cared for 2 bedroom Townhome at desirable Abbots Pond offers ideal convenience to town, train and highways.
Call 475-4477 **Exclusive $149,900**



Enjoy living in the desirable community of Millpond. Updated contemporary Townhome features a white Poggenpohl kitchen, hardwood floors and many upgrades, plus the Millpond amenities of pool, tennis and clubhouse.
Call 475-4477 **Exclusive $169,900**



JUST LISTED! Walk to the library from this picturesque L-shaped Ranch with large country kitchen, 2 fireplaces, hardwoods, walk-up attic and lower level family room. Lovingly maintained and priced to sell!
1 Beech Circle, Andover
Call 475-4477 **Exclusive $189,900**



JUST LISTED! A gorgeous acre lot in a prime neighborhood is the setting for this super 4 bedroom family home. Interior features two fireplaces, spacious eat-in kitchen, formal dining room, and lovely screened porch. Move right in!
2 Forest Drive, Andover
Call 475-4477 **Exclusive $249,900**



Attractive and spacious one level living! Fabulous Ranch set on treed 3/4 acre lot. Light & airy eat-in kitchen plus dining room, fireplaced living room, hardwood floors, finished lower level with large family room, bedroom and half bath...don't miss this terrific value!
7 Chandler Rd., Andover
Call 475-2201 **Exclusive $249,900**



Stroll to town from this meticulously maintained and carefully updated 4 bedroom home. A gracious entry foyer introduces the charming interior which features an oak kitchen, gleaming hardwoods and fine detailing. ID#13025.
89 Chestnut Street, Andover
Call 475-4477 **Exclusive $269,900**



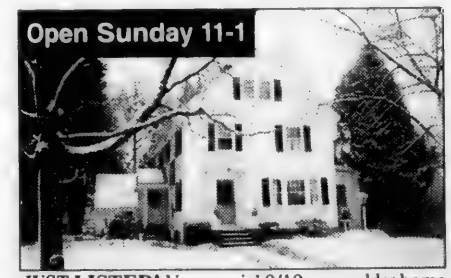
Exciting Multi-level — large eat-in kitchen with deck, dining room with balcony overlooking 2 story living room, 3 or 4 bedrooms, 2 1/2 baths, family room with built-ins! Exceptional find in beautiful family neighborhood convenient to Rt. 93!
27 Farrwood Dr., Andover
Call 475-2201 **Exclusive $279,900**



A tranquil setting and private wooded country lot surrounds this inviting 4 bedroom center entrance Colonial, featuring formal dining and living rooms with hardwood floors, family room with fireplace, 2 car attached garage, and great commuting accessibility!!
418 River Road, Andover
Call 475-4477 **Exclusive $289,900**



WATER VIEW & WOODSY ACRE! This wonderful Colonial offers 9 rooms with newly refinished hardwood floors, fireplaced family room which opens to screened porch, bay window in formal dining room and all the great space you're looking for!
24 Carlton Ln., North Andover
Call 475-2201 **Exclusive $314,900**



JUST LISTED! Very special 9/10 room older home in historic Shawsheen offers today's conveniences, including a large updated kitchen with loads of cabinets, 2.5 newer baths, 2 additional bedrooms and bath on third floor, and heated sunroom.
3 William Street, Andover
Call 475-4477 **Exclusive $322,500**

Nan Agostino
Sally Factor Bergman
Sandy Bolway
Nuala Boness
Natalie Bradley
Dorothy Burnham
Sue Campbell

Elaine Carson
Lynne Cox
Debbera Drake
Camille Ducey
Ellie Gallagher
Dodie Gemmell
Bernadette Gibson

Rhonda Goff
Connie Ireland
Koni Jaworski
Moira Prout Kelleher
Maureen Keller
Debbie Kelso
Peg Kleven

Maureen Mano
Bunny Maren
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ANDOVER OFFICE SPACE- Converted mill buildings, ranging from 600sq.ft.-150,000sq.ft. Call OZZY PROPERTY MANAGEMENT, **475-4569.**

DOWNTOWN ANDOVER- shared treatment and waiting room for rent in Andover holistic center. Call Helen Rose at Healing Hands **470-2772.**

INDIVIDUAL OFFICES with telephone answering and support services from $395. Convenient Route 114 location in North Andover. OFFICE SUITES AT JEFFERSON PARK **685-5440.**

NORTH ANDOVER- Furnished office suite in Chestnut Green, Rte. 114. Includes use of conference room and lobby. Call **682-9444.**

OFFICE SPACE- Sale or lease, downtown Andover. 200-4200sq.ft., singles and suites. Immediate occupancy. Furnished or unfurnished. Call Pam broker/owner. **475-1243.**

SHARE OFFICE- Great North Andover location. Ideal for sales person or consultant. $200 per month. Call **688-4900.**

TURNKEY OFFICE- 2100-4200sq.ft., fully furnished, telephone system, copy machine, kitchen. Call Pam, Owner/Broker **508-475-1243.**

WILMINGTON- Rte. 62. Approximately 3000sq.ft. of prime office space. Separate offices with large conference room. Available immediately at $10 per sq.ft., includes taxes. Minimum 3 year lease. Call during business hours. **508-670-9206** ask for Michael.

Commercial - Retail

NORTH ANDOVER- Main Street stores and Route 114 offices. Reasonable rent. COUNTRYSIDE R.E. **686-5232.**

Automobiles for Sale

1989 HONDA CIVIC LX 4-door sedan. Power windows/locks, am/fm/cassette. Excellent condition. $4000 or best offer. **475-7738.**

1990 HONDA ACCORD EX. Loaded. Excellent condition. 87k, 4 door, alarm, rear spoiler, new cobalt blue paint. $8200. Call **474-0184.**

1991 FORD EXPLORER 4x4 Eddie Bauer- 80k miles, loaded, alarm. Excellent condition. Dark green/tan with tan interior. $11,500. Call Al **688-7820.**

1994 ISUZU RODEO 4x4, black, V6, 5-speed, alarm, ABS, alloy wheels, a/c, power locks and windows, 53K highway miles, excellent condition, meticulously maintained, new tires. $15,500. **475-8716.**

SEIZED CARS from $175. Porsches, Cadillacs, Chevys, BMW's, Corvettes. Also Jeeps, 4WD's. Your area. Toll Free **1-800-218-9000** ext. A-7670 for current listings.

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WHY WAIT UNTIL SPRING?



ANDOVER
SPECTACULAR HOME with three bedrooms, one full bath & two half baths. Beautifully decorated, waiting for your touches, and totally updated kitchen & baths. Great location for the entire family - near town center, commuter transportation & schools. **$289,900**
10 Linclon Circle.

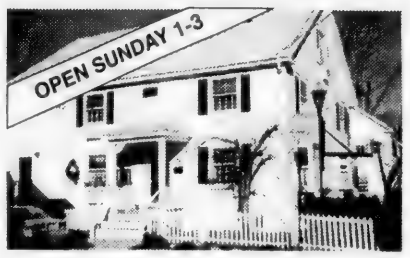


ANDOVER
THIS RANCH HAS BEEN WELL-MAINTAINED & offers three bedrooms with hardwood floors & ample closet space. Also find fireplaced living room & wonderful three-season porch. Located near Phillips Academy in prime location. Title V Certified! **$189,900**
127 Salem Street.

Here are a few reasons to list your home now instead of waiting until spring:

- **Interest rates are great creating good buyer demand!**
- **A high percentage of existing listings are sold this time of year.**
- **You may receive more money for your home now because you have less competition.**
- **Winter prospects are serious buyers.**
- **When you sell during the winter you have an opportunity to buy during the spring when many homes are on the market.**

For more information on home selling or home buying, contact the HomeOwnership professionals.



ANDOVER
EXECUTIVE TOWNHOME in small complex located close to town & commuter transportation. Completely renovated with multiple architectural upgrades, this sunny unit features 3 very versatile bedrooms & 2.5 baths. Fully applianced white contemporary kitchen. Ceramic tile, special lighting, skylights & more! **$187,000**
48 High Street.



NORTH ANDOVER
ADORABLE THREE BEDROOM, 2 bath, country cape on acre plus corner lot at entrance to family-filled cul-de-sac surrounded by horse trails & national forest. A walkout finished LL, 2 fp's, woodstove, oversize 2-car garage & easy expansion possibilities make this a must see at **$269,900**
21 Ash Street.



ANDOVER
INSTANTLY APPEALING... beautifully updated 10 room Colonial. Over an acre of land on cul-de-sac in desirable Bancroft School District. Loads of extras make this home very special. **$399,900**



BOXFORD
PRETTY YOUNG CAPE sited on a level lot & cul-de-sac. Vinyl siding for easy maintenance. Four bedrooms & 3 full baths complement a fireplaced family room & adds to the family's enjoyment. Mint condition. **$304,900**



NORTH ANDOVER
COMFORT & AMBIENCE can be found in this contemporary Cape featuring 2 master suites. Enjoy the warmth of the fireplaced family room or let your eye wander to the heated atrium overlooking a beautiful private yard. A finished walkout LL w/3 additional rooms including full bath makes an ideal au pair or extended family suite. **$404,900**

(508) 475-8600 • 76 MAIN STREET, ANDOVER

DeWolfe NEW ENGLAND

Apartments for Rent

ANDOVER CENTER- Four room, one bedroom on busline. $615/month, utilities not included. No pets. Call **682-9231.**

ANDOVER- exceptional three bedroom apartment, centrally located. Available immediately. No utilities, no pets. $1050/mo. References. **508-851-6843.**

ANDOVER- five room, first floor apartment. Sunny, quiet, parking, $850/month including heat and electric. Call **475-2373.**

ANDOVER- second floor, two bedrooms, two baths. Walk to town, parking, washer/dryer hookups. $825/month plus utilities. Call **686-7236.**

ANDOVER- Three room apartment. First floor, choice central location with private entry off enclosed porch. Beautiful fireplaced living room. Heat included, parking for one car. No pets. References. Ideal for one adult. Available 2/1/97. $700/month. For appointment **475-2272.**

ANDOVER- two bedroom townhouse. Walk to shopping and transportation. Available 2/1/97. $700/mo. plus utilities. Call **508-664-5547.**

ANDOVER/LAWRENCE LINE, close to highways. One and two bedroom apartments. Immediate occupancy. Call **681-1800.**

HAVERHILL- Refined spacious three room colonial historic apartment. Refrigerator, washer/dryer, fireplace, hardwood floors, tile bath, a/c, parking, private grounds. Nice area, near library. Ready 2/1/97. $575/mo. **508-373-5159.**

HAVERHILL- VIEWPOINT 170 Washington Street. Large two bedroom with panoramic views of Merrimack River. Upscale high-rise in Haverhill's Historic District across the street from commuter line to Boston. Contemporary layout with balcony. Rent $880/month including heat, air, garage parking. For information call **508-521-6800.**

NORTH ANDOVER- Andrew Circle. Two bedroom townhouse, 1-1/2 baths. Near 125/114/495. No pets, no fee. $875/month plus. Available 2/1/97. **617-334-5755.**

NORTH ANDOVER- completely rehabbed and deleaded two bedroom. New kitchen, new bath, new carpets, new heating system. Close to town, plenty of storage, washer/dryer hookups. Easy highway access. $750/month. No dogs. Call **508-851-9163.**

SOUTH LAWRENCE- Very clean, five room apartment with hookups. Off-street parking. $700 per month, no utilities. Call **508-851-9548.**

Roommates Wanted

MALE/FEMALE, 30+/yrs., mature, quiet, non-smoking, to share beautiful eight room house with large deck in North Andover. Convenient location, $350/month plus one half utilities. Call **686-8555.**

Rooms for Rent

ANDOVER MANSE single furnished rooms. All utilities and parking. $95-$120/week. Call **475-0073.**

Wanted to Rent

LOOKING FOR ONE BEDROOM apartment in the Andover area. Approved for disability voucher, receiving soon. Call **470-2893.**

Resort Places for Rent

ADVERTISE YOUR VACATION RENTALS here for positive results. For as little as $5.75 per week, you can have your property listed here. Simply call **475-1943.** One of our classified ad representatives will be happy to take your ad.

FLORIDA- COCO BEACH oceanfront condo. Sleeps four. Tennis, pools, etc. $500/week. 2/9-2/16/97. Also $650/week. 2/15-2/22/97. Call **475-6023.**

FORT MEYERS BEACH, two bedroom, two bath, oceanfront, large enclosed porch overlooking Sanibel Island. Available 3/15-3/22/97. $995. Call Gary **682-1579.**

HILTON HEAD DISCOUNT RENTALS 1 bedroom-6 bedroom Ocean Condos and Homes. Call toll-free for brochure **1-800-445-8664.**

LOON MOUNTAIN- Four bedroom, four bathroom luxury condo. Perfect for two families or group. Pool and shuttle. Call **470-1483.**

LOON MOUNTAIN- Luxury 3 bedroom townhouse. Fireplace, all amenities. Available weekends or weekly. Indoor pools, hot tubs. Call **475-4547.**

VILLAGE AT LOON Mountain. Indoor swimming pool, skiing across the street. Sleeps 8, three floors. Available 3/9-3/16/97. $725/wk. Call Gary **682-1579.**

Office to Share

LOW STRESS/LOW OVERHEAD. I'm interested in sharing my Andover office with right healthcare professional. Great opportunity to begin or continue your practice with low overhead. Maximum rent $500/month. Interested call Dr. Chris Stucchi **508-474-0836.**

Office Space for Rent

ANDOVER CENTER OFFICE SPACE. 68 Park St., singles, approximately. 200 sq. ft. each. Call Lee Dodd, **617-262-6907.**

ANDOVER CENTER OFFICE- Large office and waiting room, will sublet per hour, day or month. Call **474-4999.**

ANDOVER CENTER OFFICE AND RETAIL space. Singles and suites. Various sizes. Main Street. Excellent locations. Call **475-8732.**

ERA

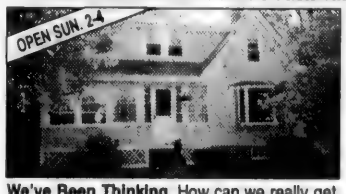
THE WEBSTER GROUP

2 Stevens Street, Andover, MA

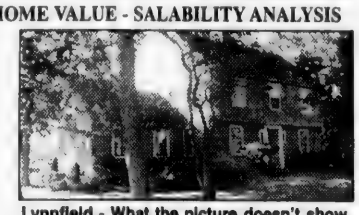
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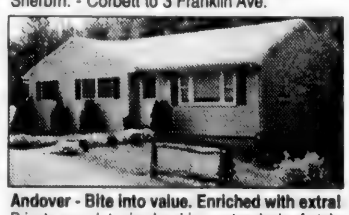
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Andover - Bite into value. Enriched with extra! Private acre lot, circular drive, extra dash of style in this custom cherry kitchen. No disappointments at this address! **$229,900**



Andover - Shrewd Investors Only. Solid structure in solid area. Make some interior repairs and turn this two family into a great rental property! **Call for details** **$127,500**

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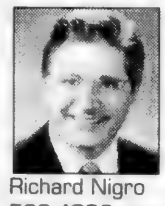
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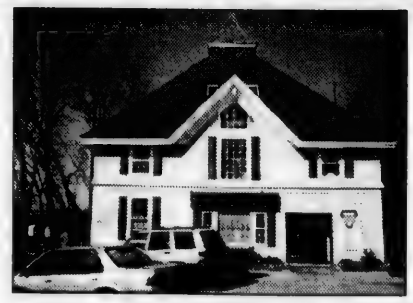
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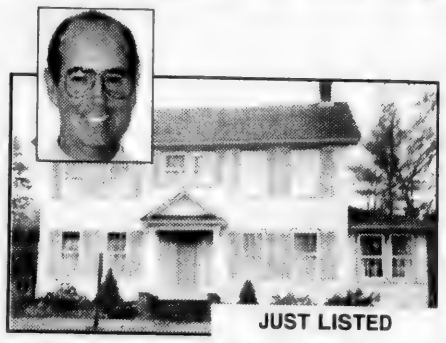
JUST LISTED

NORTH ANDOVER - Pond views! Fourth floor corner unit with 4 rooms at Sutton Pond. Hardwood floors in living room & dining area. Berber carpet in bedroom & study. A new listing by Vanessa Hunt. **$122,900**



JUST LISTED

ANDOVER - Absolutely charming! This seven room home features updated oak kitchen that opens to a dining room with built-in corner cupboard; a living room w/fireplace; and a finished lower level. A new listing by Barbara Moody. **$239,000**



JUST LISTED

ANDOVER - Beautiful 3 bedroom Colonial loaded with character. Hardwood floors throughout. Many recent updates include: new roof, new boiler, and updated kitchen. Stately enclosed sunporch off living room. A new listing by Tom White. **$289,900**



JUST LISTED

NORTH ANDOVER - Charming Gambrel in one of North Andover's finest neighborhoods. Impressive foyer, front-to-back living room with fireplace, formal dining room with hardwood floor, large eat-in kitchen. A new listing by Kay Leonard. **$315,000**



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NORTH ANDOVER - Customize your dream home on this very private 8+ acre estate. Two story, sunken family room with wall of glass and fireplace. Gourmet kitchen with island. Breathtaking views from master bedroom. A new lisiting by Vanessa Hunt. **$539,900**



JUST LISTED

ANDOVER - Lovingly restored Federalist (circa 1853). High ceilings, hardwood floors, updated kitchen and baths. Intown location with private yard. Impeccable. Won't last. A new listing by Barbara Moody. **$339,900**



SAMPLE PHOTO

NORTH ANDOVER - Don't miss this opportunity to own a brand new home at an unbelievable price! Features: tile floor, slider to deck, cathedral ceiling and walk-in closet in master bedroom, living room with fireplace. **$149,900**



NORTH ANDOVER - A charming blend of yesterday's character and today's convenience can be found in this 3 bedroom Colonial. Up-to-date kitchen with oak cabinets, new bath, home office space, pine floor in gorgeous living room. **PVRM 14 Seller will entertain offers between $160,000 and $190,000.**



ANDOVER - Beautifully maintained 3-bedroom Split. Hardwood floors, family room with fireplace, 2 car garage, large deck. Many upgrades include new energy windows and doors. **$189,900**



ANDOVER - Lovely modern two family in historic Shawsheen district with two bedrooms in each unit. Ideal location - near schools, bus line and highways. This home can be converted to a single family. **$219,900**



ANDOVER - Light & bright! Three bedroom home has custom features including 20' X30' deck with trellis overlooking natural vista. Open first floor kitchen and fireplaced family room. **$259,500**



ANDOVER - Wonderful in-town 4 bedroom Colonial. Formal living room with fireplace and formal dining room with built-in china cabinet. Outstanding remodeled kitchen opens to sunny family room with French door. **$275,000**



ANDOVER - Prime in-town location! Bright & charming 2 family in great up-dated condition. 5/5 plus – walk-up attic, 4 skylights, new roof and 2 car garage. **$279,900**



ANDOVER - Detached Condo at Hunters Ridge! Enjoy the convenience of condominium living and the space and feel of a single family home come together in this appealing "End Unit." Central air, attached two car garage, 5 rooms. **$364,900**



ANDOVER - Spectacular new construction with a versatile floor plan that includes 9 rooms and 3.5 baths. Two of 4 spacious bedrooms have private baths. 3 car garage. **PVRM 25 Seller will entertain offers between $440,000 and $540,000.**



ANDOVER - Elegant Mansard Roof residence on quiet cul-de-sac features ten gracious rooms, three car garage, huge front-to-back kitchen w/fireplace, family room, great room, and in-ground pool. **PVRM 25 Seller will entertain offers between $440,000 and $540,000.**

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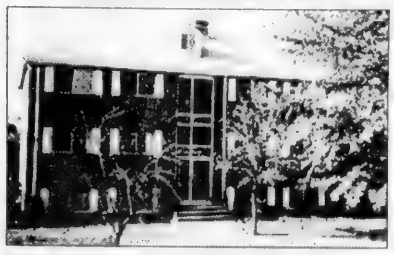
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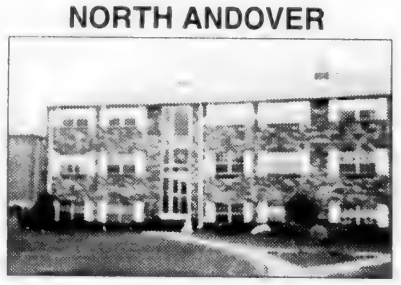
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NORTH ANDOVER



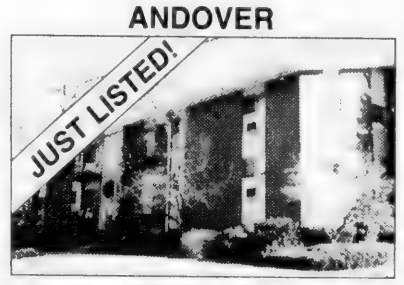
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NORTH ANDOVER



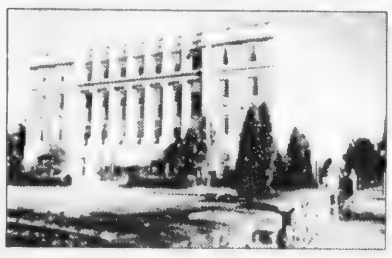
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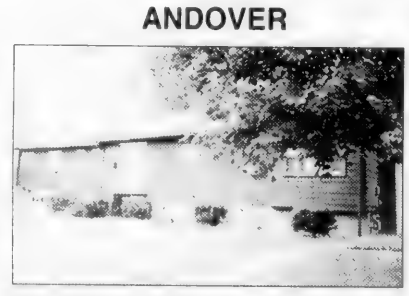
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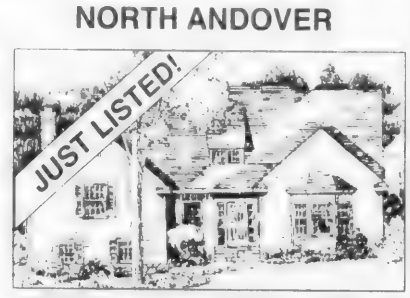
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NORTH ANDOVER



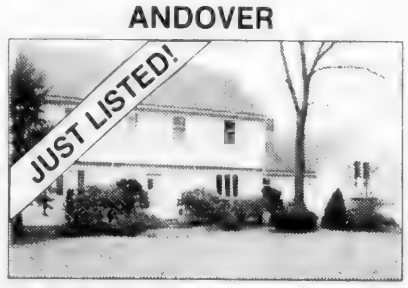
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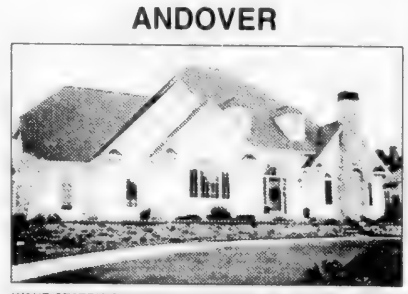
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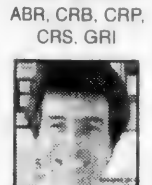

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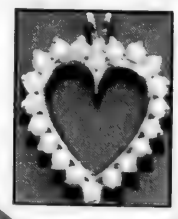
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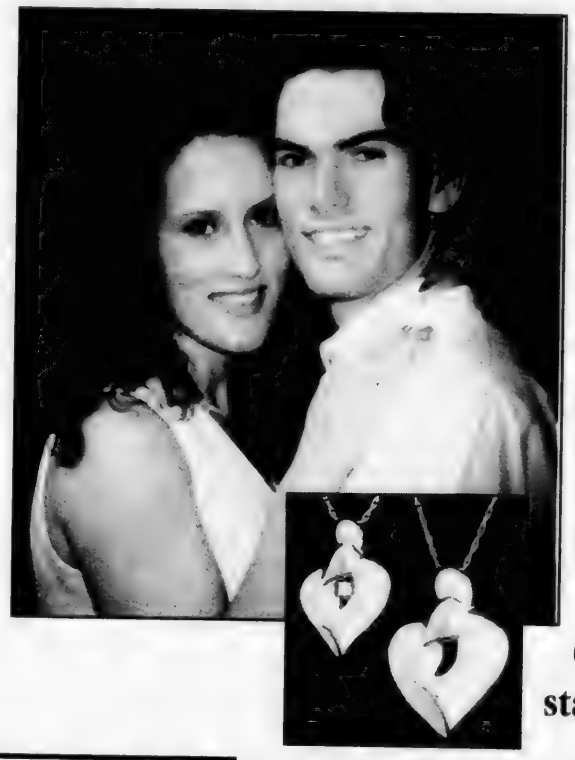
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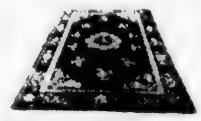
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Early in new year is the time for annual financial checkup

Reviewing your investment plan early in the new year is a good way to evaluate your financial situation and find out where you stand. To remain effective, your investment plan should reflect any personal or life changes, such as marriage, birth or retirement.

Experts suggest that when you review your plan, be sure to evaluate:

• Your current financial status. Changes in your personal or financial circumstances may require changes in your overall investment plan.

• Your investment objectives. Your investing goals may need to be adjusted to meet your changing financial and retirement planning needs, as well as the changing tax laws, market conditions, inflation and interest rates.

• Your tolerance for risk. This will depend on your age, family situation, current income and expected future salary adjustments. You should also consider specific financial goals which may require investing to seek a specific rate of return. It should also be influenced by your tax bracket, overall net worth and need for cash on hand.

• Your spending habits. Keep an expense log to show how much money you spend per month and where you spend it. Look for areas where you can save money, then set a weekly or monthly goal for yourself.

• **Your investment diversification.** By spreading your dollars among various investments or asset classes, you can minimize the effects on your portfolio of short-term fluctuations in any one market.

• **Your retirement goals.** Your portfolio should include retirement contributions in tax-deferred investments, say experts at Diversified Investment Ad-visors, an investment advisory firm, located in Purchase, NY, that services $9 billion of retirement plan assets. Tax-deferred vehicles, such as employer-sponsored retirement plans, including 401(k)s, 403(b)s and 457s, allow money to accumulate tax-free until withdrawn, usually at retirement, report financial experts at the firm. That means earnings that normally would be taxed each year remain in the account tax-deferred until retirement when they may be taxed at a lower rate. Over time, tax deferred compounding can result in significant returns for your retirement nest egg.

Updating your investment plan now can help make sure your plan is meeting your financial objectives and retirement goals and will help give you the direction needed to make the new year a financial success.

Helpful hints on debt reduction

If you think you're the only one with a credit card balance, think again. According to the Associated Press, the average household now has four credit cards with a combined balance of around $4,800, up from two credit cards totaling $2,340 in balances just five years ago.

In a recent poll, more than half of those surveyed said it is tougher to pay their bills today than it was three years ago, and nine in ten worried about making their payments each month.

"People are struggling to keep up," says Regina Poznansky of Consumer Credit Counseling Service. "In an effort not to miss a payment, many card holders are paying the minimum amount not realizing they are really just accruing more debt. Take for example someone who charges something worth $500 on their credit card. At 18 percent if they just paid the minimum it would take them almost four years to pay that off and in the end they would have paid about $700 for that $500 purchase."

If the credit card balances are adding up, and your mortgage payments and car loans are due, it may be time to get smart about paying off your debt. Poznansky advises people to sit down and work out a strategy or a plan.

Happily, there is new software with a feature that takes users through the steps of developing a personalized plan to get out of debt sooner and save money on interest charges.

This debt reduction feature is found in the newest deluxe version of Quicken. This best selling personal finance software now not only helps users keep track of their finances, it helps them conquer debt easily and quickly.

Here's how it works:

• Simply input the balance on all your credit cards and loans, finance or monthly charges, and the amount you typically pay each month.

• The debt reduction feature analyzes all of your accounts and looks at your spending and savings patterns to determine how long it will take to get out of debt.

• Quicken then suggests a financial game-plan to prioritize your payments to help you climb out of debt more quickly while decreasing the total amount you will pay in interest charges.

The first steps toward becoming debt-free are sticking to a budget and mapping out a sound strategy for paying off creditors. If this is your goal, Quicken may just be the perfect investment.

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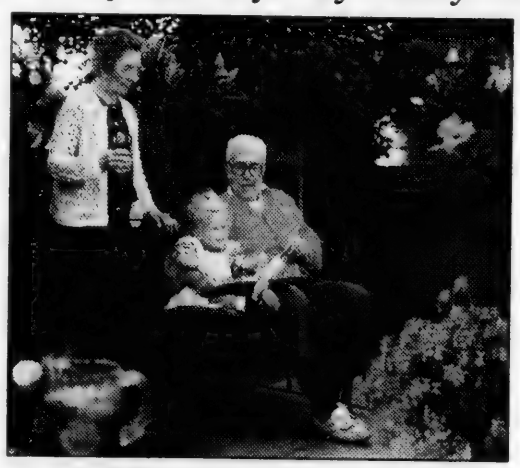
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How can an American Express financial advisor help you?

Unlike some investment or insurance salespeople, financial planning professionals concentrate first on identifying your unique needs rather than promoting specific products or investments.

An American Express financial advisor can help you make the right financial decisions and, if necessary, coordinate them with those suggested by the other professionals you may use. This important step is part of a complete financial plan that takes into consideration your overall financial situation. You can count on an American Express financial advisor to work with you throughout your life to revise your plan when needed and help you track your progress toward meeting your goals. The concern of an American Express financial advisor is that your needs are met today — and tomorrow.

What should you financial plan include?

A sound financial plan should cover a broad spectrum of areas relating to your present security and future well-being. It should include an analysis of your situation and needs, as well as recommendations on how to achieve your goals. American Express Financial Advisors' individualized approach explores the areas you choose in varying depths, depending on your personal goals and concerns.

Financial planning typically considers six areas.

1. Financial position

A sound financial plan begins with a through understanding of your financial position. This involves asking key questions covering three major areas.

• **What do you hope to accomplish?** What are your goals for yourself and your family? A first (or second) home? College for your children? Setting yourself up in business? Almost surely you want to reduce taxes, and assure yourself a comfortable retirement. (It's never too early to start.)

• **Where do you stand today?** What is your net worth after subtracting all your liabilities from all your assets? Exactly how much of this is readily available in case of emergency?

• **How can you reach your goals?** How much time do you have to achieve them —and how much money will you need?**2. Protection planning**

Protecting yourself against the unexpected is a vital element in financial planning. This means having adequate protection. As situations change over time. your protection needs also change. This is why it's important to regularly review your protection needs.

3. Investment planning

An almost endless array of choices is available to you as you try to select the right investments for current and future needs. Thorough financial planning is vital to making wise decisions. Through financial planning, asset diversification can build a portfolio that helps your investments meet your goals, such as college education or a vacation.

Before you invest, you should review your goals, the amount of risk you are willing to assume and the timeframe within which you hope to achieve your objectives.

Investment assets usually fall into two categories: fixed and equity.

Fixed assets are funds invested at fixed rates of return, usually for a specific period of time. Examples include longer-term bonds (corporate, municipal, state or federal) some unit trusts and long-term certificates of deposit.

Equity assets are investments whose market values and rates of return can go up or down. Unlike fixed asset investments which are usually bought to produce income, equity assets are bought for growth, or for growth and income.

A financial advisor can help you sort out your choices and help decide what is best for you.

4. Income tax planning

Wise tax planning can be a powerful element in protecting and building your assets. Financial planning will help identify the impact of taxes on your current financial situation, as well as look at the tax implications for future investments.

One way to help reduce the bite taxes take is through tax-exempt investments. Virtually all of these are free from federal income tax. Many are also free from state and local taxes when purchased by residents of those areas.

The income paid on investments in certain tax-deferred products such as deferred annuities and universal life insurance is not immediately taxable. But unlike tax-exempt income, tax deferment simply postpones the payment of taxes until receipt of this income at a later date — preferably when you are in a lower tax bracket.

Of course, a major way for individuals with earned income to defer payment of taxes is through an Individual Retirement Account (IRA). For certain investors, IRA contributions are tax-deductible. A financial advisor can help you determine your choices and help decide what course of action is best for you.

5. Retirement planning

Your ultimate future concern may be to provide for a comfortable retirement.

If you haven't already started saving for retirement, it may be time to begin — no matter what your age. If you have started, it will be helpful to review what you have achieved so far, and how far you have to go to reach your desired level of financial resources. If you have already retired, you will want to look at allocating your resources so that they provide an adequate income for your entire retirement.

An initial step is to determine how much money you think you will need to enjoy the retirement lifestyle you desire. Then you can consider the sources that will provide income for you, such as a private pension plan or Social Security.

A job change often affects retirement plans. Those who may be leaving a company may face another major decision such as what to do with a lump-sum distribution received from their employer.

The decisions you make in saving for retirement today can have a major impact on the type of lifestyle you enjoy in your retirement. You and your financial advisor can create a plan that will address your specific concerns in this area and help you develop the strategies to meet your goals.

6. Estate planning

Contrary to popular belief, proper estate planning is not just for the wealthy. You may have a potential estate large enough to require the special information that a financial plan can provide.

It is important for you to know what will be available to your heirs when your estate is settled. Estate planning is a highly specialized area that can be covered through the financial planning approach and the services of your legal and tax advisors.

Making your plan work by creating financial balance

A successful financial plan is balanced, pinpoints your particular needs and goals, and devises an integrated strategy to meet them all. It works toward growth and security in both the short and long run, while also attempting to balance risks.

Your American Express financial advisor will be glad to discuss these areas with you and how they can be used to help achieve your goals.

If You Haven't Done Anything About Financial Planning, Then Chances Are Your Money Hasn't Done Much, Either.

The time has come to make financial planning your top priority. Because, like many things in life, financial security is the result of careful, diligent planning.

In today's economy, your first concern is to weather the storms of uncertainty. Your American Express financial advisors share that concern. Call today for a free introductory consultation.

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Are you ready to start your own business?

Do you dream of being your own boss? Want the freedom to determine how much you'll earn and the hours you'll keep? Eight million American women have already taken the plunge to business ownership. Perhaps you can, too.

The road to business success can be rough. Just ask Avon's Women of Enterprise Awards winners. Each year, Avon honors a group of dynamic women who've turned obstacles into profitable ventures. Here's some of their advice.

"To realize your business dream, you must see it, think it and feel it," councils Judith Digon, CEO of American Barricade, Inc. in Orange, Calif. "But dreaming isn't enough. You must back up your plans with commitment and action."

"Hiring competent employees is critical," says Nancy Archuleta, CEO of Mevatec Corp. in Huntsville, Ala. "By empowering those who work for you, you inspire them to become passionate members of your team."

"Good communication skills are key to business success," adds Deborah Shaw, CEO of Umbrellas Plus in Chester, N.J. "If you can't communicate your vision to the outside world, you'll never convince them to do business with you."

More tips from successful women entrepreneurs include:

- **Define your purpose and passion.** Write down your goals. Once you've reached one, cross it out and come up with another!
- **Believe in yourself.** Don't let others control your destiny.
- **Build a support network.** Rely on those closest to you — friends, colleagues and mentors — to help you weather tough times.

Can't file now?

People who can't meet the tax filing deadline can send Form 4868 to the IRS and get a four-month extension of time to file. But, along with the form, they should send in the estimated tax they owe. People who can't pay the full amount should still send in the form, and pay as much as possible, because the penalty for not filing, or filing late, is higher than the penalty for paying late. And the IRS charges interest on any taxes paid after the due date.

Banking philosophy and focus



Community banks give better service, often at better rates.

(NAPS) When it comes to opening bank accounts, making transactions and taking out loans — even big ones — thinking smaller might be better.

Community bankers have joined forces to educate the public on the advantages of dealing with small banks. Through the Independent Bankers Association of America (IBAA), they've embarked on a nationwide campaign that lets people know the advantages of dealing with community banks.

"At issue are fundamental differences in banking philosophy and focus," said Anthony Abbate, president and CEO of Interchange State Bank in Saddle Brook, N.J. and chair of IBAA's marketing committee. "Community banks focus on the needs of local families, small businesses and farmers. That's a distinct advantage we offer over other, larger banks and nonbanks. Plus, community banks channel most of their loans to the neighborhoods where their depositors live and work."

Abbate's opinion is supported by George Washington University law professor Arthur Wilmarth. In a recent issue of the Stanford Journal of Law, Business & Finance he states: "Most small businesses agree that community banks are more responsive to their needs and more likely to maintain their credit relationships during economic downturns."

When *Consumer Reports* investigated community banks in the March 1996 issue, they found them to have better rates in 75 percent of the metro areas they tested.

Members of IBAA are showing their participation in the campaign by displaying a new logo, containing the words "Your Community Bank. On Your Corner, In Your Corner." The logo will appear on bank doors as well as marketing materials.

IBAA represents 5,500 independent community banks, employing more than 200,000 people in over 9,800 locations nationwide.

Erectile dysfunction...

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How to Invest in a "Blue-Chip" Strategy

Investors today know that a disciplined financial strategy is the key to financial success. That's why Dean Witter is pleased to introduce one such strategy through a single investment: The Select 10 Industrial Portfolio.*

The Portfolio invests for approximately one year in the 10 highest-yielding** "blue-chip" stocks in the Dow Jones Industrial Average (DJIA), which represents some of the most well-known and highly capitalized companies in America.† Its objective is to provide both current income and above-average growth potential. Key features that investors will appreciate include:

- **Diversification to reduce risk**
- **Convenience**
- **Easy liquidity††**
- **Low minimum investment: approximately $1,000**

How to Get Started

If you are an investor who recognizes the value of a single investment that combines opportunity, quality, discipline and performance potential, then Select 10 is an investment you should talk with us about today.

To find out how you can benefit from this current income and above-average growth potential, call for more complete information, including charges and expenses. We'll send a free prospectus and brochure. Read the prospectus carefully before you invest or send money.

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*Part of the Dean Witter Select Equity Trust Series.** As of the Date of Deposit.
† Dow Jones and Company, Inc. has not participated in any way in the creation of the Trust or in the selection of the stocks in the Portfolio, and has not approved any information indicated in this ad or in the Trust's prospectus.††Units may be redeemed at any time. The price you receive is based on the then-current net asset value of the securities in the portfolio, and may be more or less than the original purchase price.
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Edgewood Retirement Community prepares for spring move-ins

Excitement is building as future Edgewood residents prepare their move to the only true life-care retirement community in the North Andover area.

Edgewood retirement community, located 25 miles north of Boston on 62 acres adjacent to historic Edgewood Farm and Lake Cochichewick, was designed and will be operated with the philosophy that all residents should enjoy a rewarding retirement lifestyle.

The community offers a range of services including maintenance, groundskeeping, housekeeping and a restaurant-style dining room. In addition, Edgewood's 40,000 square feet of commons provides lounges, beauty shop, bank, convenience store, woodworking ship, community and private dining rooms and a library while the inviting outdoor environment offers a host of activities such as gardening, canoeing and bird-watching. Edgewood also offers unlimited access to respite, recuperative and long-term skilled nursing care in "The Meadows," their on-site Health Center. (The Meadows is now open and accepting respite and private pay residents.)

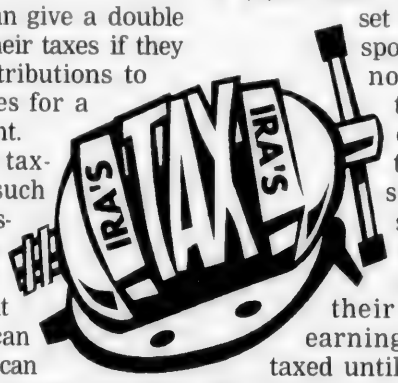
Entrance fees at Edgewood currently start at $152,600. Three different financial options are available, including a Return-of-Capital™ Plan that returns up to 90% of the entrance fee to the resident or their estate.

Edgewood is being developed and will be managed by Life Care Services Corporation (LCS), the industry leader with more than 30 years of experience in over 70 communities nationwide, guided by a Board of Trustees made up of local medical professionals, business people and clergy.

To find out more about Edgewood, call Kathy Hamel at (508) 689-0200 or 1-800-649-3343.

An IRA can lower tax bill

For many people who work for companies without a pension plan, setting up an individual retirement arrangement (IRA) can give a double bonus. It can lower their taxes if they make deductible contributions to the IRA and provides for a more secure retirement.



Anyone who has taxable compensation, such as wages, tips, commissions and taxable alimony, and who will be under age 70˙ at the end of the year can set up an IRA. Money can be put into an IRA at any time during the year or by the due date of the tax return for that year, not including extensions.

Contributions must be in the form of money, such as cash, check or money order. Property doesn't count. The most that can be contributed for any year is $2,000 or taxable compensation, whichever is smaller. For married couples who work, the maximum is $2,000 each. A working spouse can set up a spousal IRA for a spouse who has little or no taxable compensation. The maximum combined contributions to the working spouse's IRA and the spousal IRA is $2,250. Many people can deduct part or all of their contributions. IRA earnings generally are not taxed until they are withdrawn from the account.

Publication 590, Individual Retirement Arrangements (IRAs), gives more information on IRAs, including how to compute and report deductible and nondeductible contributions, when to start withdrawing money and what actions will result in penalties. Order it by calling 1-800-829-3676.

Tax relief can soften disaster

Losing personal or business property due to a fire, flood, hurricane, theft or other similar event is devastating, but some losses can be recouped through federal income tax breaks.

People who suffer a casualty loss or theft may be able to deduct the loss when they itemize deductions on their tax returns. If the loss happens in an area declared a disaster area by the president, people can choose to deduct the loss when they file their tax return for the year of the loss, or amend their return for the year before the loss, whichever provides the best tax result.

Details can be found in Publications 547, Casualties, Disasters, and Thefts (Business and Nonbusiness), and 1600 (1600SP in Spanish), Disaster Losses. Call 1-800-829-3676.

REASON #1 TO CHOOSE AN EDGEWOOD RETIREMENT

Control



You want to stay in control over the important decisions in your life. And with a move to Edgewood life-care retirement community, you can do just that. No one will dictate your schedule or activities. Instead, you'll continue to make your own decisions about how active or relaxed you choose to be.

For more reasons why you should choose the retirement lifestyle at Edgewood, call Kathy Hamel at **(508) 689-0202** or toll-free **(800) 649-3343.**

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REASON #2 TO CHOOSE AN EDGEWOOD RETIREMENT

Nursing Care



You deserve to have your nursing care guaranteed. And with a move to Edgewood life-care retirement community, you're assured unlimited access to respite, recuperative or long-term nursing care in *The Meadows,* our professionally staffed, fully licensed, on-site health center. This commitment gives you peace of mind about any future nursing care you may need.

For more reasons why you should choose the retirement lifestyle at Edgewood, call Kathy Hamel at **(508) 689-0202** or toll-free **(800) 649-3343.**

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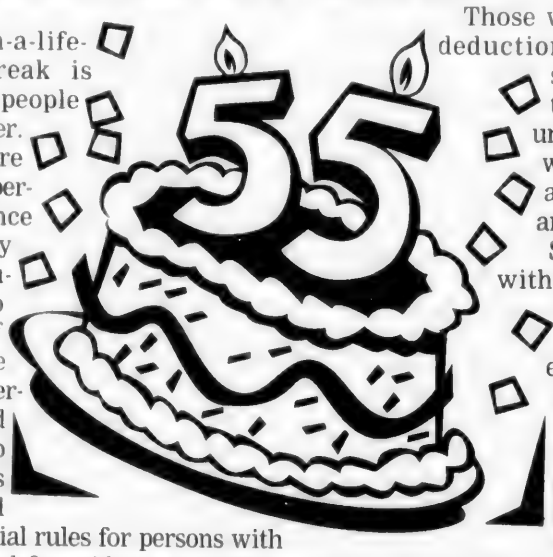
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EQUAL HOUSING OPPORTUNITY

Age has its tax benefits

There are benefits to getting older, at least when it comes to taxes. Some tax benefits become available starting at age 55.



A once-in-a-lifetime tax break is available to people age 55 or older. Those who are selling their personal residence may qualify for the exclusion of up to $125,000 of gain on the home sale. Certain use and ownership restrictions apply, and there are special rules for persons with disabilities and for widows or widowers.

People age 60 or older can get help with their tax returns from Tax Counseling for the Elderly (TCE). Through TCE, volunteers from many organizations provide free tax information and guidance. Local IRS offices have information on TCE locations.

Seniors age 65 or older may not have to file a tax return if their income is less than a certain amount. For 1996, that amount for single seniors is $7,550. The limit for a married couple filing a joint return is $12,600 if only one spouse is a senior, and $13,400 if both are seniors.

Those who don't itemize deductions get a higher standard deduction than people under 65. And those who are blind get an extra added amount.

Seniors or people with disabilities may qualify for the credit for the elderly or the disabled. This credit is based on age, income and filing status, and can reduce the amount of taxes owed. Those under 65 could be eligible if they retire with total and permanent disability and have income from their employer because of that disability.

The IRS considers persons to be age 65 on the day before their 65th birthday. So to the IRS, those who turn 65 on January 1, 1997, are age 65 on December 31, 1996.

For more information, get Publication 554, Tax Information for Older Americans, and Publication 910, Guide to Free Tax Services. Call 1-800-829-3676.

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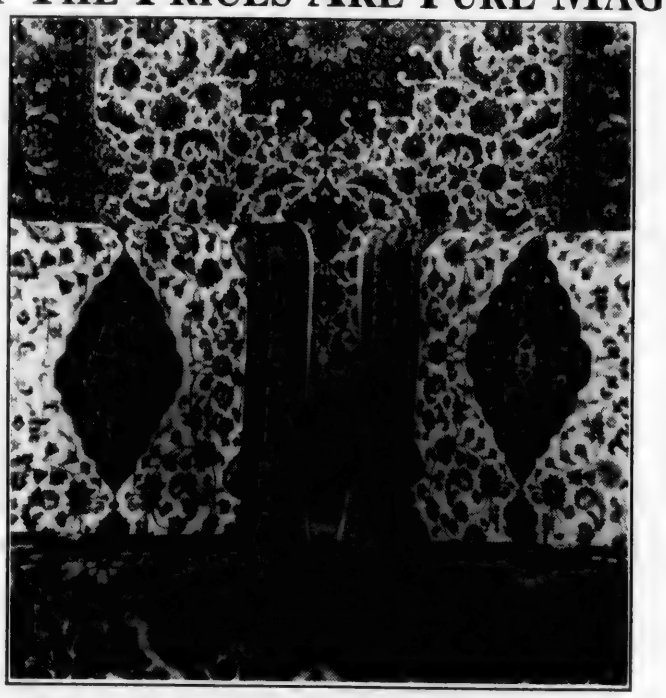
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Get the investment strategy that has outperformed the DJIA 16 of the last 20 years.

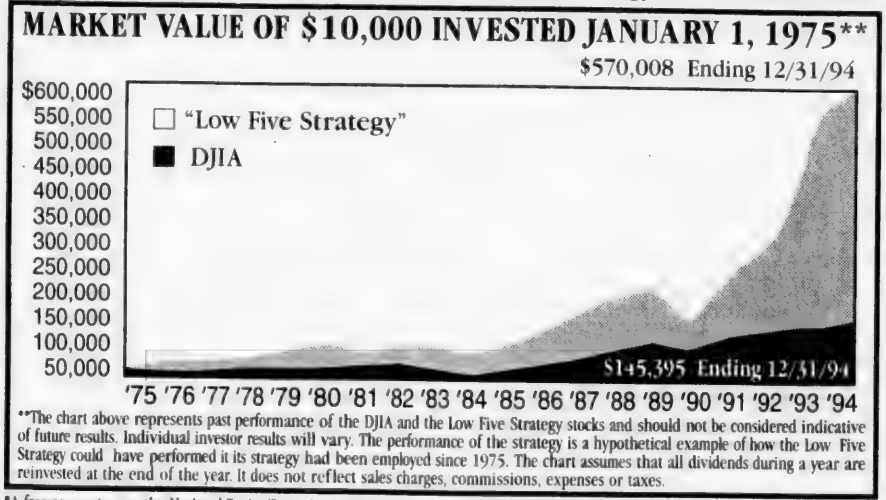
If you invest in stocks, you've probably heard that you should buy low and sell high...you've also probably found this is a lot easier said than done. Well, that's just the aim of the National Equity Trust, Low Five Series.

This investment strategy starts by establishing the ten highest dividend yielding stocks of the DJIA, then selecting the lowest priced five among them.

The trust holds these issues for approximately one year, and pays quarterly dividends. You may then decide to roll into the next series, if available, or take a cash distribution.

For an example of how this strategy has performed versus the DJIA* over time, please see the graph below. For more information on this investment strategy, call the number below.

MARKET VALUE OF $10,000 INVESTED JANUARY 1, 1975**



**The chart above represents past performance of the DJIA and the Low Five Strategy stocks and should not be considered indicative of future results. Individual investor results will vary. The performance of the strategy is a hypothetical example of how the Low Five Strategy could have performed it its strategy had been employed since 1975. The chart assumes that all dividends during a year are reinvested at the end of the year. It does not reflect sales charges, commissions, expenses or taxes.

*A free prospectus on the National Equity Trust, Low Five Portfolio Series that contains complete information, including all sales charges and expenses, is available. Please read it carefully before you invest or send money. The Dow Jones Industrial Average (DJIA), an unmanaged index which is a broad indicator of stock price movement, is the property of Dow Jones & Company Inc., and has not participated in or approved of the offering. ©1995 Prudential Securities Incorporated. Member SIPC.

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Ryan Financial Ends 1996 on High Note

1996 was a year of great growth and many accomplishments at Ryan Financial Advisors in Andover. The firm's business doubled as their national performance rankings remained in the upper echelon of investment managers.

But what is behind this remarkable growth? It is not just outstanding performance. Rather it is the rare blend of personal service, leading-edge technology and client communications that has enabled Ryan Financial to become "Andover's choice for financial advice."

High Degree of Personal Service

"Many firms that might look like ours are indeed very different," noted Bill Ryan, president of Ryan Financial. "We want our clients to be involved in the process of achieving their goals, so we spend as much time as it takes to educate them on all available options. When a client calls, any member of our staff can help and is aware of the goals as well as the particulars. In short, we know our clients and they know us." In January, the firm even provided the tax filing information for use by the clients' CPA. They simplify an otherwise cumbersome process.

Quarterly Investment Performance Review

Each January, April, July and October portfolio performance reports are prepared on each account and mailed to the client. Review sessions are then scheduled and conducted during which each investment is examined, explained and perhaps modified to keep the account optimally deployed in light of present and perceived future market conditions. Elaine B. Morgillo, the firms director of financial planning at Ryan Financial, noted that "prior to working with our firm most clients had no idea of what the return was on their portfolio. That information, which seems basic, is not provided by most other financial firms."

Strong National Rankings

How good is good? Comparisons versus its peers have shown that Ryan Financial is quite good indeed. Each quarter some 80 firms which manage tactical asset allocation portfolios submit their returns to Nelson's Investment Database, the largest of its kind. For the past three years ending 09/30/96, Ryan Financial Advisors was ranked in the top 24 percent and for the last 12 months, the top 30 percent. "That is an accomplishment we are quite proud of," noted Steven E. Medina, the firm's director of research. "Our modest size actually works to our advantage. We are able to beat so many of our larger competitors because we are focused yet flexible, not bureaucratic."

Organize, Prioritize and Simplify

Ryan Financial's typical client is not the experienced veteran investor, but rather the recipient of a substantial sum of money that requires professional guidance. "Learning our business takes years, and experimenting with one's own money can be a very expensive lesson,' said Linda Kent Ryan, executive vice president of Ryan Financial. "We organize our clients' accounts, measure them, and work with the CPA and attorney to make sure that all the issues are addressed, both major and minor."

All in all, the "better mousetrap theory" still holds; clients are beating a path to Ryan Financial's door.

Ryan Financial Advisors, Inc. are located at 89 Main St., Andover, Mass. 01810. They can be reached at (508) 475-1500.

"Many firms that might look like ours are indeed very different. We want our clients to be involved in the process of achieving their goals, so we spend as much time as it takes to educate them on all available options. When a client calls, any member of our staff can help and is aware of the goals as well as the particulars. In short, we know our clients and they know us."

Bill Ryan, president of Ryan Financial.

Call Ryan Financial If:

(If yes, ✔)

☐ You deserve a high degree of ***personal service***

☐ You would benefit from ***quarterly investment performance reviews*** to keep you informed and up to date

☐ You want to work with a firm that has asset allocation performance in the ***top 25% nationally****

☐ You want to ***organize, prioritize***, and ***simplify*** your financial life

and

☐ ***That anonymous 800 number just isn't enough***

At Ryan Financial Advisors achievement of your financial goals is our *only* business. Give us a call... You'll like our style.



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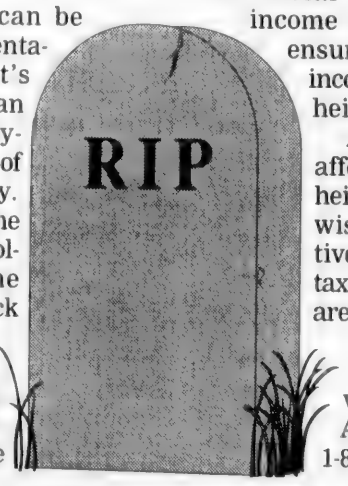
* Based upon 3 year Nelson's Investment Database of Tactical Asset Allocation Portfolios and Funds.

Final income tax return due

—As strange as it may seem, tax obligations do not end at death. If people have enough income before dying to require tax returns, then their families or executors must file a final income tax return to report that income and payany taxes or claim any refund due.

And depending on when the person died, more than one tax return may need to be filed. If a person with enough income to require a tax return died between January 1 and April 15, and had not yet filed the previous year's return, then one is due by April 15. But that's not the last one. A final return must be filed by April 15 of the following year to account for any income or liability the decedent (person who died) had between January 1 and the date of death.

All these things can be handled by a representative of the decedent's estate: an executor, an administrator, or anyone who is in charge of the decedent's property.



If taxes are owed, the representative must collect them from the estate and send a check with the tax return to the Internal Revenue Service. If a refund is due, the representative must attach to the return a copy of the court certificate showing his or her appointment as representative. This certificate authorizes the IRS to make the refund payment to the decedent's estate. A power of attorney or copy of the will is not acceptable. For those who are not court-appointed or certified representatives, a Form 1310, "Statement of Person Claiming Refund Due a Deceased Taxpayer," may be required.

Usually a surviving spouse can file a joint return for the decedent if he or she did not remarry in the year of death. Making a payment or claiming a refund is handled the same way as if the person were still living.

The surviving spouse or representative should immediately give notice of the death to all parties, including financial institutions, who paid income to the decedent. This will ensure the proper reporting of income earned by the estate or heirs.

A person's death can also affect the tax returns of the heirs and the estate. It may be wise to have the representative coordinate the filing of all tax returns to make sure they are done correctly.

For more details, get free Publication 559, Survivors, Executors, and Administrators, by calling 1-800-829-3676.

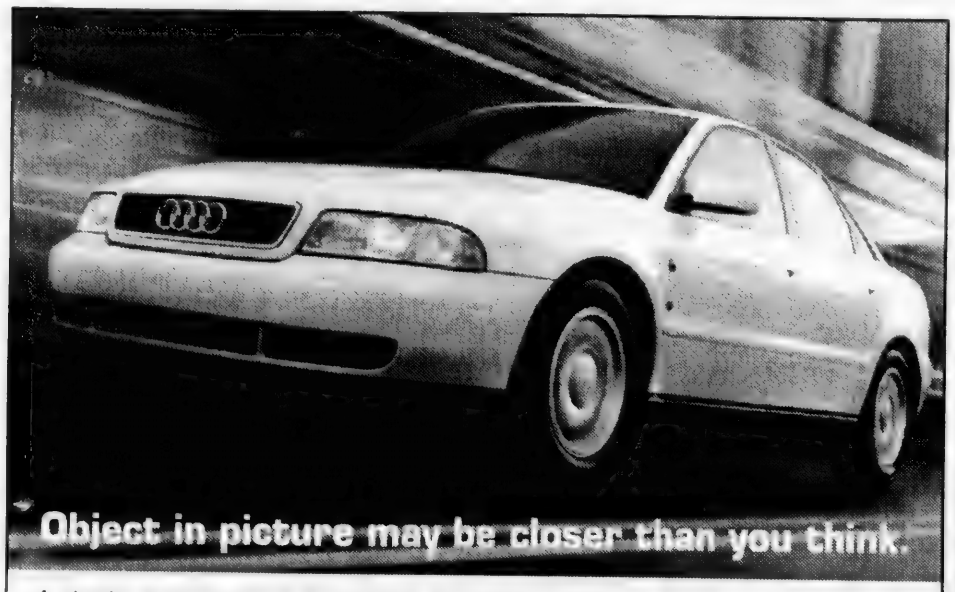
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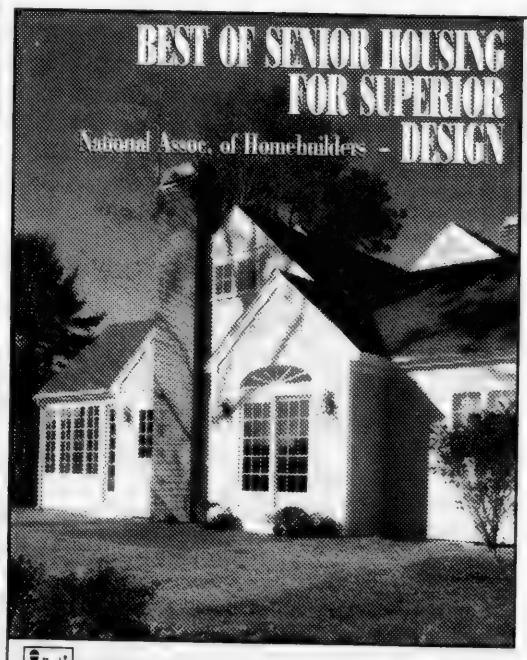
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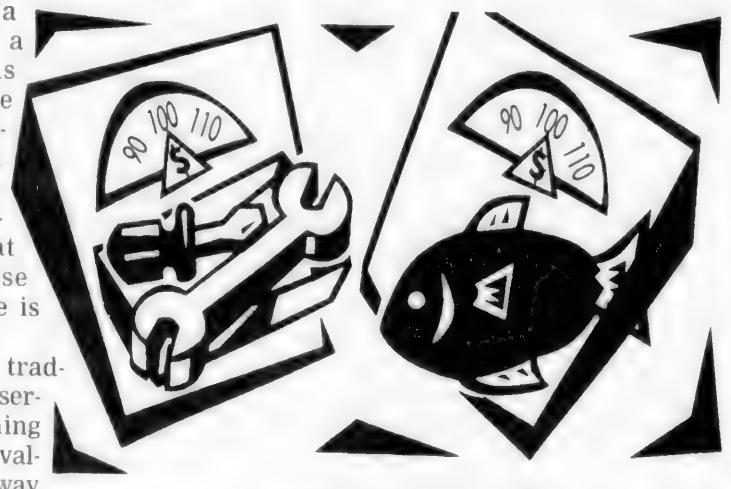
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Returning a favor for a favor is common practice among neighbors. Just remember that trading, or bartering, jobs that would otherwise produce in-come is taxable by law.

Bartering, or trading property or services for something of equal or near value, is a popular way of stretching one's income. However, just like other forms of income, bartering income must be included on one's federal income tax return.

Bartering may be going on in your community. For example, a person who operates a small fishing business and whose car needs some repairs may barter with a neighbor who runs a car garage in exchange for a summer of free salmon and trout. The fair market value of both the repair and the seafood must be reported as income by the recipients.

Fair market value for the repair is what an unrelated person would have paid if he went to the car garage for the job. The fair market value of the seafood would be what the fisherman would have charged a stranger for them. If the parties agree ahead of time on the value of the products or services being traded, that value will be accepted unless it can be proven otherwise.

Anyone who barters through a barter exchange should receive a Form 1099-B, "Proceeds from Broker and Barter Exchange Transactions," or similar statement, by January 31 of the following year. The statement will generally show the value of cash, property, services, credits or scrip received from exchanges during the year. For more information, get English-language Publication 525, Taxable and Nontaxable Income, by calling 1-800-829-3676.

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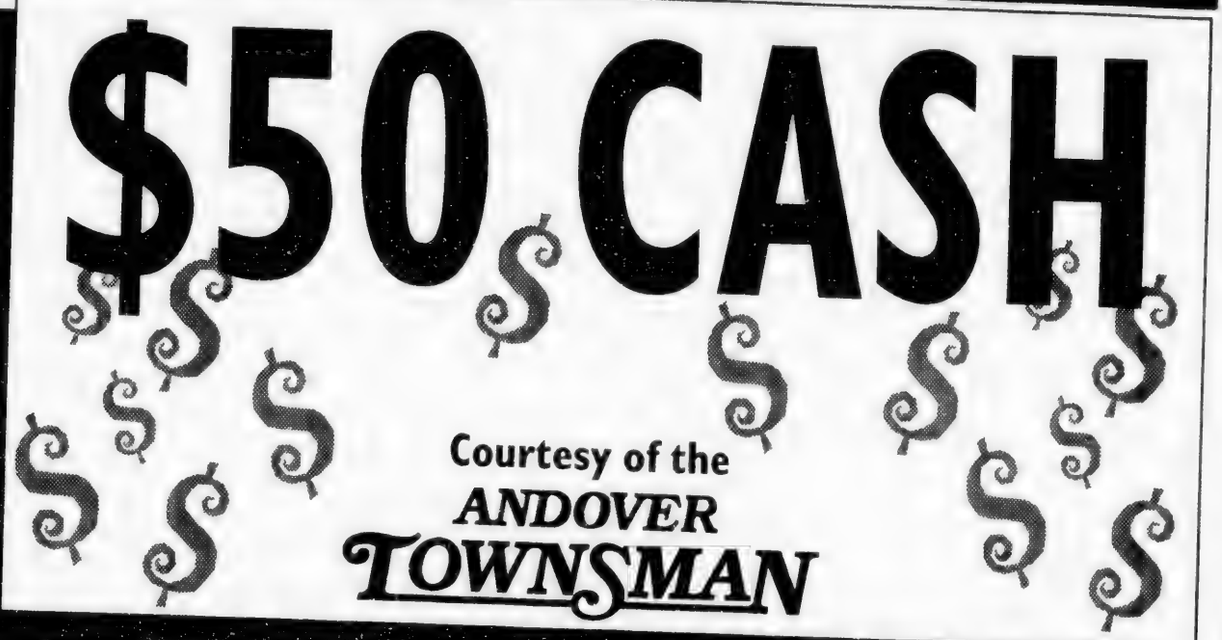
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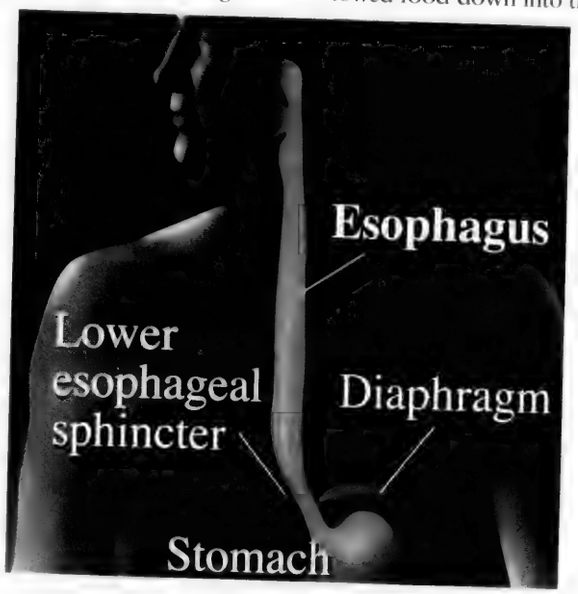
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LAHEY HITCHCOCK
HEALTH LETTER

WINTER 1997

CURING CHRONIC HEARTBURN THROUGH SURGERY

There is an impressive arsenal of drugs available to treat heartburn, but they are not always effective over the long term. Doctors often recommend surgery if drugs fail to control the problem, or if younger patients are faced with the prospect of taking powerful and expensive drugs for the rest of their lives. Some patients, especially those who have managed well with drugs, have been reluctant to undergo surgery, but that may change with a new surgical procedure that offers a speedier recovery.



What Causes Heartburn?

The esophagus is a tube-like structure that connects the mouth with the stomach. Within the esophagus are a number of muscles that contract in sequence, helping to carry swallowed food down into the stomach. At the point where the esophagus joins the stomach is a muscle called the lower esophageal sphincter. It serves as a sort of valve, opening to allow food to pass into the stomach and closing to keep the high-pressure contents of the stomach from shooting back up into the esophagus.

Heartburn, which doctors call gastroesophageal reflux, is caused by excess stomach acid in the esophagus. The underlying cause is most commonly a poorly functioning lower esophageal sphincter, which allows acid from the stomach to wash up into the esophagus. In a small percentage of patients, stomach acid can erode and damage the lower esophageal

continued on next page

Choosing a Primary Care Physician

Selecting a primary care physician for you and your family members is one of the most important health-care decisions you will make. Your primary physician—usually a pediatrician for children, a general internist for adults or a family practitioner for both—provides preventative services as well as treatment of acute and chronic illness. If you are enrolled in a health maintenance organization (HMO) or other managed care plan, your primary physician also works with you to determine the need for other specialists, tests and procedures.

Look for someone you trust and can communicate with and, if possible, make the selection before you need medical care. "Choosing your physician is an important decision that should not be made when you are ill, under stress and in need of immediate medical care," says John Abramson, M.D., family practitioner in Hamilton and chairman of Lahey Hitchcock's Department of Family Practice Medicine.

Reviewing Qualifications

In selecting your physician, you may wish to review credentials and areas of special interest. If you belong to a

continued on 4th page

WHAT'S INSIDE

Climatic Changes:
Seasonal Affective Disorder—how do you know if you have this limiting winter ailment? Cold hands, cold feet and Raynaud's syndrome.

Laser Vision Correction:
Who is a candidate for this technologically advanced procedure?

Skin:
Avoiding dry winter skin and some easy ways to help preserve your skin throughout the year.

You Asked:
Is it safe to take over-the-counter diarrhea medications? Peanuts—what to do if your child is allergic.

HEARTBURN continued from front page

sphincter, making the problem even worse.

Acid reflux can produce a wide variety of symptoms. The most common symptom is a burning chest pain behind the breast bone. It can also create the sensation of food coming back into the mouth, with an accompanying acid or bitter taste, an early feeling of fullness, nausea and vomiting.

However, it can also produce other symptoms that one might not ordinarily think of as "heartburn." For instance, when stomach acid gets up into the throat, it can cause hoarseness and sore throat. Sometimes minute amounts of stomach acid get inhaled, causing coughing, wheezing and trouble breathing.

"Forty-four percent of the adult population has some sort of heartburn at least once a month. Fourteen percent has it at least twice a week, and ten percent have heartburn daily," says S. Peter Gibb, M.D., a gastroenterologist at Lahey Hitchcock Medical Center. "It's a very, very common problem."

Nonoperative Therapy

According to Dr. Gibb, there are a number of measures people can take to alleviate heartburn. The first line of treatment is behavioral changes, such as avoiding foods that bring on the symptoms. Citrus fruit, tomatoes, peppermint, chocolate, caffeinated beverages and alcoholic beverages are all common culprits. Other helpful measures include eating smaller meals, stopping smoking and raising the head of the bed four to six inches to keep stomach acid out of the esophagus while lying down.

If these measures fail, over-the-counter antacids may help. Recently, very effective drugs called histamine or H_2 blockers (Axid, Pepcid, Tagamet and Zantac) became available over the counter. These drugs actually inhibit the production of acid in the stomach.

"If heartburn lasts more than two weeks despite these measures, or if you've had it for a long, long period of time, it's worth seeing a doctor," Dr. Gibb explains.

According to Dr. Gibb, doctors usually can diagnose gastroesophageal reflux based on the patient's description of symptoms. The symptoms of gastroesophageal reflux tend to occur in predictable patterns, such as after eating large meals or certain foods, and they tend to get worse when the patient lies down.

"Forty-four percent of the adult population has some sort of heartburn at least once a month. Fourteen percent has it at least twice a week, and ten percent have heartburn daily," ... "It's a very, very common problem."

– S. Peter Gibb, M.D. –
A gastroenterologist at
Lahey Hitchcock Medical Center

If the doctor suspects gastroesophageal reflux, the next step is a "therapeutic trial," treating the condition to see whether the symptoms go away. This may consist of behavioral changes and over-the-counter drugs, if the patient has not yet tried them. If these measures fail, doctors can prescribe more powerful versions of the over-the-counter histamine blockers. They may also prescribe prokinetic drugs such as metoclopramide (Reglan) and cisapride (Propulsid), which help the valves in the lower esophagus and stomach function properly, and proton pump inhibitors such as omeprazole (Prosilec) and lansoprazole (Prevacid), which are relatively new and powerful inhibitors of stomach acid production.

A Kinder, Gentler Surgical Treatment

Unfortunately, drugs do not cure the underlying problem—they merely alleviate the symptoms of heartburn.

According to Dr. Gibb, an operation may be warranted for patients whose symptoms do not respond adequately to drugs and for younger patients who are faced with the prospect of taking drugs for a long time. Anyone being considered for surgical treatment should undergo certain tests to make sure that symptoms are due to acid reflux and an incompetent lower esophageal reflux. If there is a motility problem within the body of the esophagus, surgical therapy will not help.

These tests include an esophageal motility test, which assesses the muscular contractions of the esophagus, and 24-hour pH monitoring, which can detect acid reflux by measuring the acidity of the esophagus over a period of time.

Until recently, the only surgical option was an open surgical procedure involving a long incision in the abdomen. To restore function of the lower esophageal sphincter, this procedure involves wrapping the upper part of the stomach around the lower part of the esophagus and suturing them together in order to recreate the weak or damaged sphincter. According to Desmond H. Birkett, M.D., chief of the Department of General Surgery at Lahey Hitchcock Medical Center, because of the large incisions involved, this operation requires a five-day hospital stay and it takes a month to completely recover.

Dr. Birkett says that this operation is largely being replaced by a relatively new procedure called laparoscopic Nissen fundoplication. Surgeons inflate the abdomen with harmless carbon dioxide gas and insert a laparoscope, a 30-centimeter telescope with a tiny video camera and a light source, through a small incision. They then make four or more incisions a centimeter or less in length and use them to insert miniaturized surgical instruments. They make all of the necessary surgical repairs through these tiny holes, using the video-monitor image provided by the laparoscope to guide them.

"The laparoscopic procedure is exactly the same operation but is per-

formed through small holes, instead of through a large incision," Dr. Birkett says. A number of clinical research studies show that the overall safety and efficacy of the two procedures are identical.

Because these smaller incisions are much less painful, patients typically stay in the hospital for two nights, and can go back to work much sooner. "People recover very quickly," says Dr. Birkett. "Within a week or so, they can be back at work."

The symptoms of gastroesophageal reflux tend to occur in predictable patterns, such as after eating large meals or certain foods, and they tend to get worse when the patient lies down.

Unfortunately, according to Dr. Birkett, not everyone is a candidate for the laparoscopic procedure: Those who have had an upper abdominal operation may have scar tissue that makes laparoscopy too difficult.

If you're interested in treatment for gastroesphageal reflux, call 617-744-3250 for an appointment with the Section of Gastroenterology or the Department of Surgery.

BARRETT'S ESOPHAGUS

According to S. Peter Gibb, M.D., gastroenterologist at Lahey Hitchcock Medical Center, after many years of acid exposure, the esophagus may adapt by transforming its lining to tissue similar to that of the stomach lining, which is resistant to acid injury. This condition, known as Barrett's esophagus, puts people at slightly greater risk of developing adenocarcinoma, or cancer, of the esophagus, which is increasing in incidence.

People with Barrett's esophagus should be monitored regularly using endoscopy, which involves an endoscope inserted into the esophagus to view the lining, along with biopsy, in which a sample of tissue is removed for examination under a microscope.

"Long-standing acid reflux carries a slight risk of cancer," Dr. Gibb says. "We want to monitor those patients periodically—about every year or two. If we can catch and treat this type of cancer of the esophagus early, it can be cured."

YOU ASKED

Question: Is it safe to take over-the-counter medications to control diarrhea?

Answer: Treatment for an acute diarrheal illness—the sudden onset of an excessive number of loose, watery stools—depends on its underlying cause. Common infectious causes of diarrhea include numerous gastrointestinal viruses; bacteria such as campylobacter, salmonella or hemmorrhagic E. coli; and parasites such as Giardia. Use of antibiotics can also lead to diarrhea by encouraging the growth of Clostridium difficile.

Over-the-counter medications are intended to treat acute or short-lived episodes of diarrhea. True antidiarrheals, like Imodium-AD, Kaopectate and the prescription drug Lomotil, control diarrhea by slowing intestinal movement. Pepto-Bismol and other bismuth subsalicylate-containing products relieve upset stomach, nausea and heartburn as well as diarrhea. In a study published in the *Journal of the American Medical Association*, researchers concluded that bismuth subsalicylate does decrease the duration of acute diarrheal illnesses and is safe for infants and young children.

More important than treating the diarrhea itself, however, is treating any resulting dehydration. "If a patient has an acute viral or bacterial illness with diarrhea, our primary concern is fluid loss, which can be very debilitating," says Richard P. MacDermott, M.D., head of the Section of Gastroenterology at Lahey Hitchcock Medical Center. Dehydration is particularly dangerous in young children and the elderly. Symptoms include dry lips, glazed eyes, lethargy, increased thirst and rapid pulse. To replenish fluids, the American Academy of Pediatrics recommends using products, such as Pedialyte, which contain water, salts and carbohydrates that the body needs. Sports drinks, made to replace fluids lost during exercise, can also be effective in treating dehydration due to diarrhea, says Dr. MacDermott.

If diarrheal illness lasts more than a week or is accompanied by a high fever or blood in the stool, see a physician as soon as possible. Chronic causes of diarrhea include irritable bowel syndrome, sprue, Crohn's disease and ulcerative colitis. Each of these diseases requires specific tests for diagnosis and specific treatment regimens.

CHOOSING continued from front page

health maintenance organization, you must select from your provider's list of participating physicians. Included in most physician profiles are special interests, hospital affiliations and educational background.

If a physician is on staff at a well-regarded community hospital and/or teaching hospital (affiliated with a medical school), he or she will have fulfilled the basic qualifying criteria: medical school, post-graduate training, etc.

According to Mark Silverman, M.D., chair of the Personnel Committee for Lahey Hitchcock's Massachusetts Region, Lahey Hitchcock Clinic's credentialing process is extremely thorough. In addition to an exacting review of education, internships, residencies, fellowships, past performance and professional recommendations, each candidate must go through a multiple interview process. "We involve the department chair, the medical staff office, the Personnel Committee and the Board of Governors in each of our appointments," he says. "The hiring process is at the heart of the group practice, because the quality of the medical staff is its most important asset."

When choosing a doctor, don't overlook the time-honored approach of asking a friend or colleague for their recommendations. "Word-of-mouth is often helpful, particularly if the recommendation comes from someone who shares your approach to health care," says Dr. Abramson.

Art and Science

Perhaps the most important aspect of making a wise choice is your experience of your doctor. "You can check out a physician's credentials, and that's important, but it doesn't tell you if this person will be a good physician for you," says Carl Soderland, M.D., internist at Lahey Hitchcock - Ipswich and medical director for Lahey Hitchcock's network of 35 community practices spaced throughout eastern Massachusetts. "Medicine is as much an art as a science and a good physician is someone you feel confidence in and who listens to you, responds to you and understands and accepts what is important to you," he says.

Dr. Abramson emphasizes that patients should seek out a physician who respects their values. "If, for example, a patient is a working mother and is happy with that choice but is experiencing job-related symptoms of stress, a good physician will not recommend that she quit her job and stay home with the kids. Instead, he or she will work at understanding what's important to this patient and find ways to help her, while also respecting her core values," he says.

Making it Work

Choosing a good physician won't by itself guarantee good health care. It's important for the patient to establish good communication with his or her doctor, and take an active role in care and treatment.

Be prepared. If this is a first visit, be ready to tell your doctor about your family history, stressful factors in your lifestyle, any illness you've had in the past and your personal health-related habits.

If you're going in with a specific problem, it's a good idea to bring a written list of symptoms, plus any questions you want answered. Take note of when you first noticed the problem, where on your body the problem is located, exactly how it feels, how often it occurs and how long it lasts.

You Don't Have to Settle

Most people find a physician they can trust and with whom they can build a lasting partnership. But if this does not happen within a reasonable amount of time, or if there are specific problems that are interfering with the relationship, it is a good idea to have a discussion with the physician. "Your physician may be quite unaware there are problems and willing and able to rectify them," says Dr. Abramson. "Most welcome feedback from patients, including constructive criticism, because they want to provide the best care possible."

If trust or communication has broken down, it may be time to make a change. "If a patient loses confidence in his or her physician, it is important to mend or end the relationship," says Dr. Abramson. "Patients owe it to themselves to get the best medical care they can, and that means having a physician they can respect and trust."

HOW TO PREPARE FOR THE FIRST VISIT WITH YOUR DOCTOR

- Write down a list of illnesses in your family.
- List any illness you have had.
- Identify any stressful factors in your lifestyle.
- If you have a specific problem, write down the symptoms and a detailed history of your experience:
 - When did you first notice the problem?
 - Where on your body is the problem located?
 - Exactly how does it feel?
 - How often does it occur and how long does it last?
- Bring a list of any medications (and the dosage) you are currently taking. Include both prescription and non-prescription drugs.

The Wintertime Blues

SAD: A Form of Hibernation?

Seasonal affective disorder (SAD) is characterized by excessive sleeping, overeating, lack of energy and depression during the winter. Researchers don't know exactly what causes SAD, but they do know that light alters how the brain regulates the flow of various chemicals in the body, which can affect a person's mood, energy level and sleep patterns.

SAD behavior mimics that of hibernation. "Unfortunately, given life in the 20th century, people don't get to hibernate in the winter," says Mary Anna Sullivan, M.D., vice chairman of the Department of Psychiatry and Behavioral Medicine at Lahey Hitchcock Medical Center. "SAD is a mood disorder that's disruptive, but it is treatable."

About 50 percent of SAD sufferers respond well to light therapy, which entails spending from 30 minutes to two hours a day under bright, artificial light. Special lamps or visors emit light equivalent to what's seen in a cloudless sky at dawn or dusk.

People with true seasonal affective disorder notice a remission in SAD symptoms just days after light therapy begins. If light therapy does not improve a patient's condition, antidepressants and cognitive therapy might be prescribed.

In an article published this past November in the *American Journal of Psychiatry*, doctors from Columbia University's Department of Psychiatry and the New York State Psychiatric Institute found a correlation between patients' medical profiles when depressed and their response to light therapy. Patients with a history of major depression that was melancholic were least likely to respond. Those with symptoms mimicking hibernation—oversleeping and overeating—were more likely to respond. The researchers concluded that a comprehensive history of a patient's symptoms must be used to make a diagnosis and develop a treatment plan.

Anyone who experiences SAD symptoms should contact a physician. "A lot of people are prone to small changes in mood or energy level. That alone is not enough to get professional help," Dr. Sullivan says. "But if you experience mood dips during the winter that interfere with your home or work life, then it is worth seeing a physician to determine if you have a seasonal affective disorder."

For some, northern winters prompt medical conditions that can negatively impact a person's life.

Raynaud's Disease

Although it most commonly occurs during the winter, some people experience symptoms year-round. Raynaud's can be brought on by standing in cold water at the beach or walking through the frozen food section at the grocery store. When an attack occurs, the arteries to the fingers or toes close suddenly, prompting the extremities to turn white, cold and numb. Some people experience Raynaud's symptoms in their ears and nose as well. Raynaud's attacks can last a few minutes or several hours, and patients often feel pain or discomfort when the extremities warm at the end of an attack.

To accurately diagnose the disease, physicians conduct a physical examination and evaluate the patient's medical history and the duration of the symptoms. In some cases, Raynaud's can be traced to an underlying medical condition, such as abnormal blood flow or a rheumatic disease. But in the majority of Raynaud's cases, the cause of the disease is unknown.

"If the primary diagnosis is Raynaud's, then the strategy is to avoid getting cold," says Nicholas Tsapatsaris, M.D., associate head of cardiovascular medicine at Lahey Hitchcock Medical Center. "It is not just a matter of the hands becoming cold. If the body is cold, you get the response in your hands or feet."

Medication similar to that used for high blood pressure occasionally is prescribed to treat Raynaud's disease, but often the side effects outweigh the benefits. "This is generally a disease of young healthy women, so we are cautious about prescribing these medications," says Dr. Tsapatsaris. "In this geographic area, approximately one-in-ten women and one-in-twenty men have Raynaud's."

For patients who smoke, smoking cessation is important in controlling Raynaud's attacks because nicotine causes the blood vessels to narrow.

Non-drug therapies have shown the greatest success in treating Raynaud's. One is a conditioning program that teaches the hands to warm with a cold stimulus. Usually begun in late November or early December, the five-week "retraining" program calls for immersing hands in warm water in a cold environment according to a specific protocol.

Some researchers have noted an association between Raynaud's and migraine headaches. In a study published in the *Annals of Internal Medicine*, Dr. Tsapatsaris and co-authors Shaun T. O'Keefe, M.B., and William P. Beetham, Jr., M.D., compared patients with primary Raynaud's disease with a control group of age- and sex-matched hospital employees without Raynaud's phenomenon. They reported an increased prevalence of migraine in patients with primary Raynaud's disease. In addition, musculoskeletal chest pain was common in patients with Raynaud's, especially in those who had coexisting migraine.

"Studies suggest that Raynaud's disease and migraine may share a common pathogenic mechanism," Dr. Tsapatsaris says. "By studying the relationship between these two disorders, the medical community may better understand the cause of each one."

IS REFRACTIVE VISION CORRECTION FOR YOU?

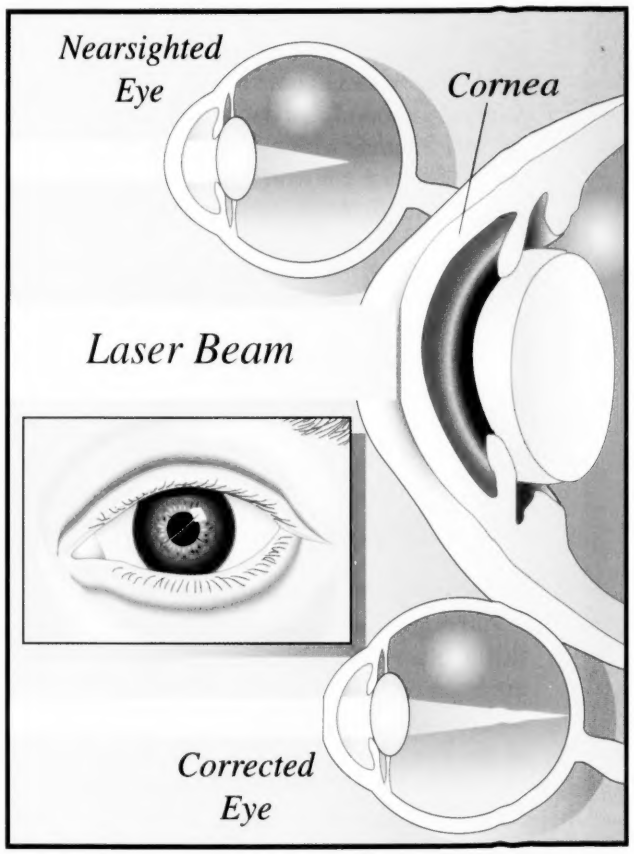
For years, nearsighted people who didn't want to depend on eyeglasses or contact lenses had only one alternative: a surgical procedure that involves making incisions into the cornea. Now, a newer procedure using a laser offers a better alternative in many cases.

What Causes Nearsightedness?

In a normal eye, the cornea, the transparent domed window at the front of the eye, focuses the image we see precisely on the retina, the lining of the back wall of the eye which transmits signals to the optic nerve. The cornea refracts (or bends) incoming images so that they focus directly on the retina.

When the cornea is unable to refract images properly, the result is what is known as a refractive disorder. The three main types of refractive disorders are nearsightedness (myopia), farsightedness (hyperopia) and astigmatism. Nearsightedness occurs when the cornea is too steep and causes the incoming image to be focused in front of—instead of directly on—the retina. Farsightedness is the opposite problem and the image is focused behind the retina. With astigmatism, the refraction is spread over a diffuse area due to differences in the curvature of the cornea and the lens.

By some estimates, roughly 60 million Americans are nearsighted. Most of them wear glasses or contact lenses to compensate. Those who find them uncomfortable, inconvenient or unattractive may be candidates for refractive vision correction, designed to improve the way the eye focuses light.



In photorefractive keratectomy, or laser vision correction, the laser shaves microscopic layers off the top of the central cornea. By flattening out the central cornea, the procedure corrects nearsightedness.

Inset: Minimally invasive radial keratotomy involves making four or more short "pie cut" incisions outside the center of the cornea, causing it to flatten centrally.

Radial Keratotomy

Until recently, the only surgical technique available for treating nearsightedness was radial keratotomy (RK). The procedure involves making four or more "pie cut" incisions in the cornea, causing it to contract and flatten and changing the way it focuses light on the retina. Unfortunately, the more nearsighted a person is before surgery, the less predictable the result, and moderately to very nearsighted people are not the best candidates for the procedure.

"We no longer perform standard radial keratotomy," says ophthalmologist Sarkis Soukiasian, M.D., director of the Refractive Correction Center at the Lahey Hitchcock Eye Institute. "For patients with minor levels of nearsightedness, we do what is called minimally invasive RK, or mini RK, which uses shorter incisions and isn't as likely to weaken the eye.

Astigmatic Keratotomy

Another form of surgery utilizing the incisional technique is astigmatic keratotomy which can be combined with mini-RK or laser surgery to correct both astigmatism and nearsightedness.

Excimer Laser Vision Correction

In many cases, especially more severe cases of nearsightedness, standard RK is being supplanted by a newer procedure called photorefractive keratectomy (PRK), or laser vision correction.

The procedure involves using a special laser called an excimer laser, which can vaporize specific areas of tissue without harming nearby cells. In PRK, the laser is used to precisely shave away microscopic layers of the central corneal tissue, reducing its steepness and the resulting nearsightedness.

The overall laser procedure takes half an hour or less. The patient lies under the laser machine and is given eye drops to numb the eye; a small instrument called a speculum is used to hold the eye open. The patient focuses on a flashing light to keep the eye in position. The actual use of the laser beam takes only 15-30 seconds.

After the procedure, a "bandage" contact lens is placed over the eye and the patient is given eye drops to help the eye heal.

"Laser surgery is more complex than just going in for the procedure," Dr. Soukiasian says. "It includes significant time before and after treatment."

For patients considering PRK, a pre-treatment evaluation is crucial to determine whether the treatment is appropriate. Impaired vision from such eye diseases as cataracts, glaucoma and diabetic retinopathy would not be improved by PRK. Other diseases, such as arthritis or lupus, may impair healing after PRK.

PRK treatment also involves visits to the doctor after surgery to make sure the eye is healing properly and that vision is improving. In some cases, if vision is inadequately corrected, retreatment may be necessary after six months.

"For patients with minor levels of nearsightedness, we do what is called minimally invasive RK, or mini RK, which uses shorter incisions and isn't as likely to weaken the eye."

– Ophthalmologist Sarkis Soukiasian, M.D. –

As the eye begins to heal from the surgery, vision gradually improves: After three months, 65 percent of patients have 20-20 vision or better and 95 percent have 20-40 or better. After one year, 81 percent have 20-20 vision or better and 98 percent have 20-40 or better. According to Dr. Soukiasian, about 98 percent of people will be able to pass a driver's test without glasses after one year.

"This procedure may not completely eliminate the need for glasses or contact lenses," says Dr. Soukiasian, "but it can reduce a person's dependence on them. After the procedure, some older people may still need glasses for certain tasks, such as reading."

Immediately following the surgery, laser vision correction may cause some patients to experience mild pain, sensitivity to light, and some blurry vision. Over the long term, very few may experience a little bit of haze and, in rare instances, a slight decrease in their best-corrected vision (that achieved with glasses or contact lenses).

Before deciding on a laser procedure, Dr. Soukiasian urges prospective patients to sit down with the doctor and carefully discuss their wants, needs and expectations. "Just because the technology is available, people don't necessarily have to have it done," he points out. "In fact, I counsel many patients against having it done if I think they're happy with what they have."

For more information about refractive vision correction, call the Lahey Hitchcock Eye Institute at Lahey Hitchcock Northshore in Peabody, 508-538-4402.

Be Kind to Your Skin

Although dry air and cold winds are the most obvious cause of dry winter skin, certain skincare products and long hot baths may also be a factor. "Astringents and alcohol, which are found in clarifying lotions and aftershaves, are drying agents," says Karen C. McKoy, M.D., dermatologist at Lahey Hitchcock Medical Center. "Avoid those products in the winter."

More skin-saving tips:

- Bathe in warm water, not hot, and limit your shower or bath to five minutes.
- Avoid deodorant soaps, as they are drying. Use soap that contains added moisturizers.
- Always use a body moisturizer after a bath or shower and apply it immediately to seal water into skin.
- If you do get dry itchy skin, it can be further irritated by laundry soaps and fabric softeners. Wash clothing in basic detergents without "extra" additives and use fabric softeners only in the washer.

Keep It Young

"It's a lot easier to prevent skin damage than fix it," says Laurie Watson, L.P.N., program director of the Skin Rejuvenation Clinic in the Department of Plastic and Reconstructive Surgery at Lahey Hitchcock Medical Center. "Both men and women should use sunblock on their face every day of the year. Even if you don't think you get much exposure, walking to the car, riding in the car or sitting by a window can cause sun damage and the damage, is cumulative." Use a facial moisturizer that contains sunscreen with an SPF of 15.

Dead cells contribute to dry dull-looking skin and acne. Ms. Watson recommends exfoliation once a week with an enzyme or mask. "You'll have a more uniform texture and brighter skin," she says. "Regular exfoliation and using a sunblock helps prevent skin cancer, acne and premature wrinkling."

You Asked

Question: How do I know if my child has a peanut allergy?

Answer: It is estimated that one percent of children in the United States have a peanut allergy, and, according to the Asthma and Allergy Foundation of America, about one-third of them have severe reactions. The Food Allergy Network reports approximately 100 deaths from food allergies yearly and peanuts are the most common cause of death.

A tiny amount of peanut is all that is needed to set off a reaction, which can range from hives to respiratory difficulty, such as wheezing or swelling of the upper airway, says Robert Meyer, M.D., a physician at Lahey Hitchcock Pediatrics at Arlington.

Sensitivity to peanuts appears to be increasing, particularly among the very young. Allergists suspect this increase is due to infants and children being exposed to peanut products earlier in life, before the immune system is fully developed. Some doctors believe an infant can be sensitized through breast milk or possibly even during the third trimester of pregnancy.

Diagnosis of the allergy is typically based on medical history, a physical exam and skin testing or a blood test, says John Saryan, M.D., an allergist at Lahey Hitchcock Medical Center. Skin testing should be done cautiously, however, on someone who has experienced a very severe allergic reaction.

Avoiding peanut products is the secret to preventing reactions. But since peanuts are a hidden ingredient in many foods, including baked goods and cereals, reading product labels carefully is a must.

Peanuts are members of the legume family, so an allergy to peanuts does not necessarily mean allergies to tree nuts such as walnuts. "But don't allow young children to eat other nuts," says Dr. Saryan.

Peanut-sensitive individuals should carry and know how to use an adrenaline injection kit and antihistamine. An especially common situation leading to a reaction is when children eat treats brought to school by other children. Students, or their parents, should also alert school staff and peanut-sensitive children should wear a medic alert bracelet or necklace, says Dr. Meyer.

Lahey Hitchcock Clinic

Whether you need a primary care physician in your community or a specialist for complex problems from allergies to heart disease, Lahey Hitchcock Clinic has a doctor who's right for you.

Lahey Hitchcock offers the best of both worlds—a network that links more than 100 community-based internists, family practitioners and pediatricians throughout eastern Massachusetts with 300 doctors representing virtually every specialty and subspecialty of medicine at Lahey Hitchcock Medical Center in Burlington and Lahey Hitchcock Northshore in Peabody.

Anyone with a health concern can become a patient at Lahey Hitchcock Medical Center or Lahey Hitchcock Northshore by calling the Central Appointment Office. For those who don't have a specific doctor in mind, the Appointment Coordinators are skilled in matching patients with appropriate staff members. If you have a primary care physician and would like a referral to see a Lahey Hitchcock specialist, your physician can call the Physician Referral Office.

To be seen by a physician at a Lahey Hitchcock community practice, you should call the practice directly.

We accept all "traditional" insurance plans, HMO Blue and other Blue Cross and Blue Shield plans, the plans of Harvard Pilgrim Health Care, the Tufts Health Plans as well as more than 35 other health insurance and managed care plans. Plan affiliations vary by location.

For a Directory of Sites or information about Lahey Hitchcock Clinic services, call 617-744-3413.

Or, see our Web Page at www.lahey.hitchcock.org

To make an appointment with any physician at Lahey Hitchcock Medical Center or Lahey Hitchcock Northshore, call 617-744-3250.

For the address and number of Lahey Hitchcock Clinic community practices near you, call 1-800-524-3955.

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